

Making the Case & Keeping Costs in Check

August 2020 • Janelle Leafblad, PE • Regional Director, WoodWorks

Reduce Risk

Optimize Costs

- Guiding discussions between:
 - Designers (architects & engineers)
 - Builders (general contractors, estimators, fabricators & installers)
 - Owners (developers & construction managers)
- Lots of reference documents

Download Checklists at www.woodworks.org

www.woodworks.org/wp-content/uploads/wood_solution_paper-Mass-Timber-Design-Cost-Optimization-Checklists.pdf



Mass Timber Cost and Design Optimization Checklists

WoodWorks has developed the following checklists to assist in the design and cost optimization of mass timber projects.

The design optimization checklists are intended for building designers (architects and engineers), but many of the topics should also be discussed with the fabricators and builders. The cost optimization checklists will help guide coordination between designers and builders (general contractors, construction managers, estimators, fabricators, installers, etc.) as they are estimating and making cost-related decisions on a mass timber project.

Most resources listed in this paper can be found on the WoodWorks website. Please see the end notes for URLs. First Tech Federal Credit Union— Felistoro, Olf ARCHITECT HACKET DIGHTERS Kleime Gelsen & Associates Exhibitsom Consulting CONTRACTOR



Mass Timber Cost & Design Optimization Checklists Overview

Pre-Design Checklist:

- ✓ Design & Builder Team
- ✓ Cost Estimating Considerations
- ✓ Contractual Considerations
- ✓ Design Goals
- ✓ Contact WoodWorks

Avoid:

· Design-bid-build

Consider:

- CM at risk
- Design-assist
- IPD
- Design-build

Potential Benefits	Project Goal ✓	Value Add ✓
Fast construction		
Aesthetic Value (Leasing velocity/ premiums) Healthy Building / Biophilia		
Lightweight structure		
Labor shortage solution • small crews • entry level workers		
Just-in-time delivery (ideal for dense urban sites)		
Environmentally friendly (low carbon footprint)		
Healthy forests/ wildfire resiliency & support rural economies		

Seattle Mass Timber Tower: Detailed Cost Comparison

Fast Construction



- Textbook example done by industry experts
- Mass timber vs. PT conc
- Detailed cost, material takeoff & schedule comparisons

"The initial advantage of Mass Timber office projects in Seattle will come through the

leasing velocity

that developers will experience."

- Connor Mclain, Colliers¹

Download Case Study:

http://www.fastepp.com/wp-content/uploads/181109-Seattle-Mass-Timber-Tower-Book.pdf

Compressing the Typical Schedule

Fast Construction Less soil remediation + smaller foundations for sites with problematic soils Below-grade foundations + soils Faster erection (prefabricated + precise) Look for these potential Mass timber structure \$\$ schedule savings with mass timber in If prefabricated, Earlier start* savings in enclosure comparison to steel time Building envelope/exterior Construction Start and concrete. Earlier start* MEP fully coordinated in design phase & therefore installed faster MEP Earlier start* Less finishes with exposed wood Interior finishes structure Up to 25% schedule savings Overall mass timber construction schedule = Less carrying costs Mass Timber Construction Steel/Concrete Construction + Less GC overhead *Earlier start for follow-up trades; + Ability to lease/occupy no waiting for cure times sooner Source: Mass Timber Cost & Design Optimization, WoodWorks²

Schedule Examples

Fast Construction

Example Timeframes for Mass Timber Projects						
Project	Stories	Area	Type	Time to Erect the Mass Timber Structure	Overall Construction Schedule	
First Tech Credit Union (Swinerton ⁸)	5	150,000 sf	Office	12 weeks	14 months	
Candlewood Suites at Redstone Arsenal (Lendlease ⁹)	4	62,700 sf	Military hotel	16 weeks	12 months	
Seattle Mass Timber Tower (DLR Group hypothetical case study ¹⁰)	12	305,000 sf	Mixed-use office and hotel	24 weeks	18 months	

Candlewood Suites: Military Hotels Labor Shortage Solutions





Redstone Arsenal:

- 37% faster overall²
- 40% fewer construction workers²
- Trained unemployed veterans

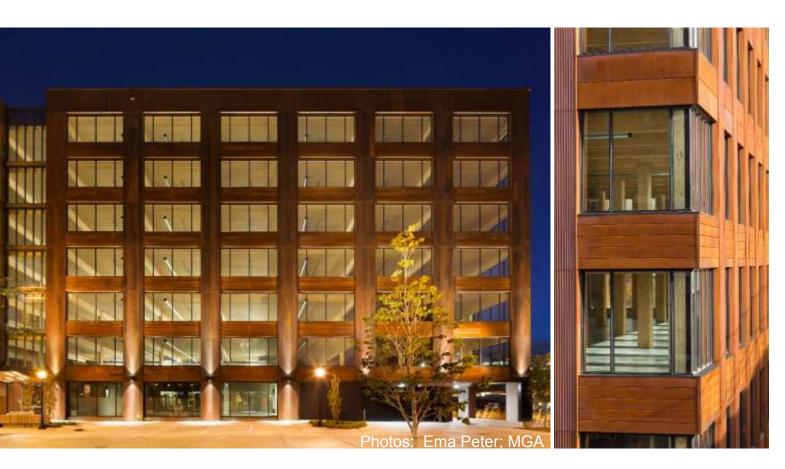
Prefab Assemblies:

- Bathroom Pods
- Facades
- MEP Racks

Developer, Asset Manager, Design Builder: Lendlease Locations: Redstone Arsenal, Huntsville, Alabama

Leading Office Developer Embraces Mass Timber

T3 = Timber, Transit & Technology



IV (HT)

- 6 stories wood over podium
- 220,000 sf
- Finance & Commerce reports:

\$25 to 50 million project cost³ (2016 completion) \$87 million purchase price (May 2018 sold to LaSalle)⁴

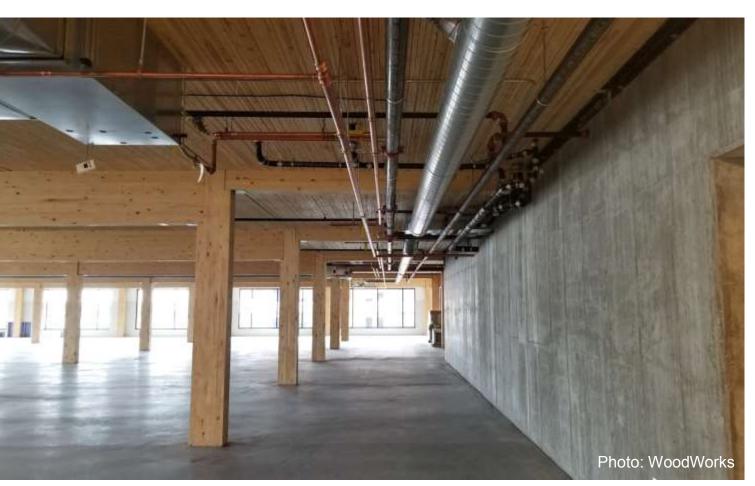
Location: Minneapolis, MN

Architect: Michael Green Architecture, DLR Group Structural Engineer: Magnusson Klemencic Associates

Mass Timber Engineer: StructureCraft

Leading Office Developer Embraces Mass Timber

T3 Minneapolis



Location: Minneapolis, MN

Architect: MGA | Michael Green Architecture, DLR Group Structural Engineer: Magnusson Klemencic Associates

Mass Timber Engineer: StructureCraft

IV (HT)

- 20' x 25' grid
- 2x8 NLT spanning 20 ft
- MEP mains routed around core w/ a shorter bay spacing & shallower beam
- Timber erection:

2.5 months total9 days per 30,000-sf floor

Foundation \$ savings:

30% lighter than steel60% lighter than conc⁵



ULI Report: The Business Case for Healthy Buildings Healthy Building/ Biophilia

Global Wellness Real Estate Industry:

- \$134 billion industry in 2017
- 6.4% annual increase since 2015
- \$180 billion industry by 2022

Healthy Bldgs ROI (Survey of 200 Canadian Bldg Owners):

- 46% easier to lease
- 28% command premium rents
- 38% of those who reported value in healthy bldgs said they are worth 7% more than conventional ones

Millennials:

- 78% say workplace quality is important
- 69% would trade other benefits for good workplace

"Health and wellness-focused environments...can help reduce company operating costs and increase revenues and profits."



Employee Retention

Healthy Building/ Biophilia

Cost of losing an employee (assume: \$33/ hr):

\$ 1,000 termination

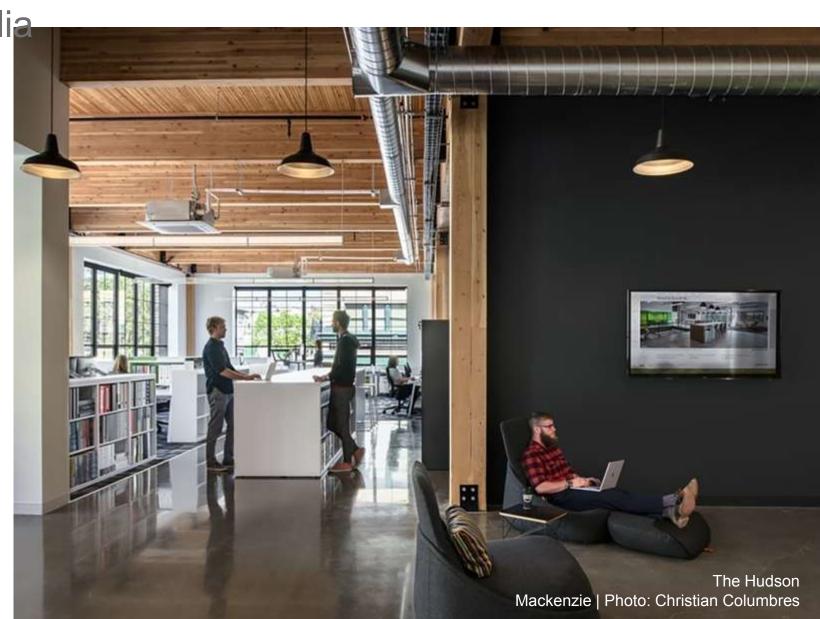
\$ 9,000 replacement

\$15,875 lost productivity

\$25,875 total



- Economics of Biophilia, 2012
- 14 Patterns of Biophilic Design, 2014 (includes list of testing citations)



55 Southbank: Add Vertical Density over Existing Bldgs Lightweight



Location: Melbourne, Australia

Architect: Bates Smart Engineer: Vistek

- Existing building constructed to accommodate future 6story concrete addition
- Owner wanted 220 key hotel addition:

6-stories conc = no deal 10-stories wood = deal⁶

- Research shows ¼ of urban buildings in the world are strong enough to carry additional floors of wood⁷
- Low embodied carbon footprint

Fully Prefabricated: North America's First DLT Office 111 East Grand



Location: Des Moines, IA Architect: Neumann Monson

Structural Engineer: Raker Rhodes Mass Timber Engineer: StructureCraft

IIIB

- 4 Story
- 64,000 sf
- First DLT office in the US
- 1st spec office in Des Moines in over a decade⁸
- Superstructure all prefabricated for fast erection.
- Lateral system precast concrete walls & core

Fully Prefabricated: North America's First DLT Office

111 East Grand



IIIB

- 20' x 25' grid
- 2x8 DLT spanning 20 ft
- 40' x 6'-4" DLT panels
- Glulam beams & cols

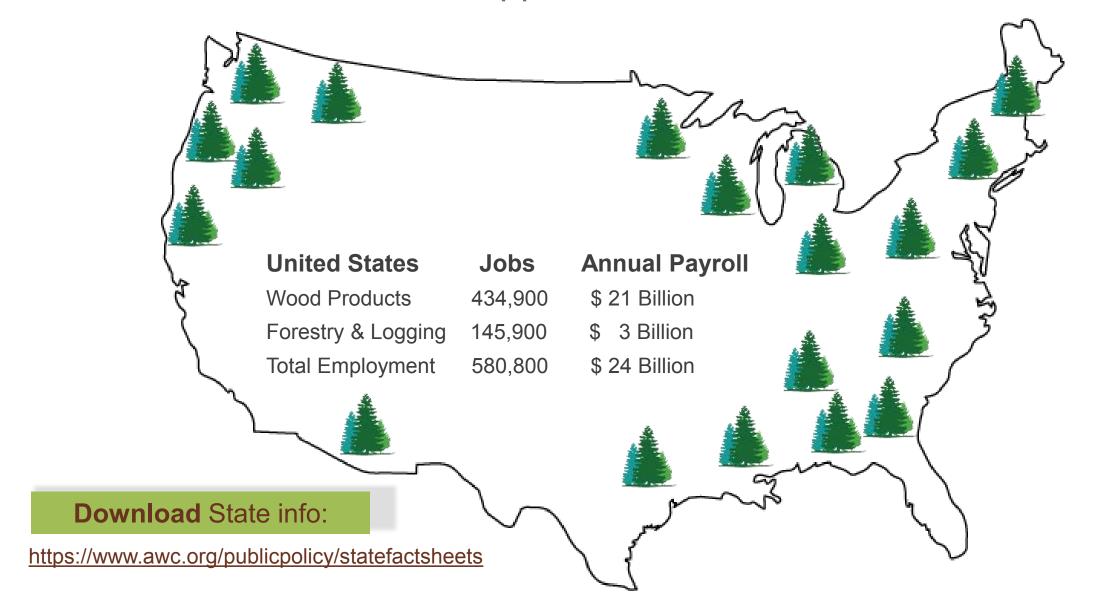
Just-in-time delivery ideal for tight sites and urban locations

Location: Des Moines, IA Architect: Neumann Monson

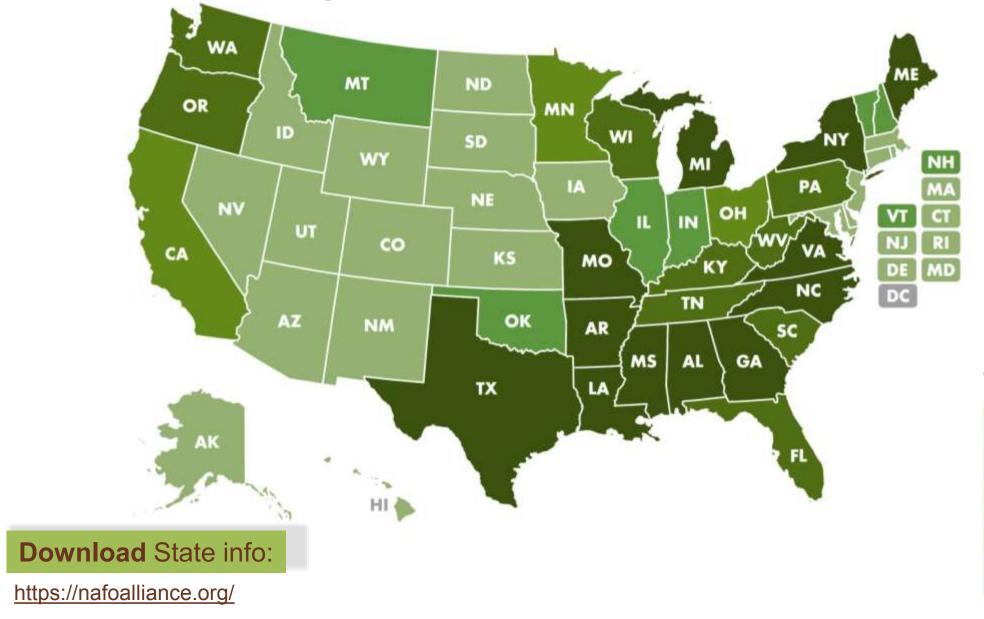
Structural Engineer: Raker Rhodes
Mass Timber Engineer: StructureCraft

Wood Products

Increase Forest Value & Support Rural Economies



Private Working Forests



Privately Owned Timberland by State

0 - 3 Million

3 - 6 M

6 - 9 M

9-12 M

12M+

Carbon Storage: Wood = 50% Carbon (dry weight) Environmentally Friendly





Mass Timber Cost & Design Optimization Checklists

Schematic Design

SD Design Optimization Checklist:

- Material Optimization/ Grids
- System Coordination
 - Acoustics/ Vibration
 - Fire Resistance
 - Structural
- Finish Quality

SD Cost Optimization Checklist:

- Schedule Savings = Cost Savings
- ✓ Aesthetic Value
- Less Weight = Cost Savings
- **✓** Fabrication
- Shipping/ Trucking
- ✓ Installation & Labor

Select lateral system in SD!

Large Mass Timber Buildings in the US: Southeast T3 West Midtown, Atlanta





IV (HT)

- 6 stories Type IV over podium
- 205,000 sf
- DLT floors, glulam frame
- T3 Atlanta replaces concrete with steel bracedframe lateral system to keep up with fast speed of mass timber erection

Location: Atlanta, GA

Architect: Hartshorne Plunkard Architects + DLR Group Structural Engineer: Magnusson Klemencic Associates

Mass Timber Engineer: StructureCraft

Austin's 1st **CLT Office:** Built to Attract Millennial Talent 901 E 6th Street





Location: Austin, TX

Architect: Thoughtbarn / Delineate Studio

Engineer: LEAP! Structures

IIIA

- 5 Story
- 129,000 sf
- CLT & steel frame hybrid
- 14-ft Floor to ceiling heights w/ 9' windows
- "Leasing broker feedback...
 CLT helped generate interest, assisted in faster leasing and helped support higher lease rates."9

Mass Timber Cost & Design Optimization Checklists

Design Development

DD Design Optimization Checklist:

- ✓ Material Optimization/ Grids
- System Coordination
- ✓ Fire Resistance
- ✓ MEP Systems
- Finish Quality
- Key Details

DD Cost Optimization Checklist:

- ✓ Less Weight = Cost Savings
- Schedule Savings = Cost Savings
- ✓ Cost & Value
- ✓ Fabrication
- ✓ Installation & Labor
- **✓** Protection

Are there areas where you can specify industrial instead of architectural grade finish?

Moisture Management Resources Keep Wood Dry & Schedule on Track

Moisture Management Guide

(Light-frame & mass timber) **Download:**

https://www.bchousing.org/publications/Wood-Construction-Moisture-Management-Guide.pdf

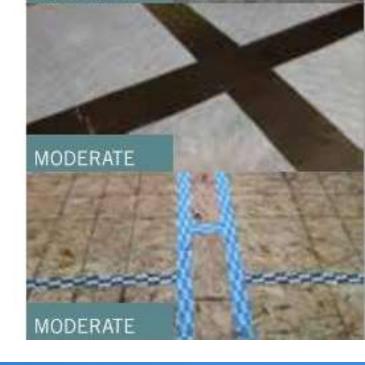
Construction Phase Moisture Management, Section 7.6 NLT Guide (Good Tips for all MT)

Download:

https://www.thinkwood.com/products-andsystems/mass-timber/nltguide

Moisture Risk Management Strategies for Mass Timber (by RDH) Purchase:

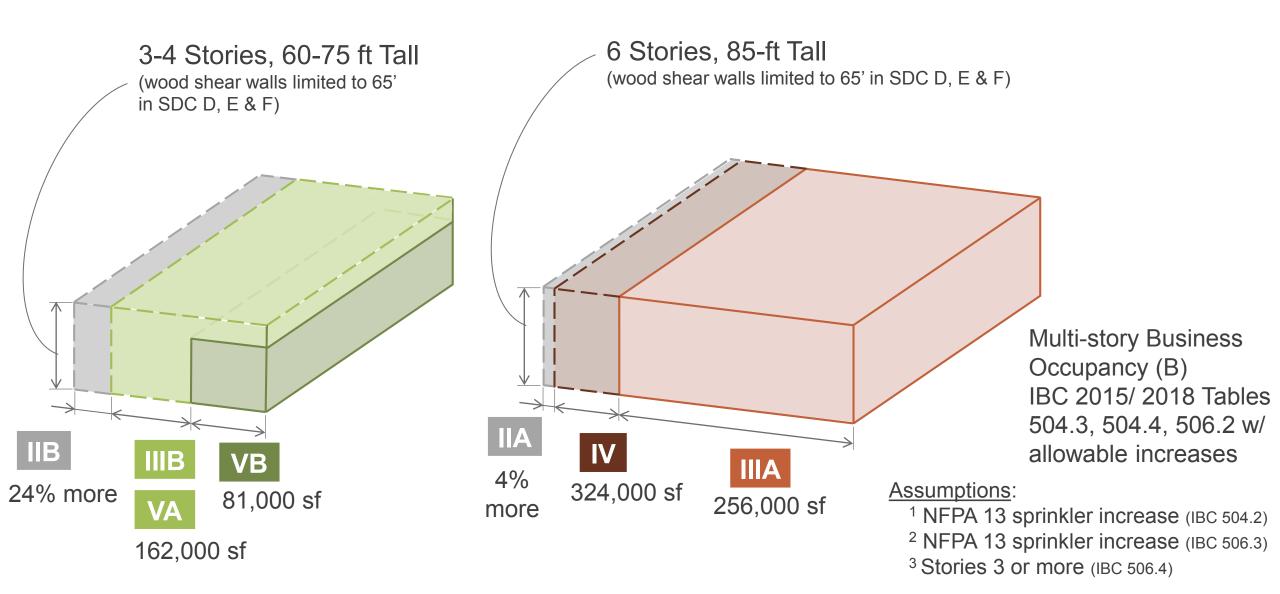
https://www.learnbuildingscience.com/courses/e book-mass-timber-moisture-risk



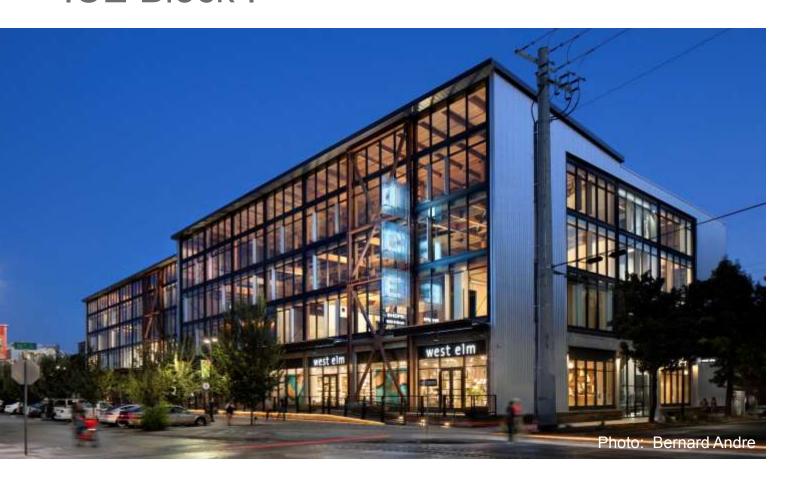


You Don't Have to Start Tall! Wood Allows for Sizeable Buildings

Heights & Areas: 2015 IBC up to 6 Stories (Not incl. new tall wood provisions)



Heavy Timber Revolution: California's Hip New Commercial Block ICE Block I



Location: Sacramento, CA

Architect: RMW Architecture & Interiors

Engineer: Buehler Engineering

IIIB

- 3 Story heavy timber over podium
- 87,460 sf
- 20' x 24' grid
- 3x T&G decking

"The building sold itself because of its unique character. There really was no true competition in the market. A lot of the credit goes to the fact that it is a timber building."

- Mike Heller, Heller Pacific









ULI Article: Mass Timber's Expanding Presence in the Commercial Building Industry



https://urbanland.uli.org/sustainability/ mass-timbers-expanding-presence-inthe-commercial-building-industry/

Mass Timber's Expanding Presence in the Commercial Building Industry

By Beth Mattson-Teig January 23, 2020





The four-story, 110,000-square-foot (10,000 sq m) ICE Block I project in Sacramento was one of the first contemporary, timber-framed mid-rise structures in Northern California. (Heller Pacific/RMW architecture & interiors/Bernard André)

Developers around the world who were first movers on buildings that use mass timber for both structural and design elements are seeing a growing wave of projects lining up before them. The regulatory environment is adapting while the business model for use of mass timber is expanding across property types.



A 9-story LendLease coworking space in Brisbane at 25 King



An exterior image of Carbon 12 in Portland, Oregon.

