

## Optimizing the Cost of Mass Timber Buildings Pre-design Through CDs

Ricky McLain, PE, SE, Senior Technical Director – Tall Wood, WoodWorks – Wood Products Council

Photo: Kaiser+Path

#### Mass Timber Cost Optimization = Mass Timber Success

T3 Minneapolis | Architects: Michael Green Architecture, DLR Group | Photo: Ema Peter



# WHAT'S UNIQUE ABOUT MASS TIMBER?



# IT'S (RELATIVELY) NEW



Photo: John Stamets

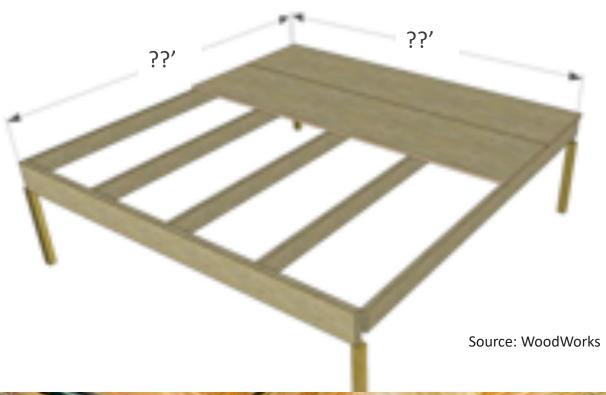


# **NOT A COMMODITY PRODUCT (YET)**

Photo: Marcus Kauffman









**STRUCTURE = FINISH = FIRE PROTECTION** 





# COST OPTIMIZATION MUST ACCOUNT FOR MORE THAN COST (OF TIMBER)

#### Mass Timber Cost & Design Optimization Checklists



#### **Optimize Costs**

- Aid in design & cost optimization of mass timber projects
- Guiding discussions between:
  - **Designers** (architects & engineers)
  - Builders (general contractors, estimators, fabricators & installers)
  - Owners (developers & construction managers)

#### Mass Timber Cost and Design Optimization Checklists

WoodWorks has developed the following checklists to assist in the design and cost-optimization of mass timber projects. The design optimization checklists are intended for building deogners technicits and engineenti, but many of the topics should also be discussed with the fabricators and builders. The cost optimization checklists will help guide coordination between designers and builders (general contractors, construction managers, estimators, fabricators, installers, etc.) as they are estimating and making cost-related decisions on a mass timber project.

Most resources lated in this paper can be found on the WoodWicrks website. Please see the end notes for URLs. And Tech Autout Early (sea votains, ch without ( th) and minimum factor (sea - f. housines), factor (sea - f. ho



#### **Download** Checklists at

#### www.woodworks.org

www.woodworks.org/wp-content/uploads/wood\_solution\_paper-Mass-Timber-Design-Cost-Optimization-Checklists.pdf

#### Mass Timber Cost & Design Optimization Checklists Overview

## Pre-Design Checklist:

- **Design & Builder Team**
- **Cost Estimating Considerations**
- ✓ Contractual Considerations
- Design Goals
- Contact WoodWorks



## Options, Comparisons, Studies

# **Pre-Design Contractual Considerations**

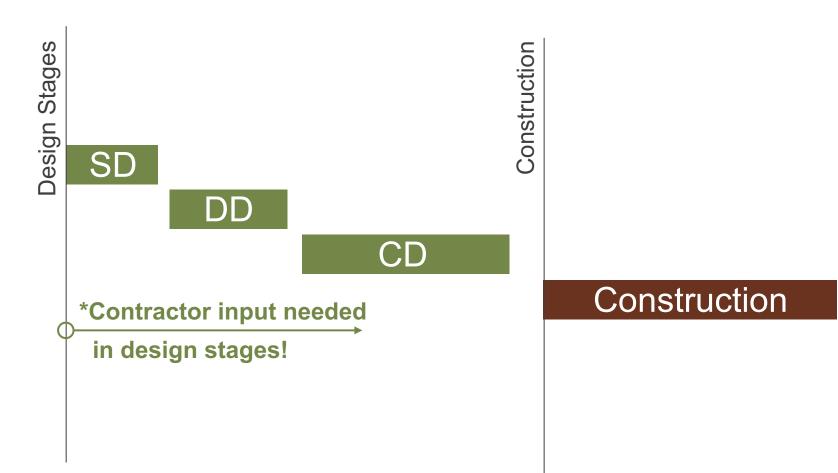
**Prefabricated Approach** 

Avoid:

Design-bid-build

Consider:

- CM at risk
- Design-assist
- IPD
- Design-build



#### Mass Timber Cost & Design Optimization Checklists Overview

## Pre-Design Checklist:

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## MASS TIMBER WHY'S

Innovation and Aesthetic Appeal

Speed of Construction

Construction Site Constraints – Urban Infill

Labor Shortages

Structural Performance - Lightweight

Business Case for Healthy Buildings



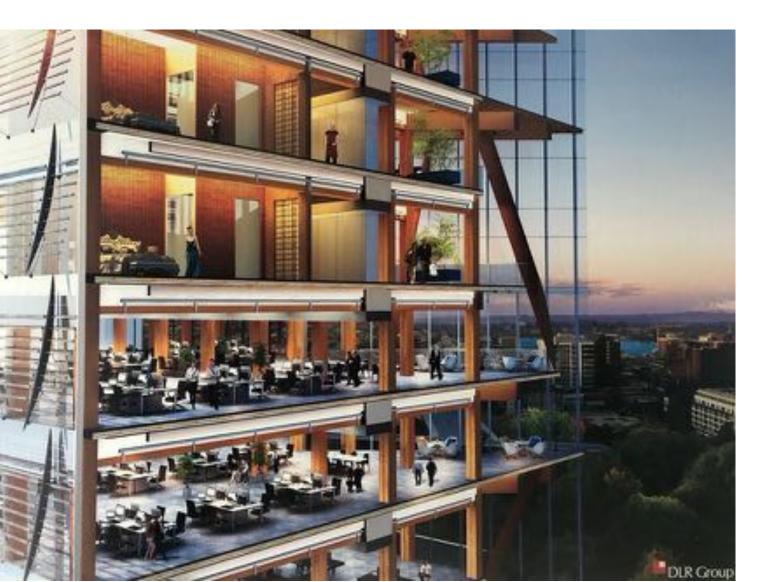
## **KNOW YOUR WHY**

VALUE

TUTTI I MARINI

Potential Benefits	Project Goal	Value Add
Fast construction		
Aesthetic Value (Leasing velocity/ premiums) Healthy Building / Biophilia		
Lightweight structure		
Labor shortage solution <ul> <li>small crews</li> <li>entry level workers</li> </ul>		
Just-in-time delivery (ideal for dense urban sites)		
Environmentally friendly (low carbon footprint)		
Healthy forests/ wildfire resiliency & support rural economies	8	

#### Seattle Mass Timber Tower: Detailed Cost Comparison Fast Construction



- Textbook example done by industry experts
- Mass timber vs. PT conc
- Detailed cost, material takeoff & schedule comparisons

"The initial advantage of Mass Timber office projects in Seattle will come through the leasing velocity

that developers will experience."

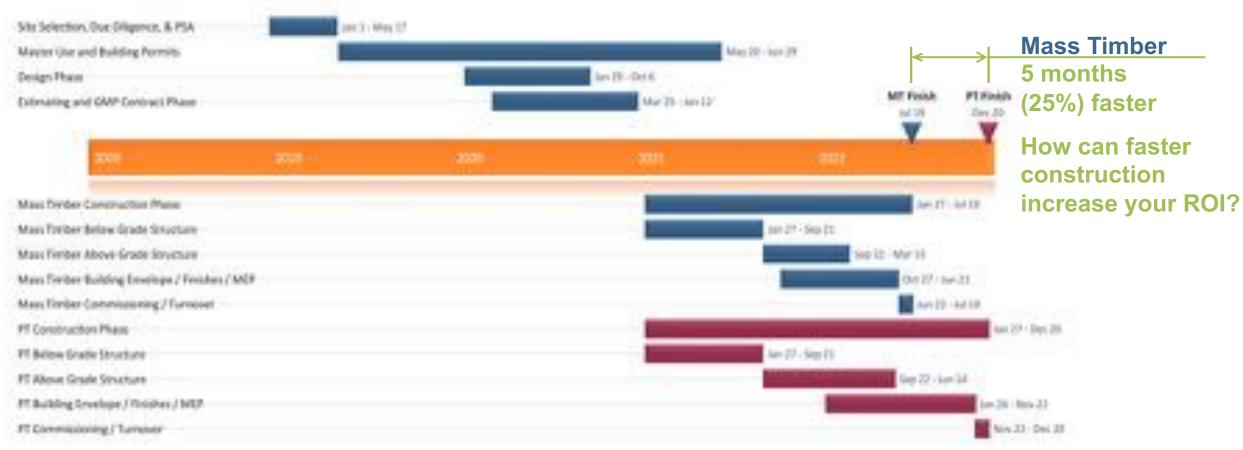
- Connor Mclain, Colliers<sup>1</sup>

#### **Download** Case Study:

http://www.fastepp.com/wp-content/uploads/181109-Seattle-Mass-Timber-Tower-Book.pdf

#### Seattle Mass Timber Tower Fast Construction

#### **Construction Schedule:**



## **Seattle Mass Timber Tower**

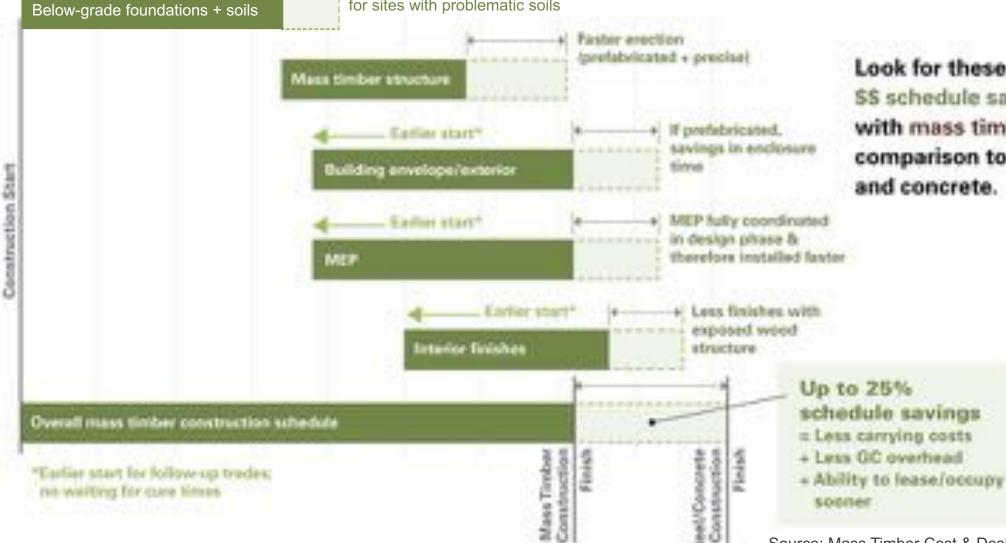
Faster Construction + Higher Material Costs = Cost Competitive

System	Mass Timber Design	PT Concrete Design	Mass Timber Savings
Direct Cost of Work	\$86,997,136	\$85,105,091	2.2%
Project Overhead	\$ 9,393,750	\$11,768,750	-20.2%
Add-Ons	\$ 8,387,345	\$ 8,429,368	-0.5%
Total	\$104,778,231	\$105,303,209	-0.5%

Source: DLR Group | Fast + Epp | Swinerton Builders

### **Compressing the Typical Schedule Fast Construction**

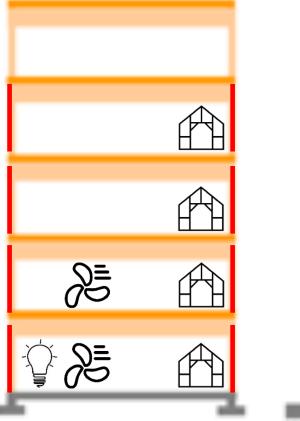
Less soil remediation + smaller foundations for sites with problematic soils

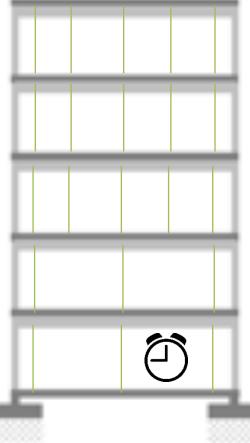


Look for these potential \$\$ schedule savings with mass timber in comparison to steel and concrete.

Source: Mass Timber Cost & Design Optimization, WoodWorks<sup>2</sup>

#### **Schedule Savings for Rough-In Trades** Fast Construction







NO curing (mass timber)

Curing & maze of shores (concrete)

#### **Candlewood Suites:** Military Hotels Labor Shortage Solutions



Redstone Arsenal:

- 37% faster overall<sup>2</sup>
- 40% fewer construction workers<sup>2</sup>
- Trained unemployed veterans

#### Prefab Assemblies:

- Bathroom Pods
- Facades
- MEP Racks

Developer, Asset Manager, Design Builder: Lendlease Location: Redstone Arsenal, Huntsville, Alabama

# ULI Report: The Business Case for Healthy Buildings Healthy Building/ Biophilia

Global Wellness Real Estate Industry:

- \$134 billion industry in 2017
- 6.4% annual increase since 2015
- \$180 billion industry by 2022

Healthy Bldgs ROI (Survey of 200 Canadian Bldg Owners):

- 46% easier to lease
- 28% command premium rents
- 38% of those who reported value in healthy bldgs said they are worth 7% more than conventional ones

Millennials:

- 78% say workplace quality is important
- 69% would trade other benefits for good workplace

"Health and wellness-focused environments...can help reduce company operating costs and increase revenues and profits."



#### **Employee Retention** Healthy Building/ Biophilia

Cost of losing an employee (assume: \$33/ hr):

\$ 1,000 termination
\$ 9,000 replacement
\$15,875 lost productivity
\$25,875 total

Sources by Terrapin Bright Green:

- Economics of Biophilia, 2012
- 14 Patterns of Biophilic Design, 2014 (includes list of testing citations)



Attracting Top Talent

Exposed timber offices create market distinction

Microsoft Campus

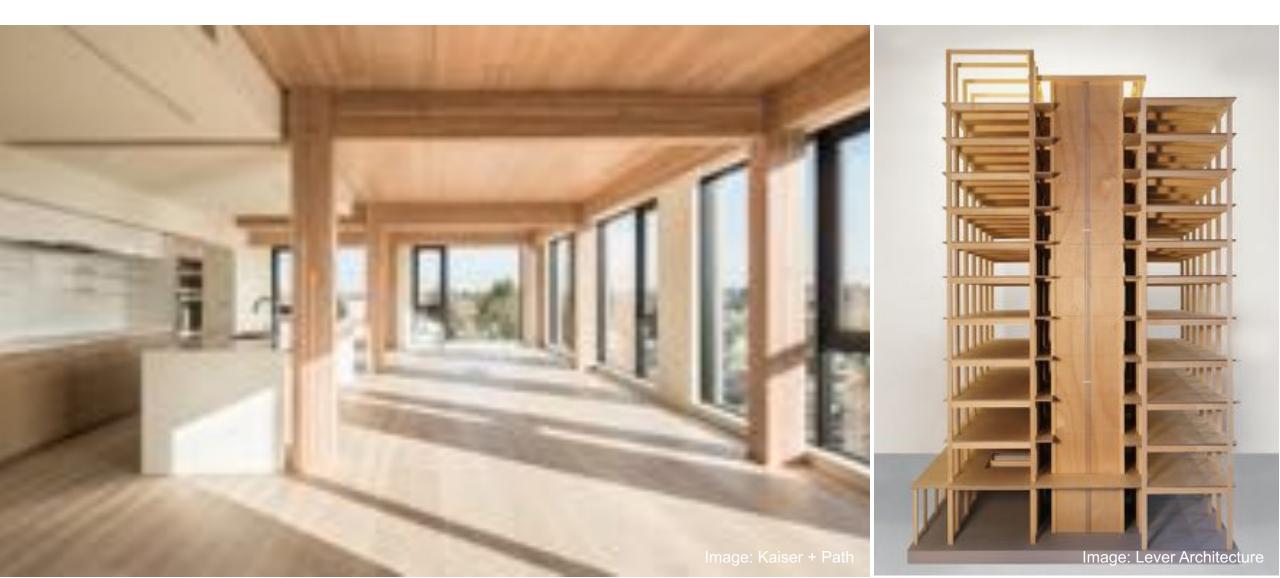
Image: Microsoft | WRNS Studio

Image: Google | Lendlease

HayesDavidson for BIG & Heatherwick Studios



#### **Carbon Storage:** Wood = 50% Carbon (dry weight) Environmental Impact





Volume of wood products used: 818,736 board feet (equivalent)



U.S. and Canadian forests grow this much wood in: 4 minutes



Carbon stored in the wood: 1,054 metric tons of CO<sub>2</sub>



Avoided greenhouse gas emissions: 2,155 metric tons of CO<sub>2</sub>



TOTAL POTENTIAL CARBON BENEFIT: 1,169 metric tons of CO;

#### EQUINIMIENT TO:



605 cars off the road for a year

Energy to operate a home for 269 years

#### MASS TIMBER APPEAL Reduced Embodied Carbon



## ...From one school

Estimated by the Wood Carbon Calculator for Buildings, based on research by Sarthre, R. and J. O'Connor, 2010, A Synthesis of Research on Wood Products and Greenhouse Gas Impacts, FPInnovations. Note:  $CO_2$  on this chart refers to  $CO_2$  equivalent.

#### **Leading Developer Embraces Mass Timber Offices** T3 = Timber, Transit & Technology



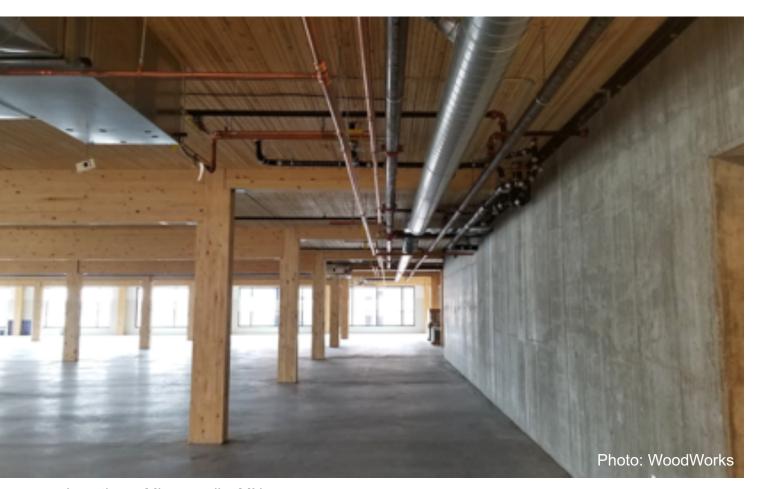
IV (HT)

- 6 stories wood over podium
- 220,000 sf
- Finance & Commerce reports:

\$25 to 50 million project
cost<sup>3</sup> (2016 completion)
\$87 million purchase price
(May 2018 sold to LaSalle)<sup>4</sup>

Location: Minneapolis, MN Architect: Michael Green Architecture, DLR Group Structural Engineer: Magnusson Klemencic Associates Mass Timber Engineer: StructureCraft

### **Leading Developer Embraces Mass Timber Offices** T3 Minneapolis



Location: Minneapolis, MN Architect: MGA | Michael Green Architecture, DLR Group Structural Engineer: Magnusson Klemencic Associates Mass Timber Engineer: StructureCraft IV (HT)

- 20' x 25' grid
- 2x8 NLT spanning 20 ft
- MEP mains routed around core w/ a shorter bay spacing & shallower beam
- Timber erection:

2.5 months total

9 days per 30,000-sf floor

Foundation \$ savings:

30% lighter than steel60% lighter than conc<sup>5</sup>

#### Austin's 1<sup>st</sup> CLT Office: Built to Attract Millennial Talent 901 E 6<sup>th</sup> Street



Location: Austin, TX Architect: Thoughtbarn / Delineate Studio Engineer: LEAP! Structures IIIA

- 5 Story
- 129,000 sf
- CLT & steel frame hybrid
- 14-ft Floor to ceiling heights w/ 9' windows
- "Leasing broker feedback...
   CLT helped generate interest, assisted in faster leasing and helped support higher lease rates."9

#### Tenant Build Outs – Potentially Lower Costs Starting with Aesthetic Value of Structure

# **55 Southbank:** Add Vertical Density over Existing Bldgs Lightweight



Location: Melbourne, Australia Architect: Bates Smart Engineer: Vistek  Existing building constructed to accommodate future 6story concrete addition

 Owner wanted 220 key hotel addition:
 6-stories conc = no deal

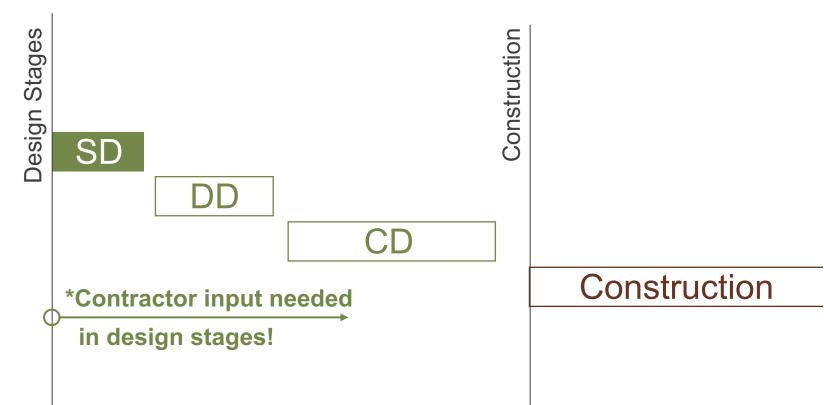
**10-stories wood = deal**<sup>6</sup>

- Research shows ¼ of urban buildings in the world are strong enough to carry additional floors of wood<sup>7</sup>
- Low embodied carbon footprint

#### Schematic Design (SD) Phase Prefabricated Mass Timber

- Structural & MEP require more detailed input from engineers and builders
- Estimating: Not enough data for unit cost method; more detailed approaches req'd

Publicly-funded projects to be competitively bid, make the "go/ no go" decision on mass timber by end of SD.



# Mass Timber Cost & Design Optimization Checklists Schematic Design (SD)

#### **SD Design** Optimization Checklist:

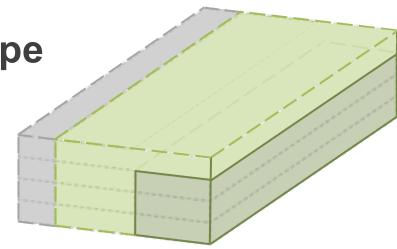
- Material Optimization/ Grids
- System Coordination
  - Structural
  - Acoustics/ Vibration
  - Fire Resistance
- Finish Quality

#### **SD Cost** Optimization Checklist:

- Schedule Savings = Cost Savings
- Aesthetic Value
- Less Weight = Cost Savings
- Fabrication
- Shipping/ Trucking
- Installation & Labor

#### Building Size & Construction Type

Multi-story, Business Occupancy (B) IBC 2015/ 2018 Tables 504.3, 504.4, 506.2 w/ allowable increases



11	

	3 to 4 Stories			5 to 6 Stories			
	Steel/ Conc	Wood		Steel/ Conc	Wood		
Heights & Areas	IIB	IIIB	VA	VB	IIA	IIIA	IV (HT)
Stories <sup>1</sup>	4	4	4	3	6	6	6
Height <sup>1</sup> (ft)	75	75	70	60	85	85	85
Max Story Area <sup>2</sup> (ft <sup>2</sup> )	69 k	57 k	54 k	27 k	112 k	85 k	108 k
Total Bldg Area <sup>3</sup> (ft <sup>2</sup> )	207 k	171 k	162 k	81 k	337 k	256 k	324 k
A a a comparation a com							

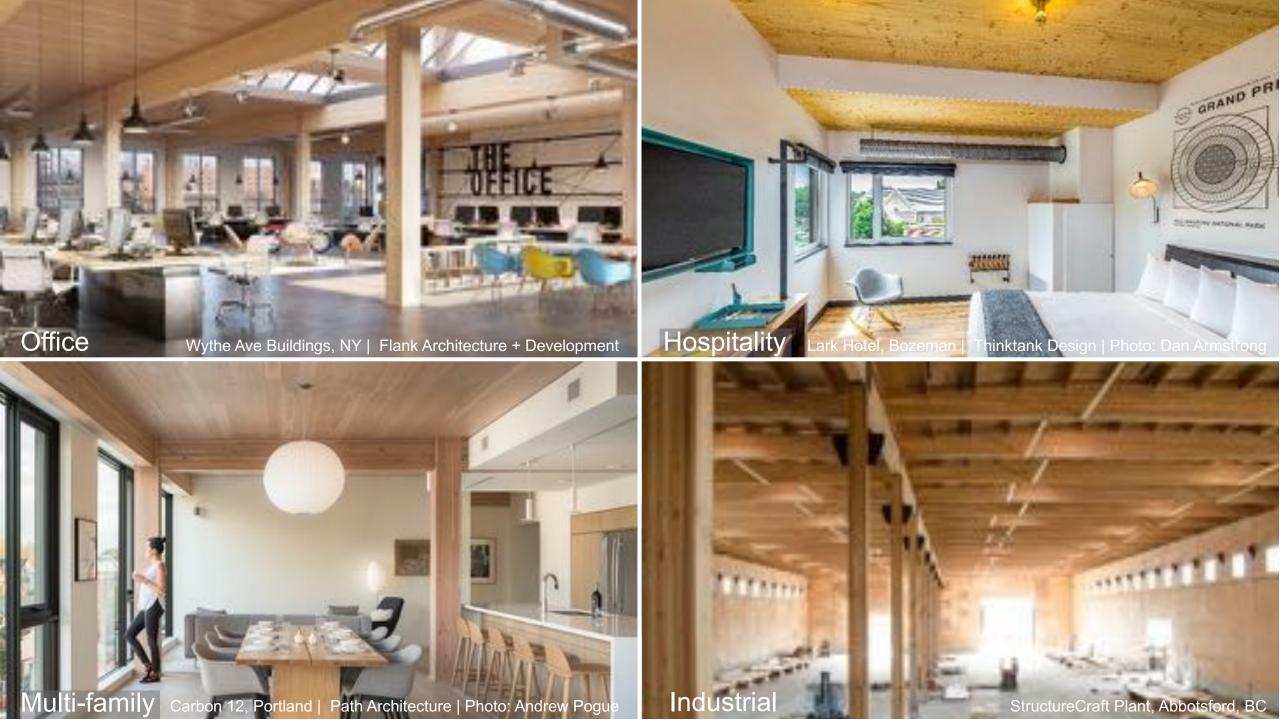
#### Assumptions:

<sup>1</sup> NFPA 13 sprinkler increase (IBC 504.2)

<sup>2</sup> NFPA 13 sprinkler increase (IBC 506.3)

<sup>3</sup> Stories 3 or more (IBC 506.4)







GALLERY & AWARDS ABOUT EDUCATION DESIGN & TOOLS PUBLICATIONS & MEDIA WHY WOOD? Home > All Expert Tips

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#### How can I create an efficient structural grid for a mass timber building?

Mass timber products such as cross-laminated timber (CLT), nail-laminated timber (NLT) and gluelaminated timber (glulam) are at the core of a revolution that is shifting how designers think about construction. At no time has materials selection been such an integral aspect of the building designer's daily responsibilities. In addition to its sustainability and light carbon footprint, mass timber has benefits that include enhanced aesthetics, speed of construction and light weight, all of which can positively impact costs. However, to convince building owners and developers that a mass timber solution is viable, the structural design must also be cost competitive. This requires a full understanding of both material properties and manufacturer capabilities.

Mast timber is commonly seen in projects such as offices, schools and tall mixed-use buildings, which often have assumed structural grids. Intended to meet the need for tenant flexibility, these "default" grids align with the capabilities of materials historically used-i.e., steel and concrete. When it comes to laying out a structural grid for mass timber, the square peghound hole analogy is pertinent. Although a mass timber solution may work economically on many grids conducive to steel/concrete framing, some grid modification may be valuable. Trying to force a mass timber solution on a grid laid out for steel and concrete can result in member size inefficiencies while negating opportunities related to manufacturer capabilities. As such, it is critically important to design a mass timber building as a mass timber building from the start. This requires a thorough understanding of how to best lay out the structural grid, without sacrificing space functionality, to optimize member sizes-but there's more to

#### http://www.woodworks.org/experttip/2019-efficient-structural-grid/

The following considerations are based on a post-and-beam trame for occupancies such as omices,

Our technical experts offer free project. support from design through construction, on issues ranging from allowable heights and areas to structural design, lateral systems and fire- or acoustical-rated assemblies.

#### Ask an Expert

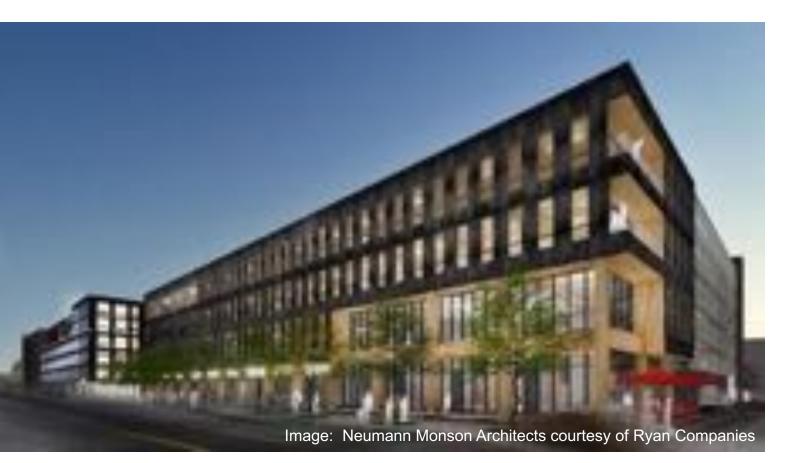
Q: What design and detailing considerations exist when splicing shear wall top plates at wall discontinuities?

A: Disruption of shear wall top plates can occur for many reasons-e.g., the presence of a continuous structural steel column within the wall, installation of plumbing vents, change in wall widths, or a slight jog in wall position. In some cases, a shear wall's top plates are used as chords and/or collectors for a diaphragm, meaning that discontinuities in the top plates create discontinuities in lateral load

# PREFABRICATION & COORDINATION

Architect: HACKER Image: Structurlam

# **Fully Prefabricated:** North America's First DLT Office 111 East Grand



IIIB

- 4 Story
- 64,000 sf
- First DLT office in the US
- 1<sup>st</sup> spec office in Des Moines in over a decade<sup>8</sup>
- Superstructure all prefabricated for fast erection.
- Lateral system precast concrete walls & core

Location: Des Moines, IA Architect: Neumann Monson Structural Engineer: Raker Rhodes Mass Timber Engineer: StructureCraft

# **Fully Prefabricated:** North America's First DLT Office 111 East Grand



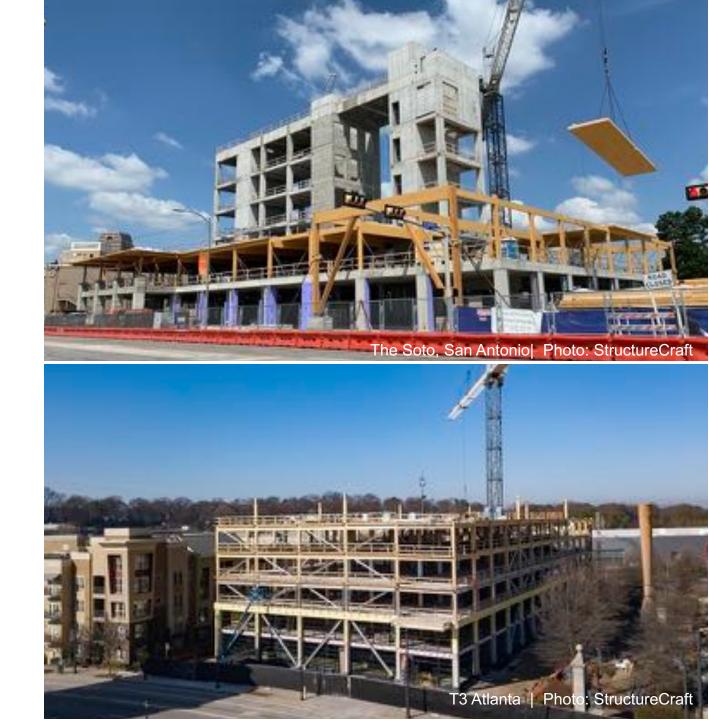
Location: Des Moines, IA Architect: Neumann Monson Structural Engineer: Raker Rhodes Mass Timber Engineer: StructureCraft IIIB

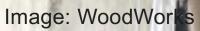
- 20' x 25' grid
- 2x8 DLT spanning 20 ft
- 40' x 6'-4" DLT panels
- Glulam beams & cols

Just-in-time delivery ideal for tight sites and urban locations

#### **Design Phases** Schematic Design (SD)

- Select lateral system in SD
  - Compatibility w/ fast speed of mass timber
- Responsibility
  - design engineer
  - fabrication
- Installation
  - GC self install?
  - Subcontractor?

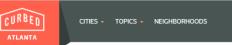




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Image: Alex Schreyer

#### **Hines' Mass Timber Offices Rising in Southeast** T3 West Midtown, Atlanta



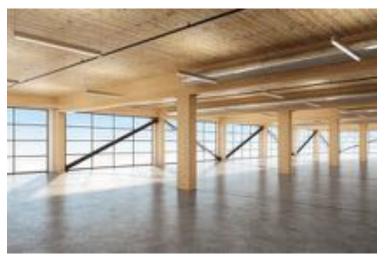
MIDTOWN ATLANTA DEVELOPMENT NEWS ATLANTA CONSTRUCTION NEWS

At Atlantic Station, long-planned, timber offices' launch marks start of major changes





Hines, Invesco Break Ground on Atlanta Creative Office



IV (HT)

- 6 stories Type IV over podium
- 205,000 sf
- DLT floors, glulam frame
- T3 Atlanta replaces concrete with steel bracedframe lateral system to keep up with fast speed of mass timber erection

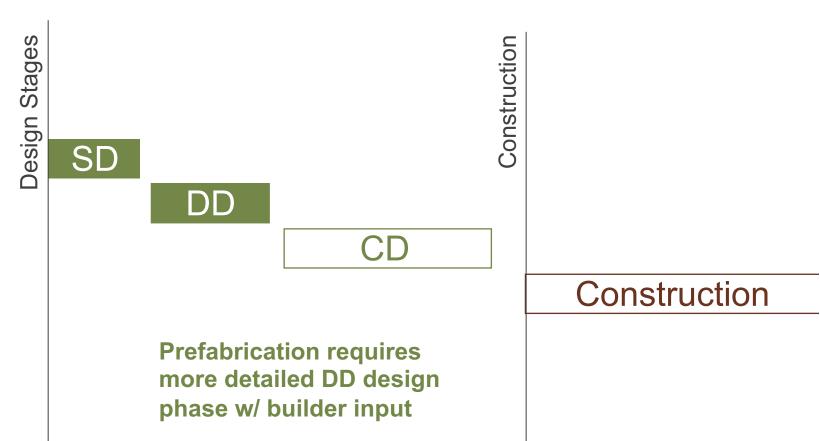
Location: Atlanta, GA Architect: Hartshorne Plunkard Architects + DLR Group Structural Engineer: Magnusson Klemencic Associates Mass Timber Engineer: StructureCraft

# **Design Development (DD) Phase**

#### **Prefabricated Mass Timber**

- Digital fabrication needs defined
- Structural & MEP require more detailed designs from engineers and builders
- More Key Details need to be developed

Publicly-funded projects to be competitively bid, early bid the <u>mass timber supplier</u> at end of DD or by 50% CD at latest



## Mass Timber Cost & Design Optimization Checklists Design Development

#### **DD Design** Optimization Checklist:

- Material Optimization/ Grids
- Hybrid Considerations
- System Coordination
- Fire Resistance
- MEP Systems
- Finish Quality

#### Key Details

#### **DD Cost** Optimization Checklist:

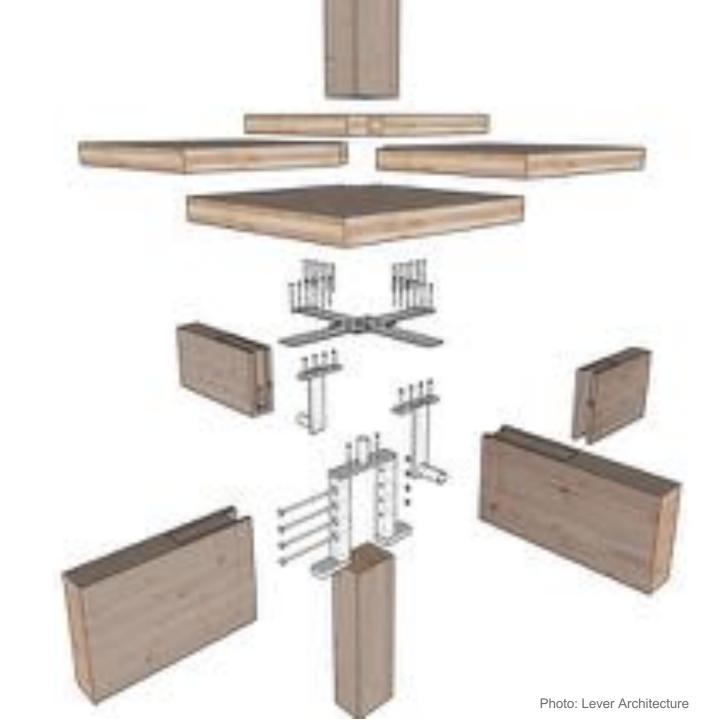
- Less Weight = Cost Savings
- Schedule Savings = Cost Savings
- Cost & Value
- Fabrication
- Installation & Labor
- Protection

### **Digital Fabrication** Design Development (DD)

- Prefabricated panels
- Coordinate all MEP & fire
   protection penetrations
- Tolerances for wood tighter than steel, conc, & other materials
- Structural connections
- Schedule steel shops so they don't delay mass timber fabrication
- Plan now to reduce on-site labor



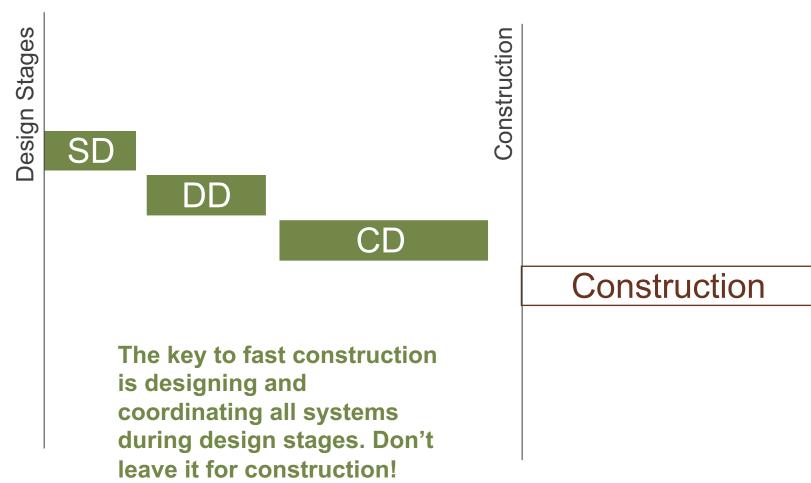




# **Construction Document (CD) Phase**

**Prefabricated Mass Timber** 

- Everything is in 3D Model: Structural, MEP & Fire Protection
- Pay extra attention to material systems interaction: timber to concrete to steel including tolerances, timing of shop drawings & responsibility



#### Moisture Management Keep Wood Dry & Schedule on Track

- Just-in-time delivery, no storage wood installed directly from trucks
- Protect connections/ connectors
- Moisture management plan



Reuse panel wraps for covering wood end grains & connections

Construction Phase Moisture Management, Section 7.6 NLT Guide (Good Tips for all MT) Download:

https://www.thinkwood.com/products-andsystems/mass-timber/nltguide

https://info.thinkwood.com/nlt-design-and-construction-guide-u.s.-version-think-wood-0



# Moisture Management Keep Wood Dry & Schedule on Track

- Mass timber & light frame
- Design & Construction Moisture Mgmt Checklists in Appendix I & II
- Categorizes material
  - by wetting & drying potential
  - for on-site protection strategies

#### Moisture Management Guide

#### **Download:**

https://www.bchousing.org/publications/ Wood-Construction-Moisture-Management-Guide.pdf

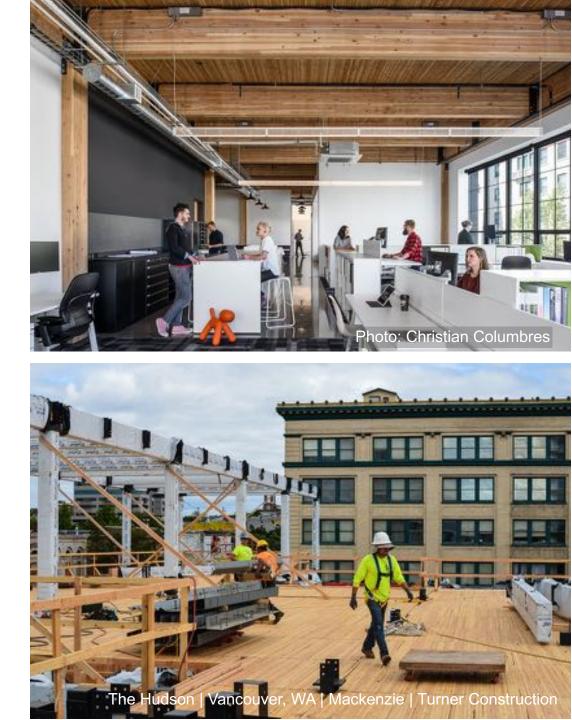
https://www.bchousing.org/publications/Wood-Construction-Moisture-Management-Guide.pdf





# Finish Quality: Exposed Structure Protect the Investment

- Industrial grade appearance, save \$
- Surface coatings
- Temporary Protection
  - Moisture
  - Construction trades



## **Reduce Risk** Optimize Costs

- For the entire project team, not just builders
- Lots of reference documents

#### **Download** Checklists at

#### www.woodworks.org

www.woodworks.org/wp-content/uploads/wood\_solution\_paper-Mass-Timber-Design-Cost-Optimization-Checklists.pdf

## Wood PRODUCTS COUNCIL

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Nost resources listed in this paper can be found on the WoodWorks website. Please see the end notes for URLs. And Sect Partner Ended toxics withinson ( ) withinson ( )



**Keys to Mass Timber Success: Know Your WHY Design it as Mass Timber From the Start** Leverage Manufacturer Capabilities **Understand Supply Chain Optimize Grid** Take Advantage of Prefabrication & Coordination **Expose the Timber Discuss Early with AHJ** Work with Experienced People Let WoodWorks Help for Free **Create Your Market Distinction** 

# **Questions?**

and Makes

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T3 Atlanta | Architects: Hartshorne Plunkard Architects, DLR Group | Photo: StructureCraft

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