Credits: 1.0 AIA/CES HSW LUs, 1.0 PHD credit, 0.10 ICC credit

MASS TIMBER+

OFFSITE CONSTRUCTION CONFERENCE

PRODUCED BY









WoodWorks | The Wood Products Council is a registered provider of AIA-approved continuing education under Provider Number G516. All registered AIA CES Providers must comply with the AIA Standards for Continuing Education Programs. Any questions or concerns about this provider or this learning program may be sent to AIA CES (cessupport@aia.org or (800) AIA 3837, Option 3).

This learning program is registered with AIA CES for continuing professional education. As such, it does not include content that may be deemed or construed to be an approval or endorsement by the AIA of any material of construction or any method or manner of handling, using, distributing, or dealing in any material or product.

AIA continuing education credit has been reviewed and approved by AIA CES. Learners must complete the entire learning program to receive continuing education credit. AIA continuing education Learning Units earned upon completion of this course will be reported to AIA CES for AIA members. Certificates of Completion for both AIA members and non-AIA members are available upon request.

Questions related to specific materials, methods, and services will be addressed at the conclusion of this presentation.



Course Description

Opportunities for the built environment to help address carbon-related issues are at the forefront of discussions within the building design and construction community. The spotlight once held by operational energy efficiency has shifted to material choice and embodied carbon—in particular, which building products should be specified to achieve a more sustainable structure. This course examines some of the environmental benefits of using wood construction. Carbon-related terminology will be reviewed along with information on biogenic carbon storage. Life cycle assessment (LCA) will also be discussed as a scientific way to measure, report, and compare the carbon impacts of building systems. The focus will be on biogenic carbon accounting throughout the life cycle of a wood building, specifically when and how it should be

Learning Objectives

- 1. Review carbon basics and how material choice is related to sustainability.
- 2. Define biogenic carbon and understand how to calculate the amount of carbon stored in wood products.
- 3. Learn when it is appropriate to include biogenic carbon in life cycle carbon accounting according to ISO standards.
- 4. Explain biogenic carbon removals, emissions, and exports at each stage of a wood product's life cycle, in alignment with ISO standards.



WoodWorks Resources

Whole Building Life Cycle Assessment (WBLCA)

- » Introduction to Whole Building Life Cycle Assessment: The Basics
- » Worksheet for Structural WBLCA of Mass Timber Buildings
- » WBLCAs of Built Projects

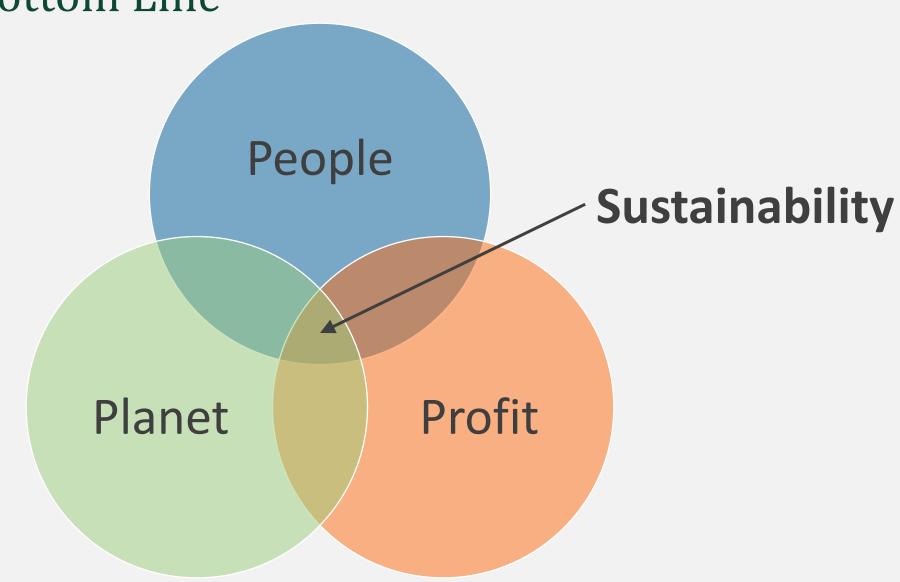
Expert articles on topics such as:

- » Biogenic Carbon in LCA Tools
- » Long-Term Biogenic Carbon Storage
- What Net Zero Means in Building Construction
- » Environmental Product Declarations (EPDs)



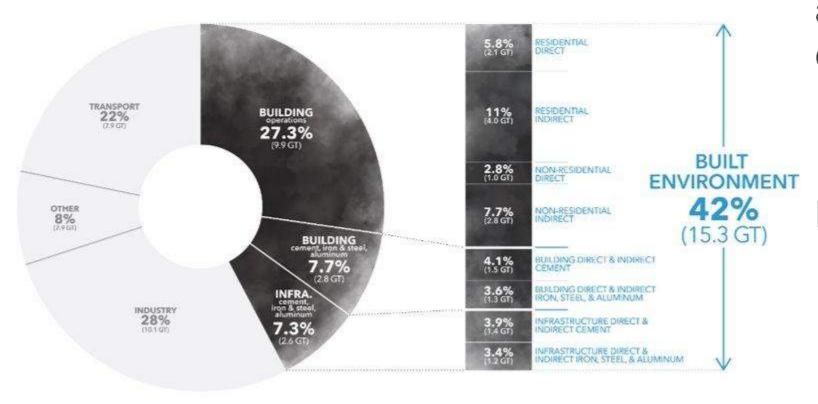
Scan for a complete list of sustainability resources at woodworks.org

The Triple Bottom Line



The Built Environment & Carbon Dioxide Emissions

TOTAL ANNUAL GLOBAL CO₂ EMISSIONS Direct & Indirect Energy & Process Emissions (36.3 GT)



Built environment generate about 42% of annual carbon dioxide emissions

- Building Operations
- Embodied Carbon

Embodied carbon: 15%

- Cement
- Iron
- Steel
- Aluminum

© Architecture 2030. All Rights Reserved.

Analysis & Aggregation by Architecture 2030 using data sources from IEA & Statista.

Carbon Terms

- **Embodied Carbon**: Carbon emissions associated with the entire life cycle of the building including harvesting, mining, manufacturing, transporting, installing, maintaining, decommissioning, and disposing/reuse of a material or product
- Operational Carbon: Carbon emissions associated with operating a building including power, heat, and cooling



Measuring Greenhouse Gases (GHG)

Global Warming Potential (GWP)

- Allows comparisons of global warming impacts of different gases
- Measures energy emissions 1 ton of gas absorbs over a given period of time relative to emissions of 1 ton of carbon dioxide (CO₂)
- Time period usually 100 years (EPA)

	GWP
Carbon Dioxide (CO ₂)	1
Methane (CH ₄)	28-36
Nitrous Oxide (N ₂ O)	265-298
Fluorinated Gases	Thousands to Tens of Thousands

Carbon Dioxide Equivalents (CO_{2eq})

International standard to express greenhouse gases in terms of CO₂ equivalents

Embodied Carbon

- Primarily related to manufacturing of materials
- More significant than many people realize, has been historically overlooked
- Big upfront Greenhouse Gas (GHG) "cost" which makes it a good nearterm target for climate change mitigation

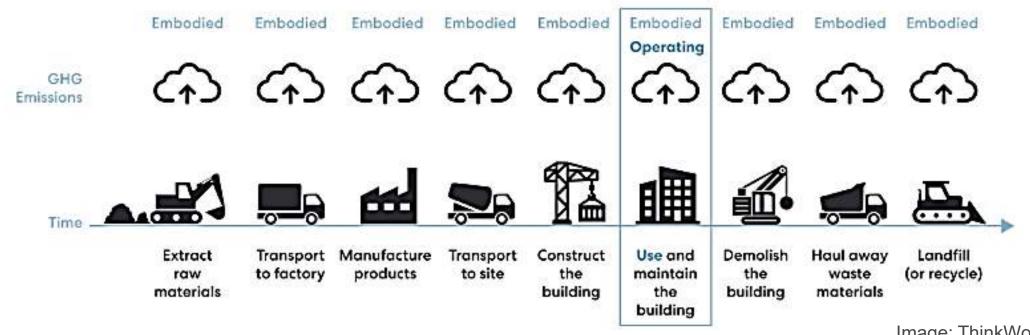


Image: ThinkWood

Embodied Energy vs Embodied Carbon

Embodied Energy:

Amount of energy used to:

- Extract, harvest, mine resources
- Process and assemble materials
- Transport products
- Construct building
- Maintain and repair building
- Deconstruct building and dispose or recycle materials

Embodied Carbon:

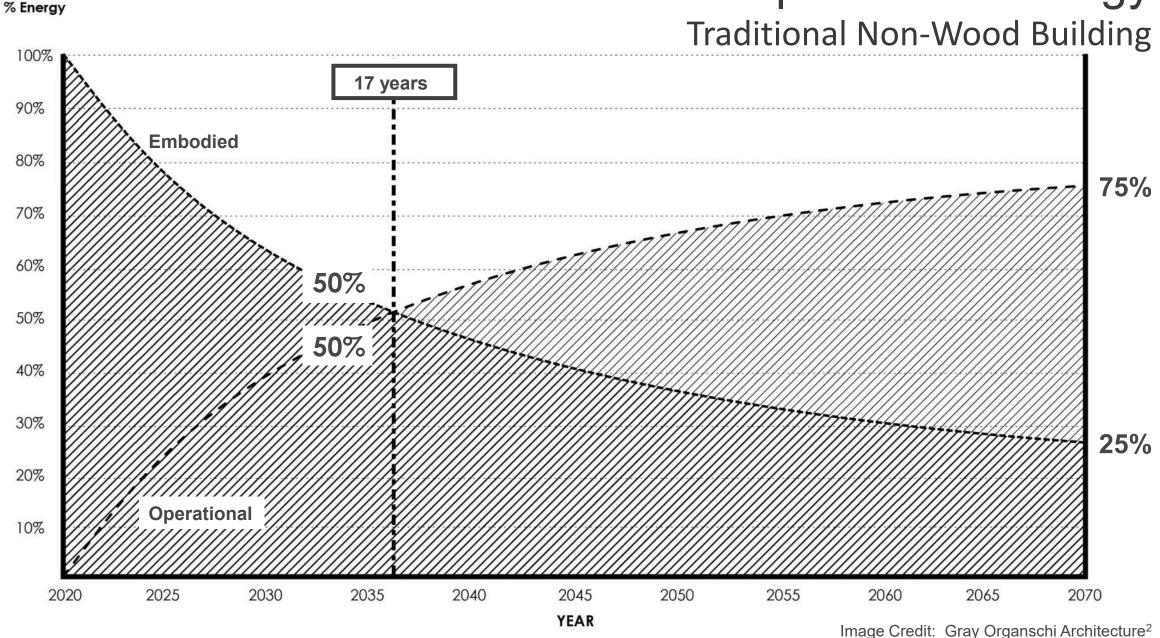
Carbon emissions resulting from:

- Combustion of fuels to generate embodied energy
- Chemical reactions

Carbon storage in wood products:

- Sometimes included in embodied carbon as a reduction
- Sometimes reported separately

Embodied vs. Operational Energy



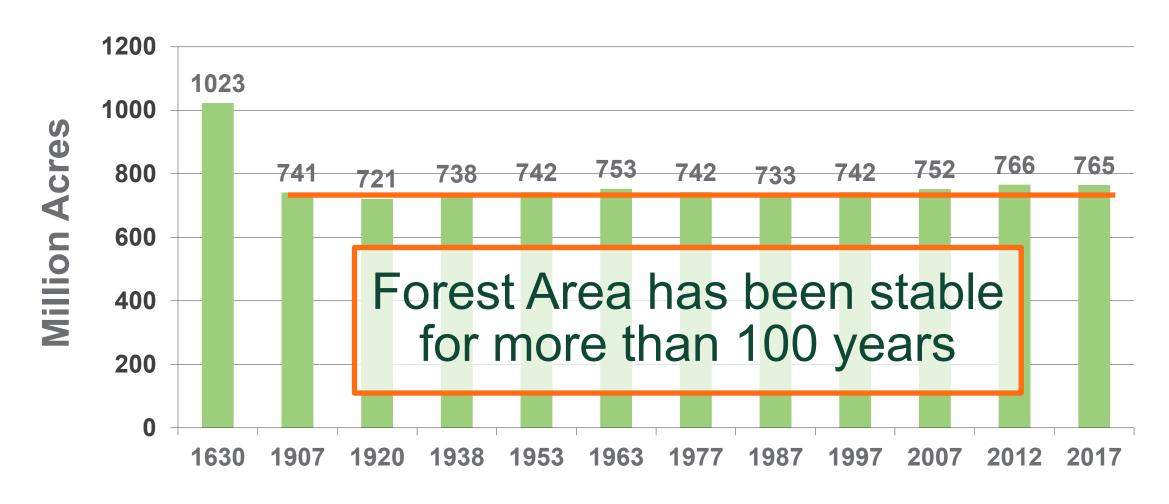
How Does Wood Fit In?



Common Environmental Concerns About Specifying Wood

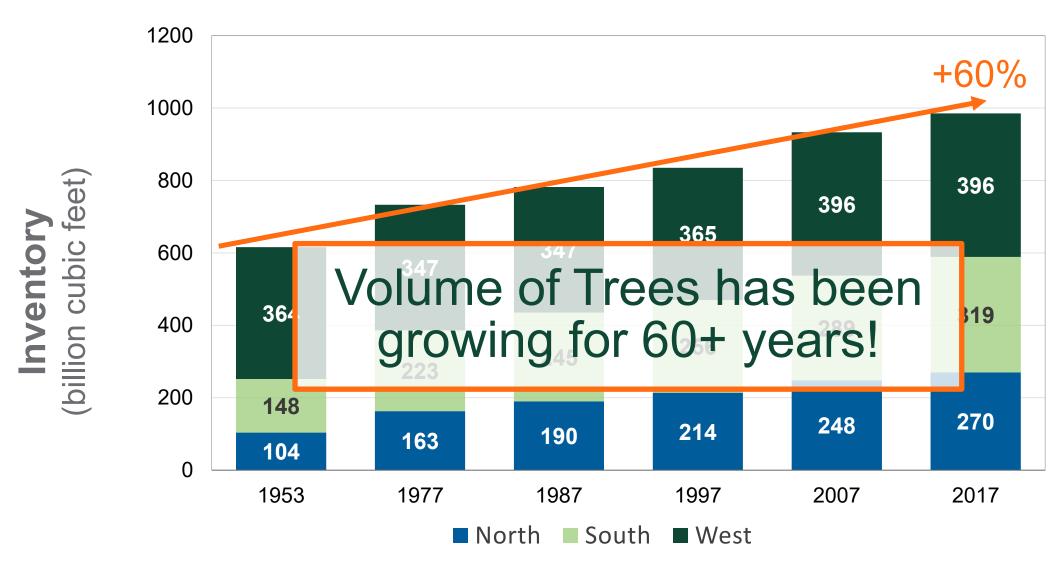
- 1. Is North America running out of forests?
- 2. Does specifying wood products contribute to deforestation?
- 3. Is wood a renewable resource?

U.S. Forest Land: Forest **Area** in the United States 1630 – 2017



Source: USDA-Forest Service, Forest Resources of the United States, 2017 (2018)

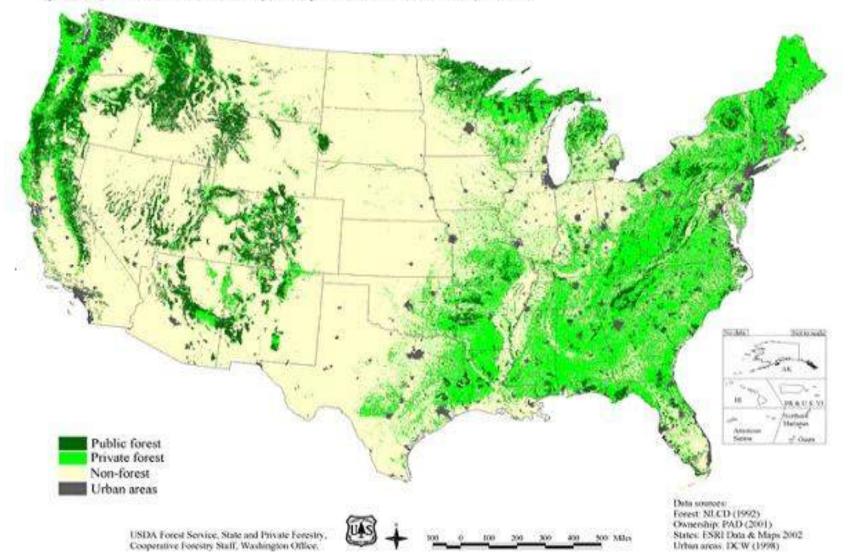
State of our Forests: US Timber Volume on Timberland



US Forest Lands

Forest Land Ownership

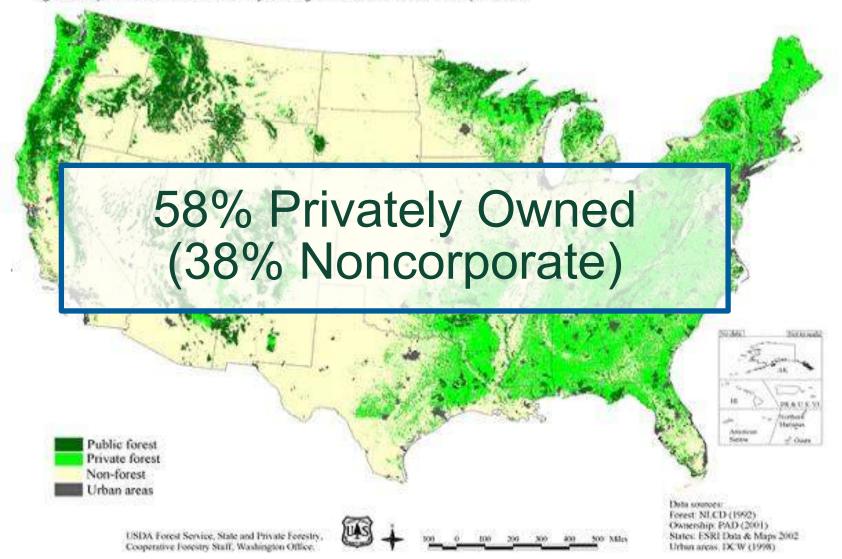
This map displays the basic vegetation (forest vs. non-forest) of the conterminous United States as well as ownership (private vs. public). The lands displayed as "public" include Federal and State lands but do not generally include lands owned by local governments and municipalities.



US Forest Lands

Forest Land Ownership

This map displays the basic vegetation (forest vs. non-forest) of the conterminous United States as well as ownership (private vs. public). The lands displayed as "public" include Federal and State lands but do not generally include lands owned by local governments and municipalities.



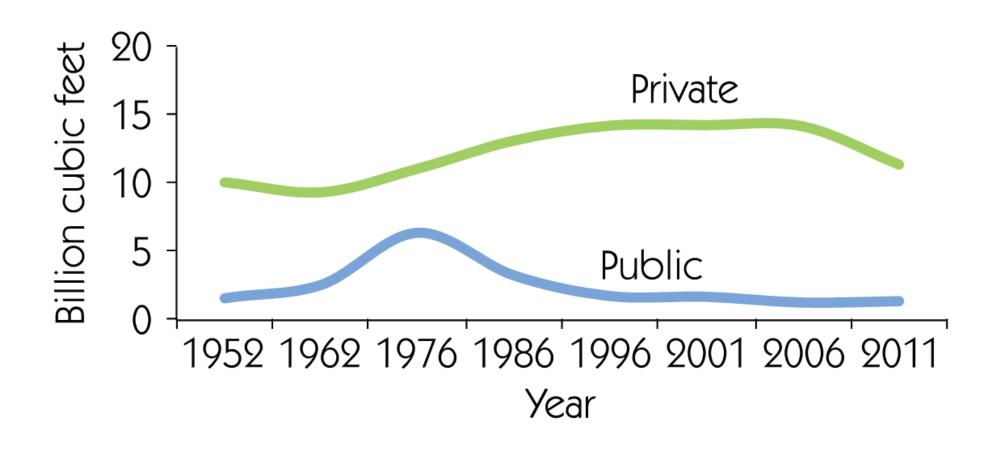
US Forest Lands

Forest Land Ownership

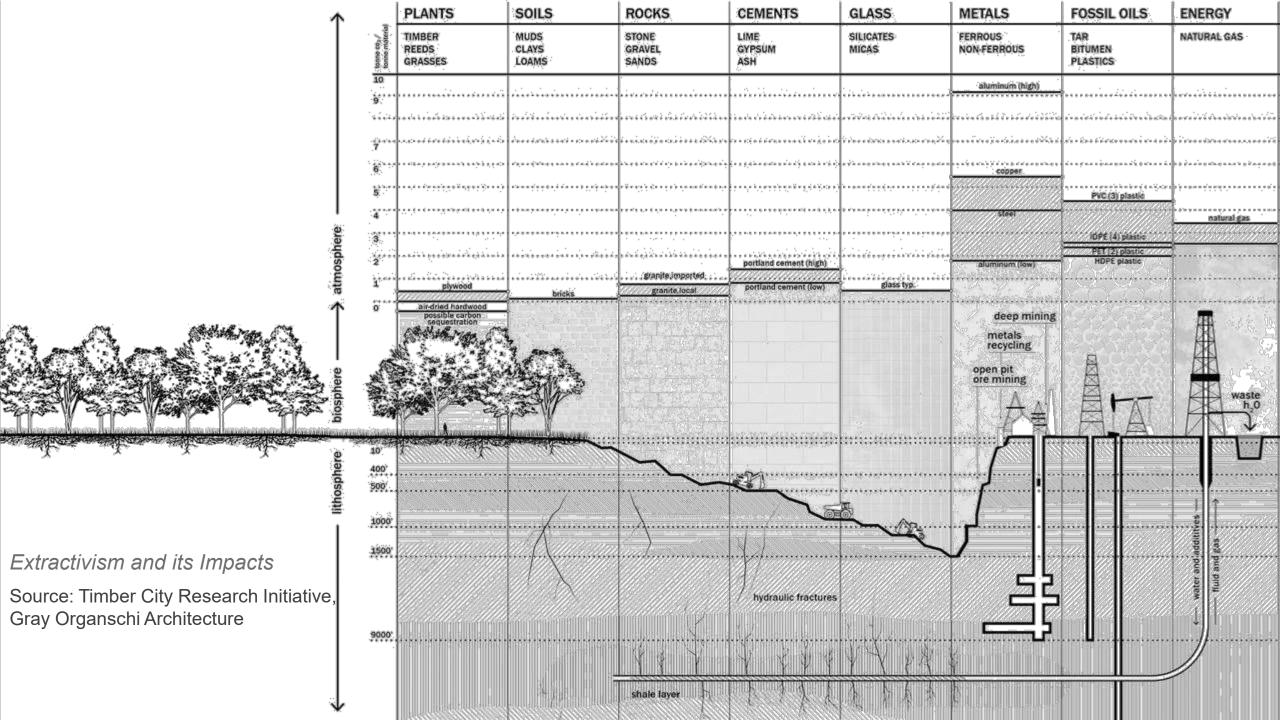
This map displays the basic vegetation (forest vs. non-forest) of the conterminous United States as well as ownership (private vs. public). The lands displayed as "public" include Federal and State lands but do not generally include lands owned by local governments and municipalities.



US Forest Harvest by Owner

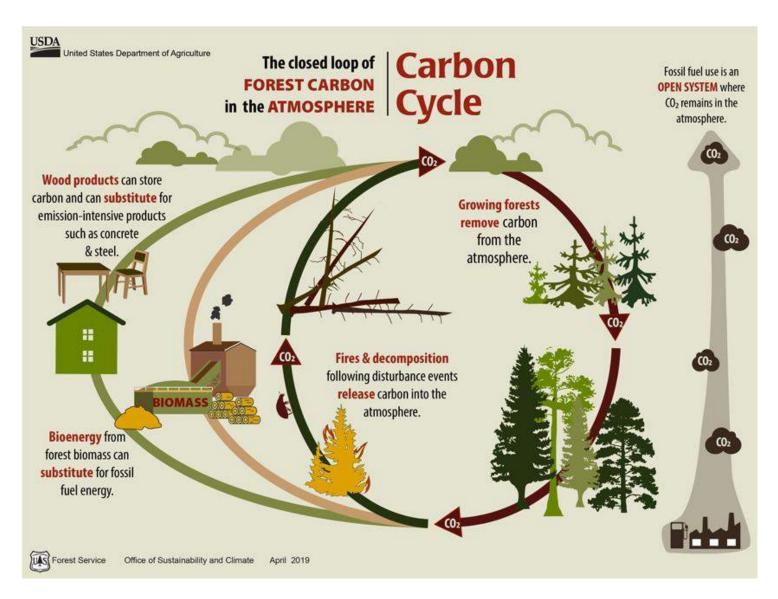


Source: USDA-Forest Service, US Forest Resource Facts and Historical Trends FS-1035. (2014).



Carbon Benefits of Wood

- Lower embodied carbon compared to other common building materials
- Less fossil fuel consumed during manufacture
- Avoid process emissions
- Extended carbon storage in products
- Carbon sequestration in forests
- Promotes forest health



More Carbon Terms

Carbon Sequestration: The process by which CO₂ is **removed** from the atmosphere and deposited in solid or liquid form in oceans, living organisms, or land.

Carbon Storage: Carbon is stored as a solid in the form of plant material: roots, trunks, branches, stems, and leaves. It can continue to be stored in wood building materials.



Image: Dovetail Partners, Inc.

Carbon Storage Wood ≈ 50% Carbon (dry weight)





Carbon vs CO₂



1 ton Carbon ≠ 1 ton CO₂

1 ton Carbon = (44/12=) 3.67 tons CO₂

Carbon Storage Calculation

Douglas-Fir-Larch:

```
1 \text{ ft}^3 = 34.5 \text{ lb } (15\% \text{ MC})
= 30.0 lb (dry)
```

50% Carbon by (dry) weight:

1 ft³ = 15 lb Carbon stored

1 lb Carbon converts to 3.67 lb CO₂:

$$1 \text{ ft}^3 = 55 \text{ lb CO}_2$$

Where is Carbon Stored?

Harvested Wood Pools

- Harvested Wood Products
- Solid Waste Disposal Sites

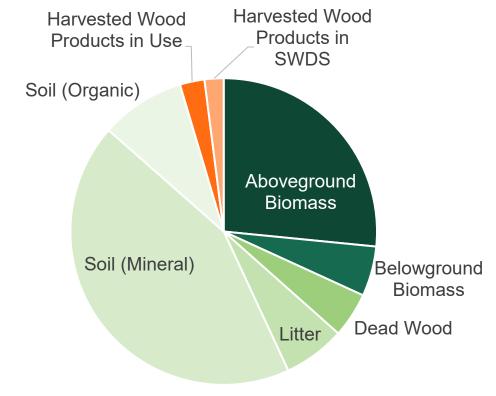
Forest Pools

- Aboveground Biomass
- Belowground Biomass
- Dead Wood
- Litter or Forest Floor
- Soil Organic Carbon



Carbon Storage in Harvested Wood Products

As of 2022, the carbon stock for Harvested Wood Products in Use in the conterminous 48 states and Alaska is estimated at 1,549 Million Metric Tons.



Carbon Stocks in Forest Land and Harvest Wood Pools, 2022

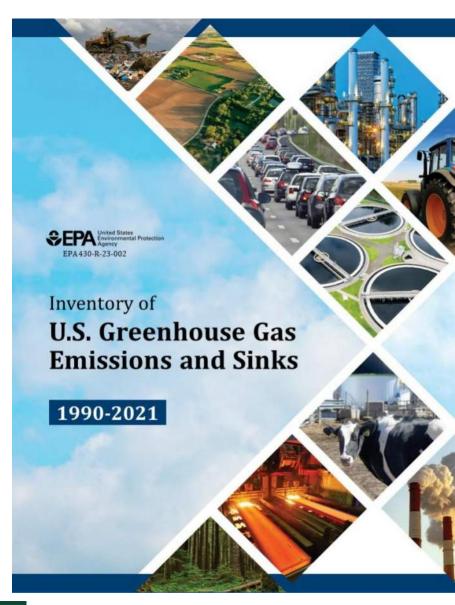


Table 6-10: Forest Area (1,000 ha) and C Stocks in Forest Land Remaining Forest Land and Harvested Wood Pools (MMT C)

	1990	2005	2018	2019	2020	2021	2022
Forest Area (1,000 ha)	282,150	281,096	280,467	280,299	280,120	279,962	279,800
Carbon Pools (MMT C)	•	·	•	•	•	,	·
Forest Ecosystem	51,354	54,098	56,303	56,470	56,623	56,790	56,951
Aboveground Biomass	11,899	13,849	15,406	15,523	15,635	15,749	15,861
Belowground Biomass	2,344	2,740	3,052	3,076	3,098	3,121	3,143
Dead Wood	1,948	2,359	2,717	2,745	2,771	2,799	2,827
Litter	3,929	3,922	3,896	3,896	3,888	3,888	3,888
Soil (Mineral)	25,920	25,911	25,914	25,914	25,914	25,915	25,916
Soil (Organic)	5,315	5,318	5,318	5,317	5,317	5,317	5,317
Harvested Wood	1,895	2,353	2,645	2,671	2,695	2,721	2,749
Products in Use	1,249	1,447	1,516	1,523	1,530	1,539	1,549
SWDS	646	906	1,129	1,147	1,165	1,182	1,200
Total C Stock	53,249	56,451	58,948	59,141	59,318	59,511	59,701

Harvested Wood Products

- Solid sawn wood product:
 - Lowest embodied carbon

- **Engineered** wood products:
 - More processing steps (more embodied carbon)
 - Significantly less embodied carbon than non-wood



Image: Weyerhaeuser



Image: LP Building Solutions



Image: Structurecraft



Image: Georgia-Pacific

Source: USFPL Wood Handbook; Wood as a Sustainable Building Material

Long-Term Positive Effects

		Energy effect	Carbon effect	Value-added effect
₽	Forest	Stores solar energy	Removes C from Atmosphere	Increases forest value; supplies wood
	Timber	Often local, short transit	C in raw material	Strengthens rural economies
	Lumber	Low embodied carbon	Stores C; replaces materials w/ greater C impact	Supports energy independence; strengthens US Forestry
CO ₂	Wood structure	Low thermal conductivity & bridging	Stores C; reduces insulation / GHG emissions	Cost effective & provides biophilic environment
	Modernization, refurbishment, urban densification	Lightweight & easy to transport	More C storage	Increasing use of prefab; saves resources & retains value
	Demo, recycling, energy recovery	Low energy recycling or emissions neutral energy recovery	Extended C fixation due to recycling	Innovative solutions for circular economy

Source: Building with Wood – Proactive Climate Protection, Dovetail Partners, Inc.

WoodWorks Carbon Calculator

- Available at woodworks.org
- Estimates total wood mass in a building
- Relays estimated carbon impacts:
 - Amount of carbon stored in wood
 - Amount of greenhouse gas emissions avoided by choosing wood over a non-wood material





Volume of wood used:

208,320 cubic feet



U.S. and Canadian forests grow this much wood in:

17 minutes



Carbon stored in the wood:

4,466 metric tons of CO2



Avoided greenhouse gas emissions:

9,492 metric tons of CO2



TOTAL POTENTIAL CARBON BENEFIT:

13,958 metric tons of CO2

EOUIVALENT TO:

US EPA



2,666 cars off the road for a year

Energy to operate a home for 1,186 years

ULI Report: The Materials Movement

Office Occupier Demand for Healthy Materials:

- » Powerful expression of tenant's brand
- » Helps recruit top talent
- » Healthy air quality supports worker productivity, cognitive performance, mental & physical health

Enhanced Building Value:

- » Office green premium on rents: from 2% to >15%
- » Certified healthy buildings transact 4.4% to 7.7% higher rent per SF than noncertified buildings

"Building with mass timber provides a host of benefits to stakeholders across the real estate value chain."





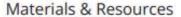
Credits for Sustainable/ Well Certifications



LEED v4.1 BD+C

Indoor Environmental Air Quality

Low-Emitting Materials
 Thermal Comfort



- · Environmental Product Declarations
- · Responsible Sourcing of Raw Materials
- Building Life-Cycle Impact Reduction
- Construction & Demolition Waste Management



Passive House 3rd Edition

Core Principles

- Thermal Insulation
- Thermal Bridge Reduced Design
- Airtightness



WELL v2

Materials

Materials
 Transparency

Mind

· Nature & Place

Restorative Spaces

Thermal Comfort

- · Thermal Performance
- · Verified Thermal Comfort



Living Building Challenge 4.0

Energy Petal

- Energy + Carbon Reduction
- Net Positive Carbon

Materials Petal

- · Responsible Materials
- · Responsible Sourcing
- Living Economy Sourcing
- Red List
- Net Positive Waste

Beauty Petal

Beauty + Biophilia

Source: Mercer Mass Timber and The Environment

Quantifying the Benefits

Life Cycle Assessment (LCA)

"Evaluation of the inputs, outputs, and potential environmental impacts of a product system throughout its life cycle"

» Systematic, scientific quantification

Used for:

- » Single products or processes: e.g., a wood product
- » Complex, integrated systems: e.g., an entire building (WBLCA)

Life Cycle Assessment (LCA)

"Evaluation of the inputs, outputs, and <u>potential environmental</u> <u>impacts</u> of a product system throughout its life cycle"

Environmental Impacts:



- » Global Warming Potential (GWP)
- » Ozone depletion
- » Smog formation
- » Acidification
- » Eutrophication
- » Depletion of nonrenewable resources
- » Etc.

Life Cycle Assessment (LCA)

"Evaluation of the inputs, outputs, and potential environmental impacts of a product system throughout its <u>life cycle</u>"

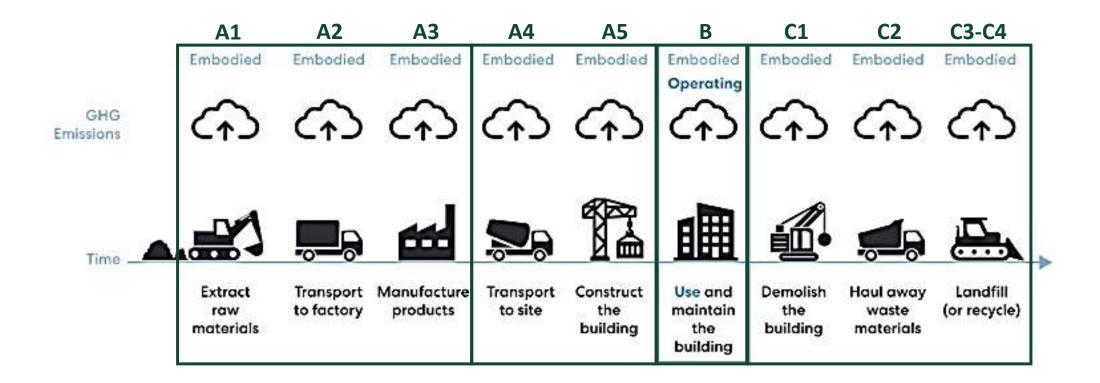
Environmental Impacts:

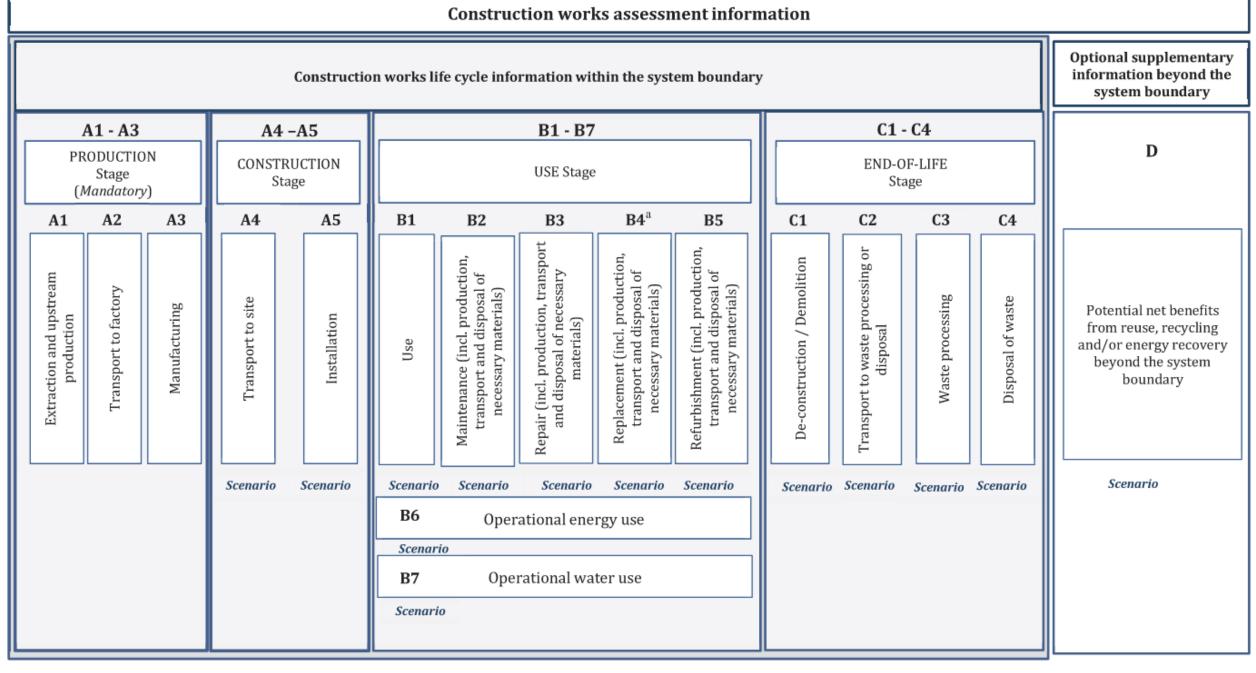
- » Global Warming Potential (GWP)
- » Ozone depletion
- » Smog formation
- » Acidification
- » Eutrophication
- » Depletion of nonrenewable resources
- » Etc.

Life Cycle Stages:

- » Harvesting or mining
- » Manufacture
- » Transportation and installation
- » Maintenance, repair and replacement
- » Decommissioning and disposal/reuse

Life Cycle of a Building





^a Replacement information module (B4) not applicable at the product level.

What makes wood different? Biogenic Carbon

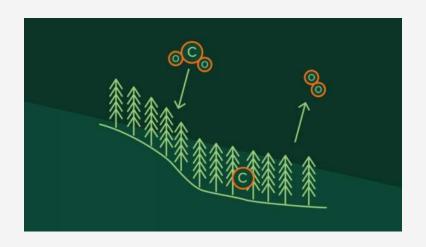
Biogenic Carbon

"Carbon derived from... material of biological origin

excluding material embedded in geological formations or transformed to fossilized material and excluding peat."

Photosynthesis:

$$6 \text{ CO}_2 + 6 \text{ H}_2 \text{ O} \rightarrow \text{ C}_6 \text{H}_{12} \text{ O}_6 \text{ (stored)} + 6 \text{ O}_2 \text{ (released)}$$



Biogenic Carbon

"Bio-based materials originating from renewable resources (such as wood...) contain biogenic carbon."

- » Biogenic carbon removals and emissions shall be reported as CO₂ in the LCI
- » When entering the product system (removal), characterized with a factor of -1
- » When converted to emissions (emission), characterized with a factor of +1
- » When leaving the product system (export), characterized with a factor of +1

Biogenic Carbon Accounting

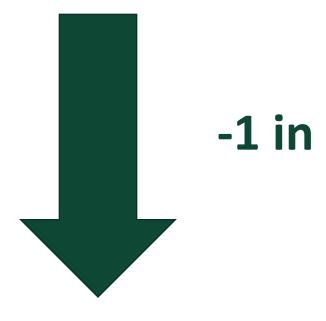


Removal of carbon from the atmosphere

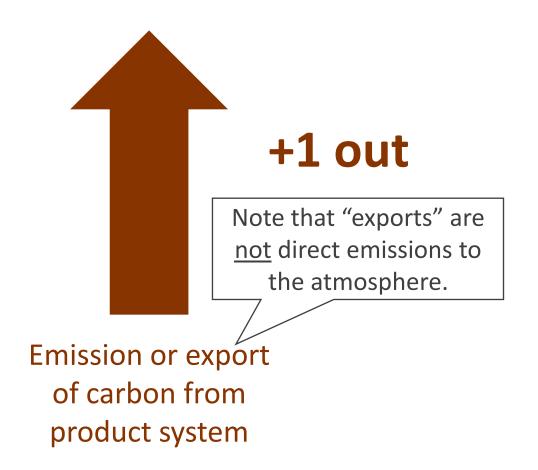


Emission or export of carbon from product system

Biogenic Carbon Accounting



Removal of carbon from the atmosphere



Biogenic Carbon

"For wood, biogenic carbon may be characterized with a -1... when entering the product system **only when the wood originates from sustainably managed forests."**

So...

What is a sustainably managed forest?

Sustainably Managed Forests

"... zero emissions associated with land use change"

Option 1:

Includes wood products responsibly sourced and certified to:

- » Standards globally endorsed by PEFC and FSC
- » FSC, SFI, CSA, ATFS, etc.

Option 2: (NOTE 2)

- "The concept of sustainably managed forests is linked but not limited to respective certification schemes"
- » Evidence such as national reporting under UNFCCC to identify forests with stable or increasing forest carbon stocks

Sustainably Managed Forests

"... zero emissions associated with land use change"

Option 1:

Includes wood products responsibly sourced and certified to:

- » Standards globally endorsed by PEFC and FSC
- » FSC, SFI, CSA, ATFS, etc.

This includes "responsible sourcing" standards and does not require that all wood come from certified forests.

Option 2: (NOTE 2)

- "The concept of sustainably managed forests is linked but not limited to respective certification schemes"
- » Evidence such as national reporting under UNFCCC to identify forests with stable or increasing forest carbon stocks

Sustainably Managed Forests

"... zero emissions associated with land use change"

Option 1:

Includes wood products responsibly sourced and certified to:

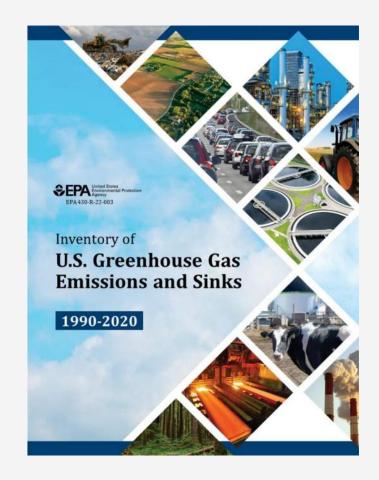
- » Standards globally endorsed by PEFC and FSC
- » FSC, SFI, CSA, ATFS, etc.

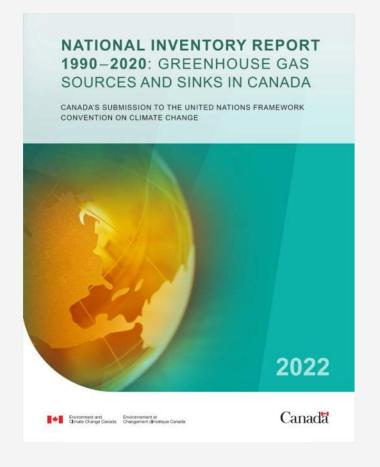
Option 2: (Note 2)

- "The concept of sustainably managed forests is linked but not limited to respective certification schemes"
- » Evidence such as national reporting under UNFCCC to identify forests with stable or increasing forest carbon stocks

UNFCCC National Reporting

"... stable or increasing forest carbon stocks"

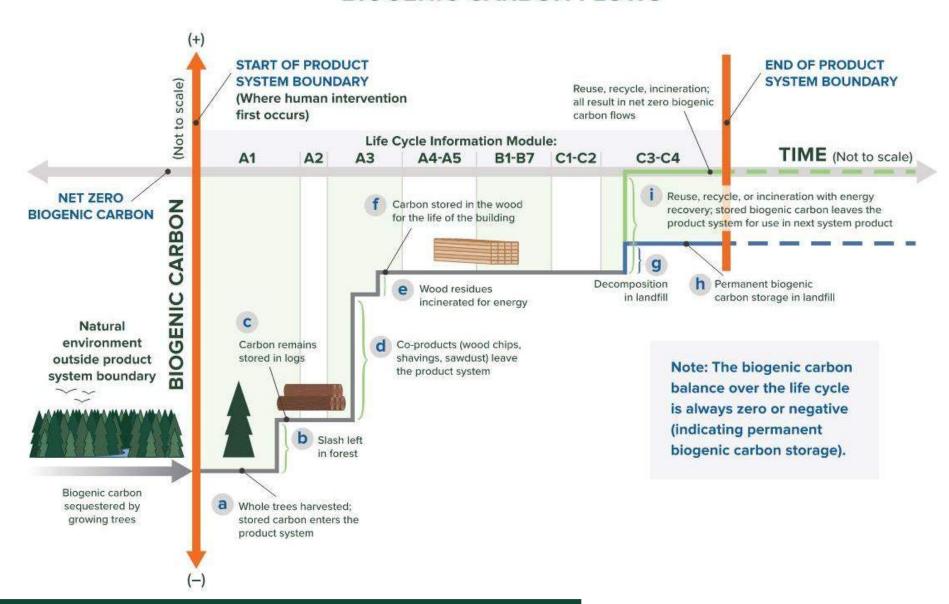


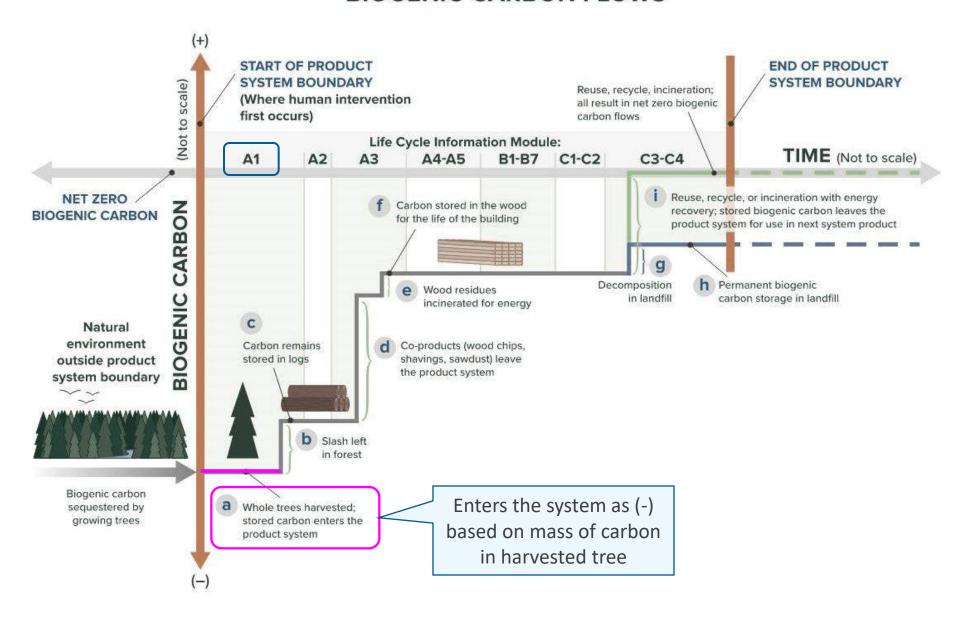


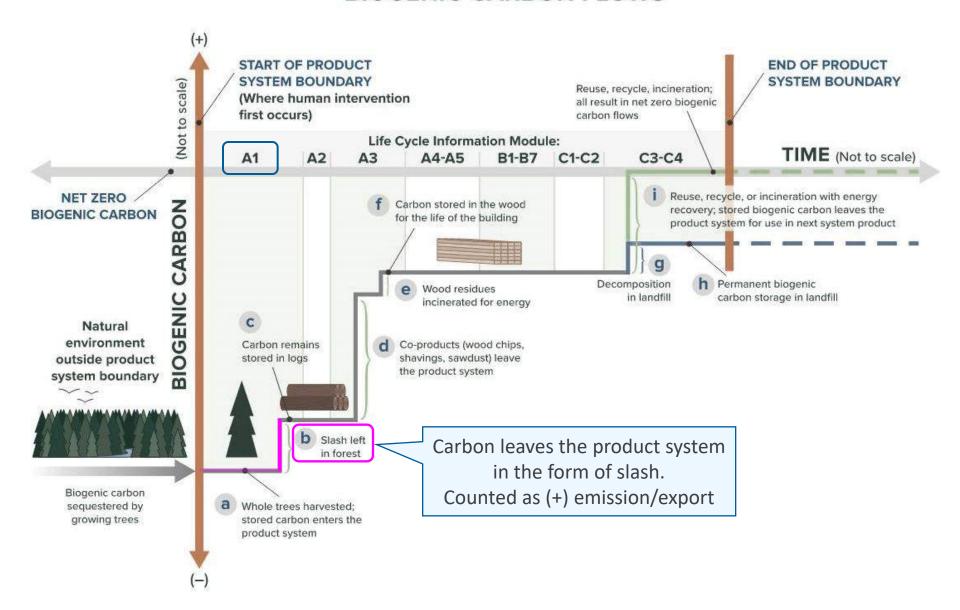
See Table 6-10 See Table 6-1

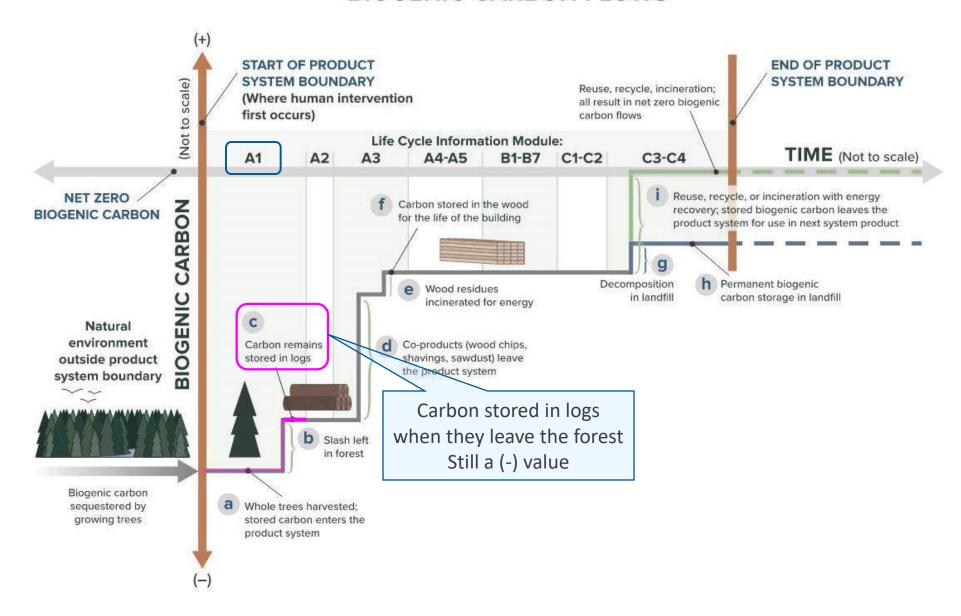
Should I include biogenic carbon?

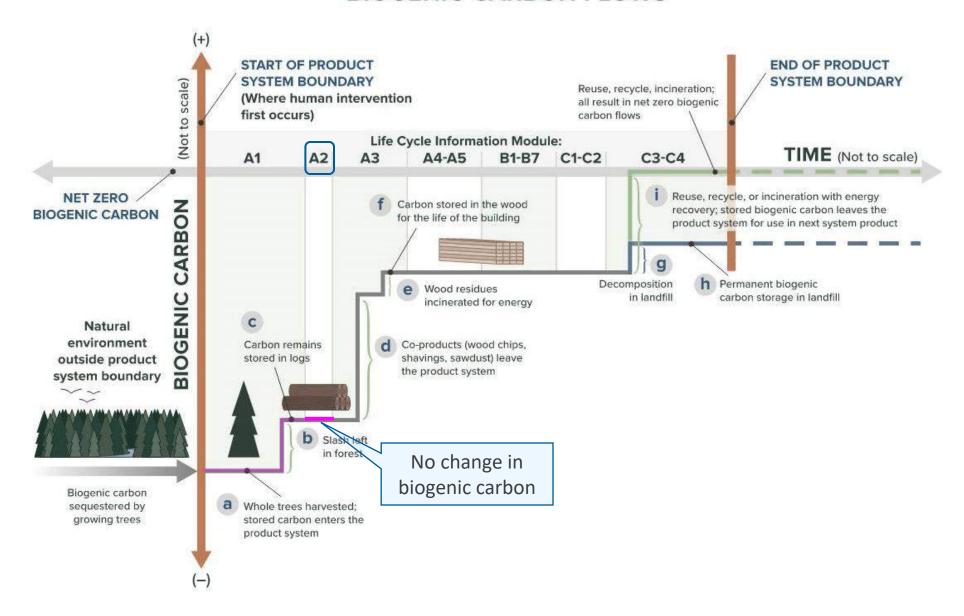
Yes! But how?

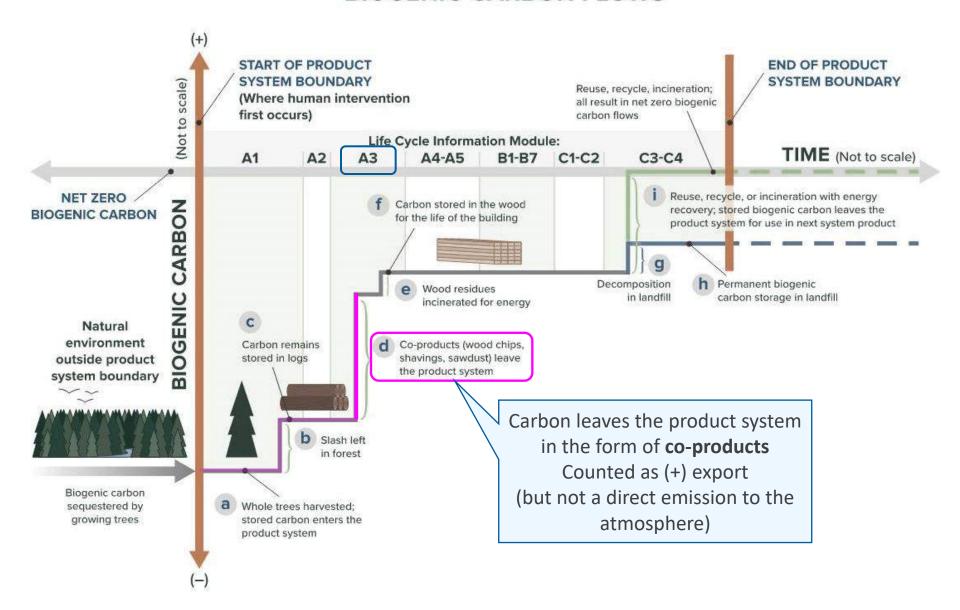


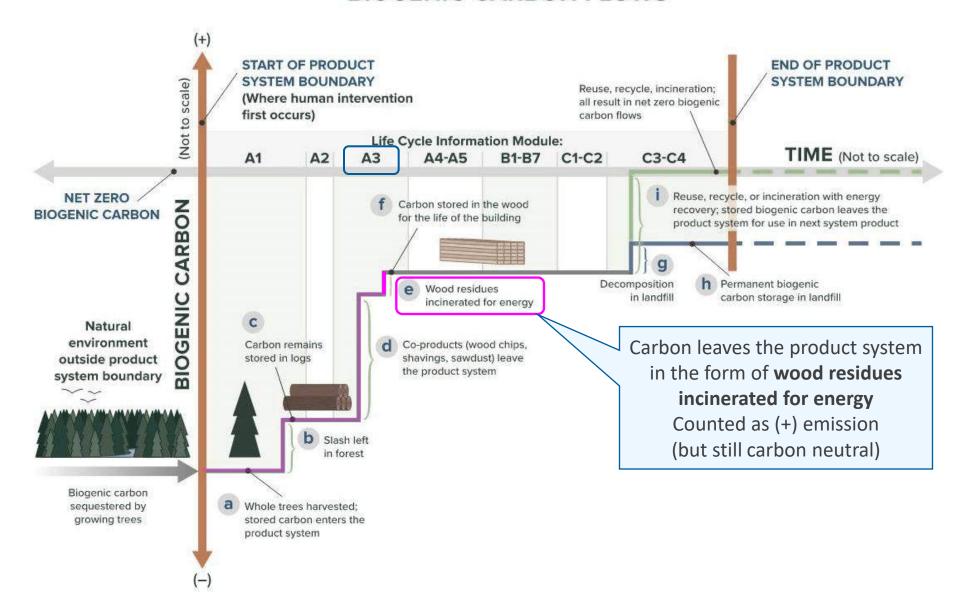


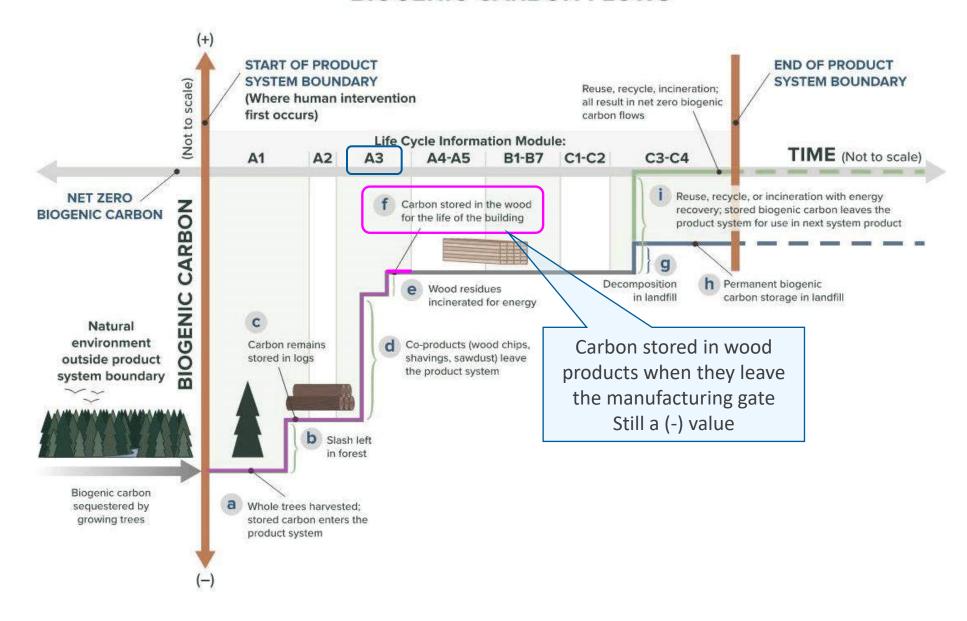


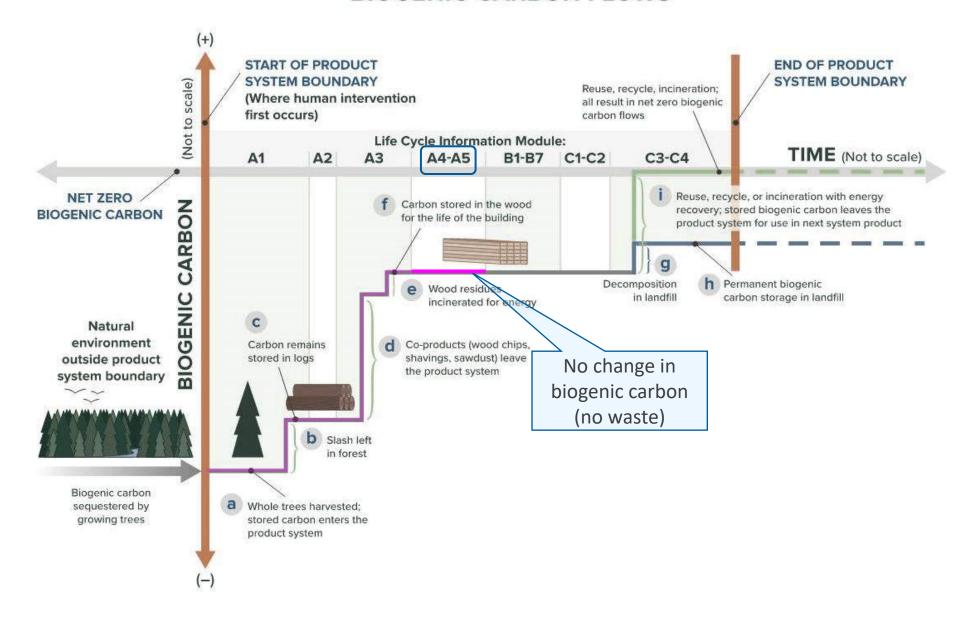


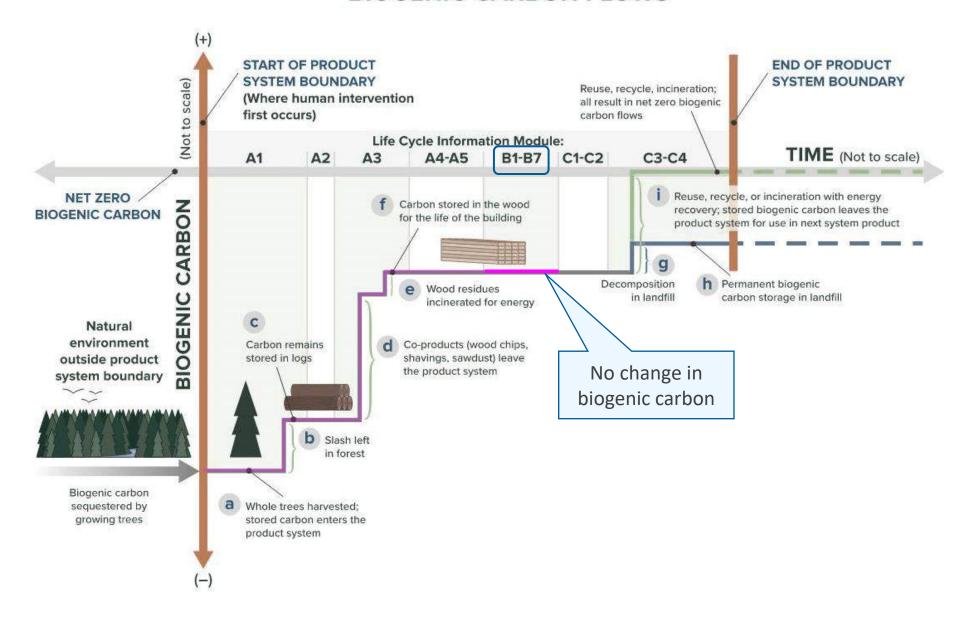


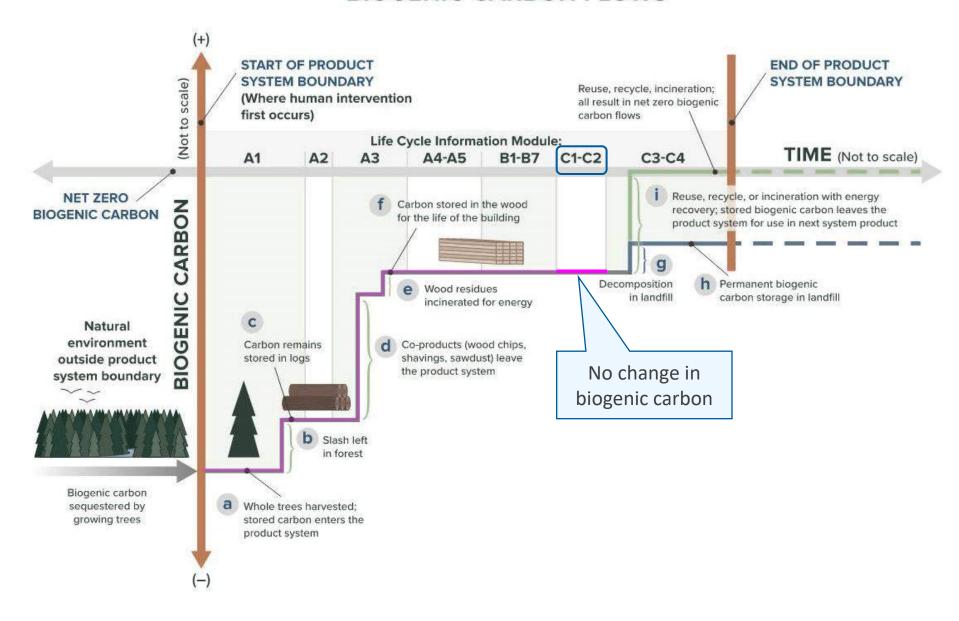












- 1. Landfill
- 2. Incineration (for energy recovery)
- 3. Recycle
- 4. Direct Reuse

- 1. Landfill
- 2. Incineration (for energy recovery)
- Processing required to turn existing product into new product for input into next system (i.e., chipping)

 Minimal processing required

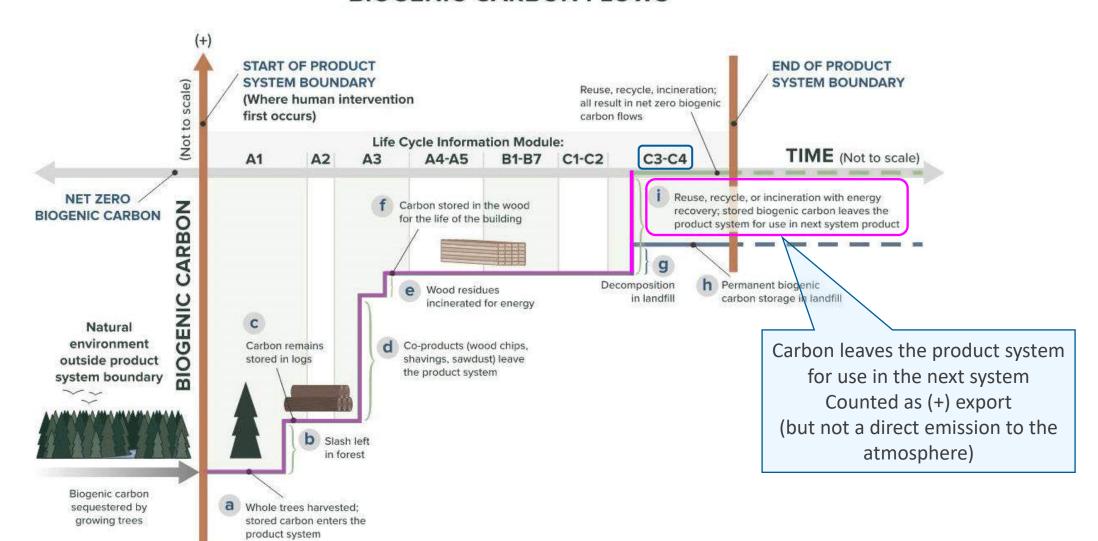
All biogenic carbon <u>leaves</u> the product system as an *export* (+1).

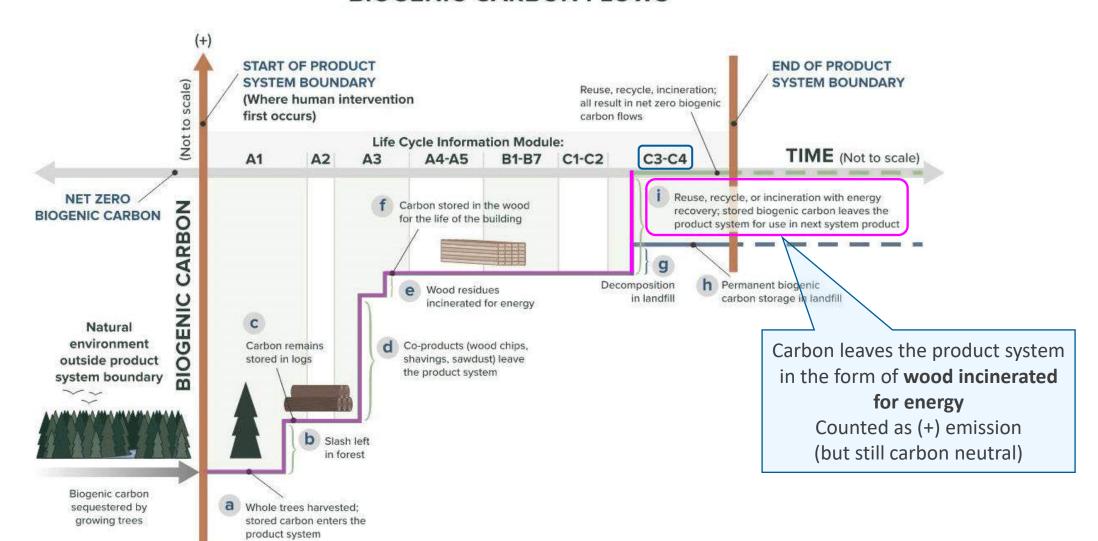
- 1. Landfill
- 2. Incineration (for energy recovery)

Does <u>not</u> include benefits of using recovered energy

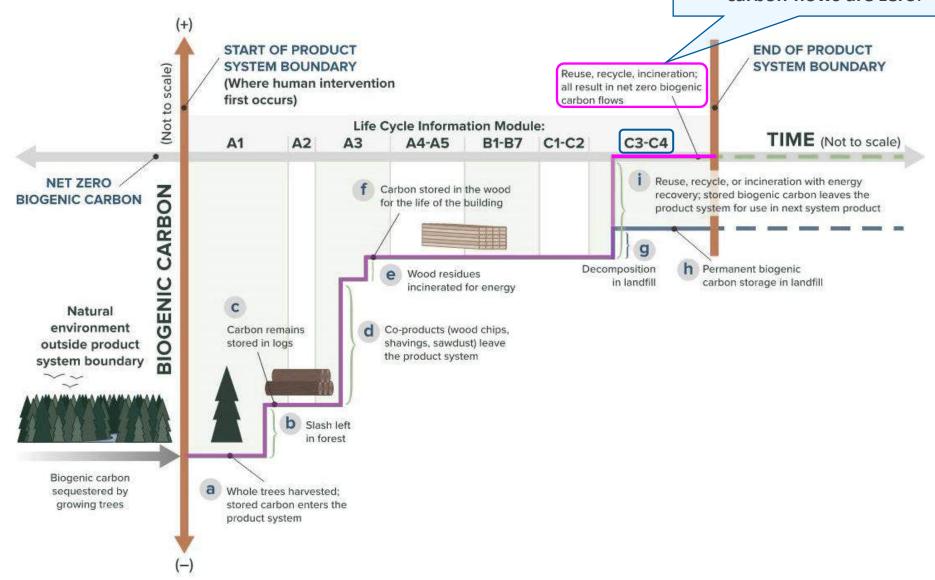
- 3. Recycle
- 4. Direct Reuse

All biogenic carbon <u>leaves</u> the product system as an *emission* (+1).





In all three cases, **net biogenic** carbon flows are zero.



- 1. Landfill
- 2. Incineration (for energy recovery)
- 3. Recycle
- 4. Direct Reuse

Landfill operations

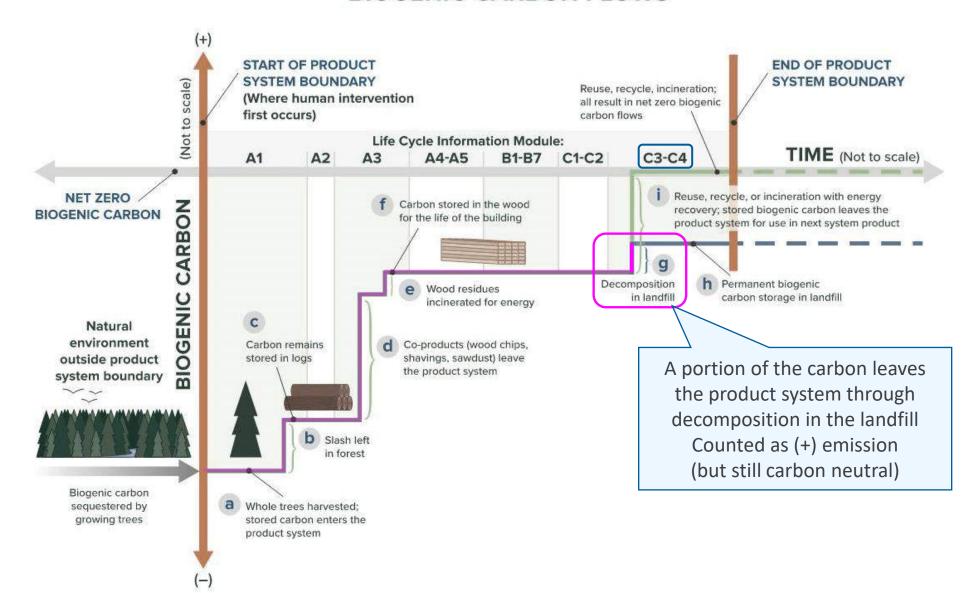
- Most does <u>not</u> decay
- Decay releases landfill gases
 - Emitted directly to atmosphere, or
 - Landfill gas capture for energy recovery

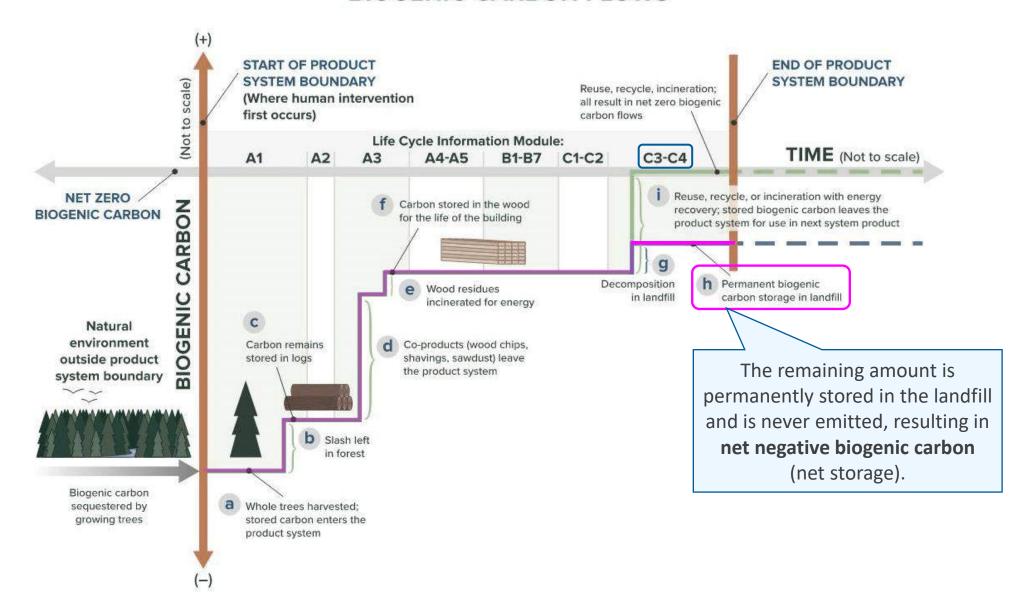
Does <u>not</u> include benefits of using recovered energy

Most biogenic carbon is

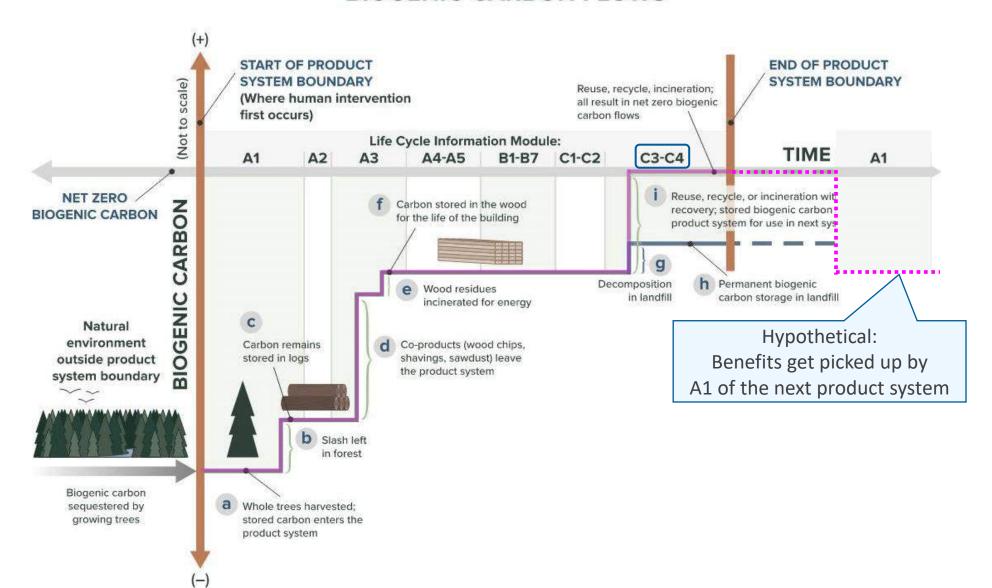
permanently stored in the landfill.

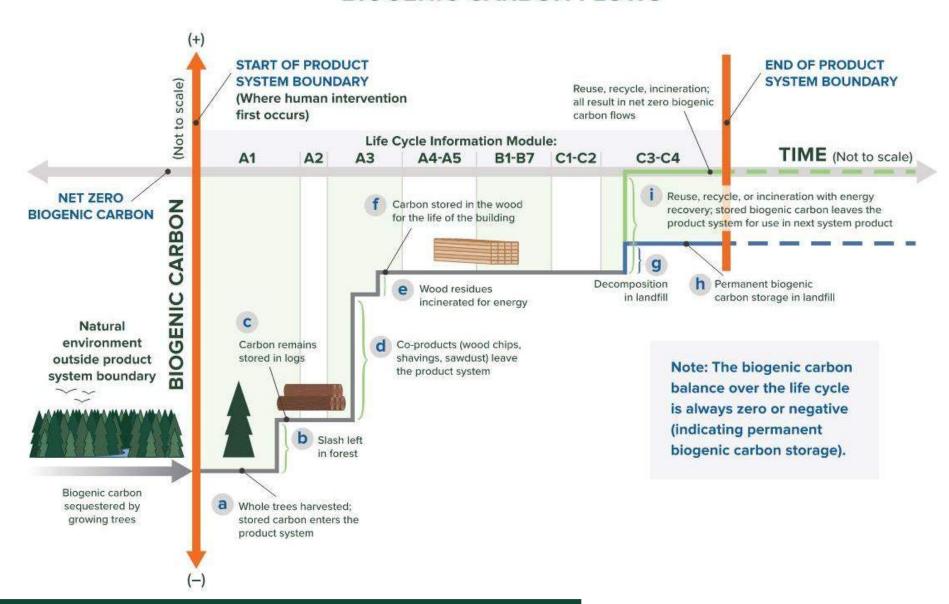
The rest is released through decay
as an emission (+1).



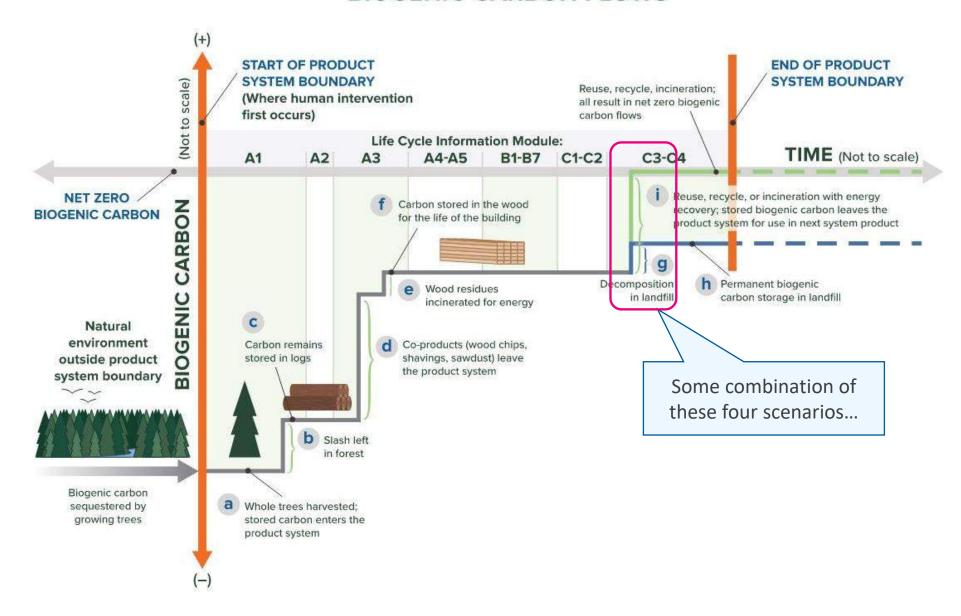


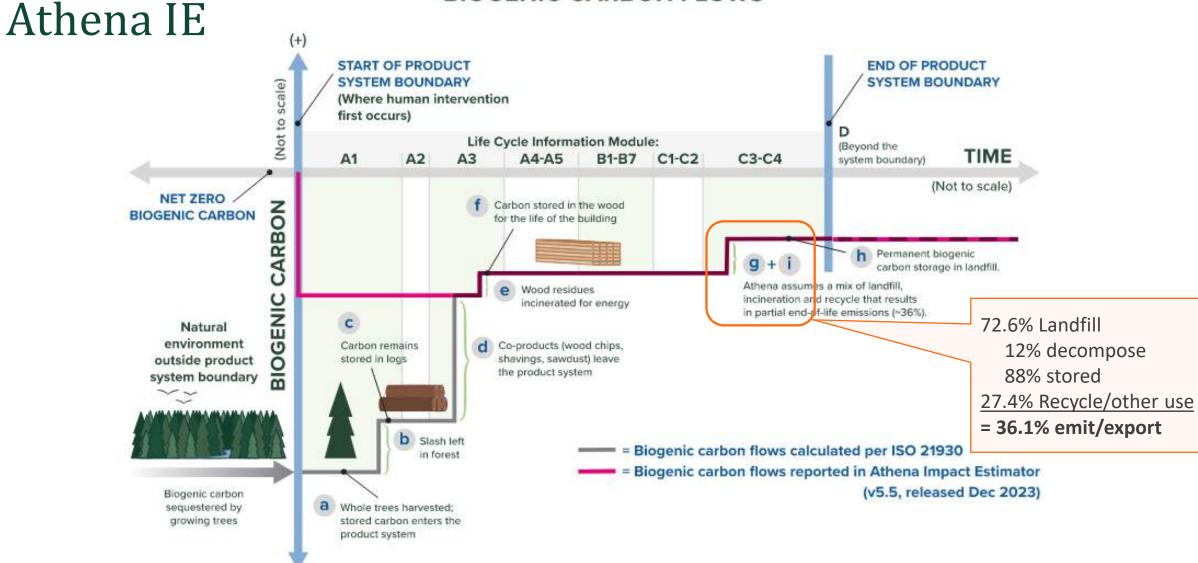
But, isn't reuse better?

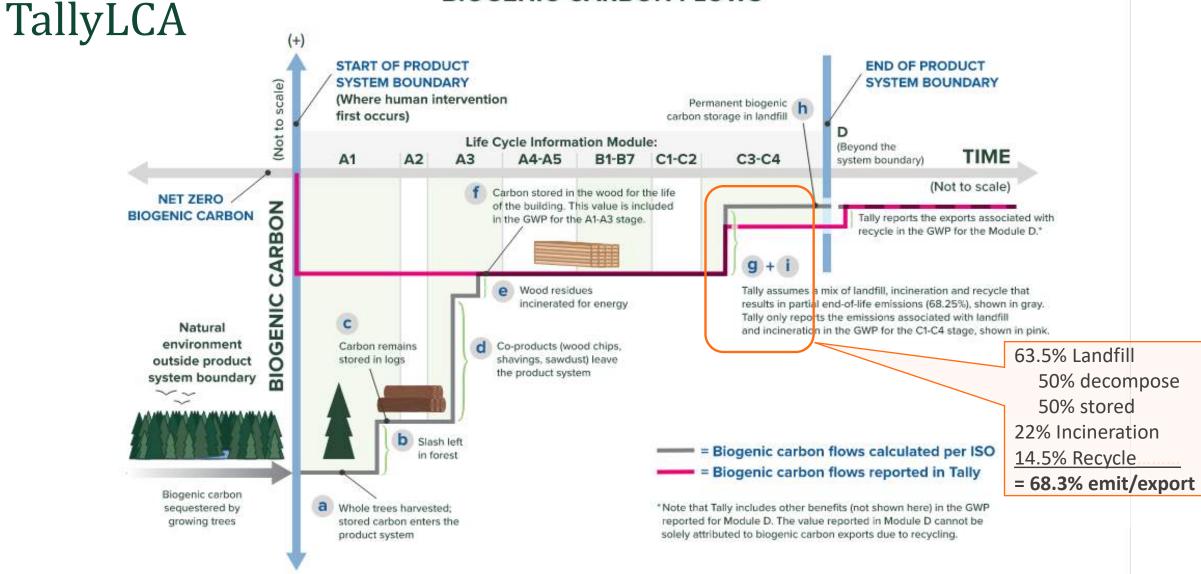


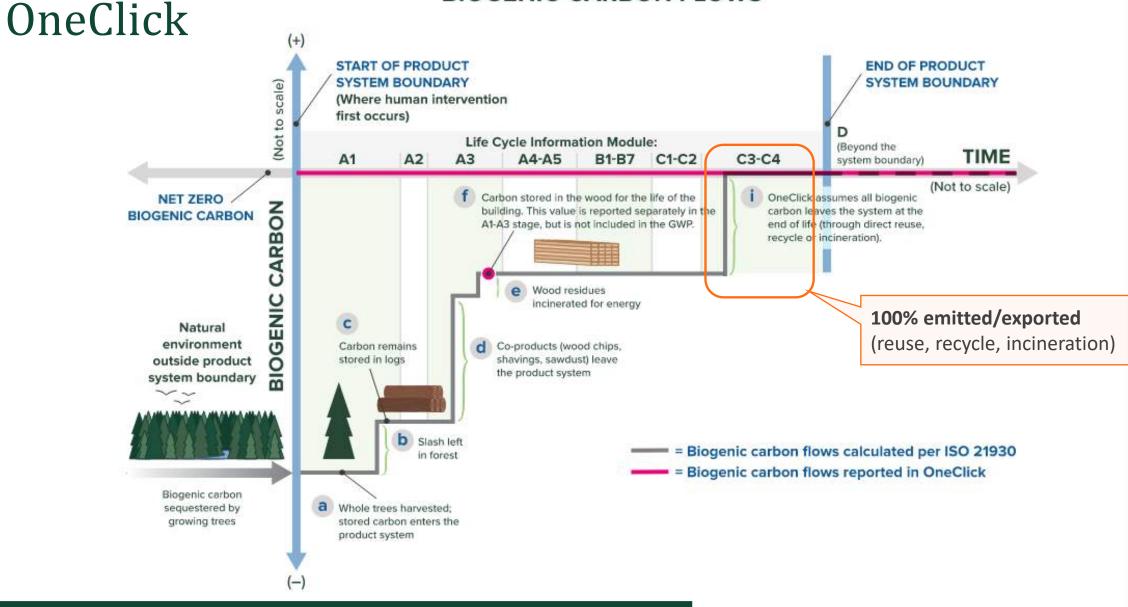


What end-of-life option should I use?









A Note About Tools:

In addition to differences in end-of-life scenarios:

- » Where end-of-life effects are reported (C3-C4 vs Module D)
- » Methodology (ISO compliance)
- » LCI Databases (background data)
- » User interface, workflow

How to Compare Structures

WBLCA Scope **Building** Finishes/ **Enclosure Aesthetics** Lateral **Fire System** Stairs/ **Gravity Nonstruct Elevators Framing Partitions Foundation Acoustics** Service-Connections ability

Comparative WBLCA

Mass Timber Building vs Steel or Concrete Building

requires

Functional Equivalency

WBLCA Scope **Building** Finishes/ **Enclosure Aesthetics** Lateral **Fire System** Stairs/ **Gravity Nonstruct Elevators Framing Partitions Foundation Acoustics** Service-What is different? Connections ability What stays the same?





Ashley Cagle, PE, SE Erin Kinder, PE, SE, LEED AP WoodWorks - Wood Products Council

Considerations and Worksheet for Structural WBLCA of Mass Timber Buildings

Guidance for mass timber building designers undertaking whole building life cycle assessment (WBLCA)

The design community has embraced the use of whole building life cycle assessment (WBLCA) as a means to quantify, and sometimes compare, the environmental impacts of buildings, While this momentum is exciting, detailed standards for a unified approach to WBLCAs are still in development, leaving designers without clear direction during the assessment process. This document seeks to outline requirements pertaining to life cycle assessment (LCA) found in international standards, and provide guidance on how WBLCAs for mass timber buildings are performed using commercially available LCA tools.

Requirements and guidelines for LCA are provided in the International Organization for Standardization's ISO 14040 (Principles and framework) and 14044 (Requirements and guidelines). ISO 14040 Section 4.2.1 outlines four phases of an LCA as shown in Figure 1:

- Goal and scope definition
- · Life cycle inventory (LCI) analysis
- · Life cycle impact assessment (LCIA)
- Interpretation

As illustrated by the arrows in the figure, these phases are interlinked and performing an LCA is an iterative process. This paper will step through common decisions building designers need to make in each phase of the LCA. It is accompanied by a worksheet—sections of which are included here—to help the designer answer these questions when performing a WBLCA. The worksheet can be downloaded as a fillable PDF at www.woodworks.org/WBLCA worksheet.



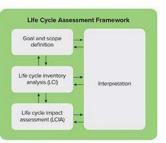


FIGURE 1: Stages of an LCA, adapted from ISO 14040:2006(E) © ISO

Nez Perce-Clearwater National Forests Supervisor's Office / Kamiah, IDMosiac Architecture; Morrison-Maierle

https://www.woodworks.org/resources/considerations-and-worksheet-for-structural-wblca-of-mass-timber-buildings/

Mass Timber in Three Regions

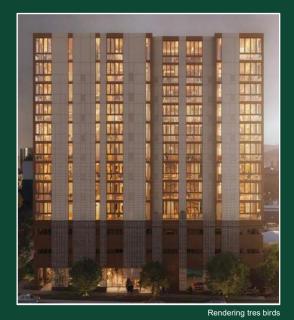
Comparative Life Cycle Assessment Study







Mass Timber Comparative Life Cycle Assessment Series





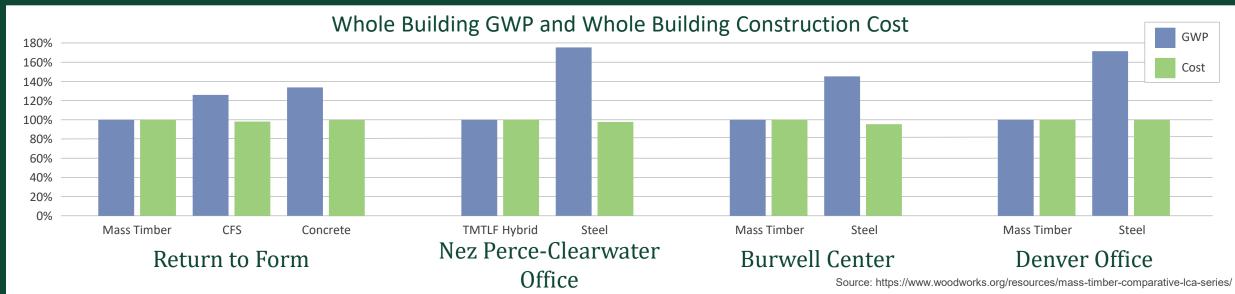
Mosaic Architecture / Morrison-Maierle / Photo Heidi Long, Longview Studios



University of Denver Burwell Center for Career Achievement / Lake|Flato Architects / Shears Adkins Rockmore / KL&A Engineers and Builders / Photo © Frank Ooms



Rendering Shears Adkins Rockm



QUESTIONS?

This concludes The American
Institute of Architects Continuing
Education Systems Course

John O'Donald II, PE

WoodWorks

John.Odonald@woodworks.org

Chelsea Drenick, SE

WoodWorks

Chelsea.Drenick@woodworks.org

Copyright Materials

This presentation is protected by US and International Copyright laws.
Reproduction, distribution, display and use of the presentation without written permission of the speaker is prohibited.

© The Wood Products Council 2025

Funding provided in part by the Softwood Lumber Board

Disclaimer: The information in this presentation, including, without limitation, references to information contained in other publications or made available by other sources (collectively "information") should not be used or relied upon for any application without competent professional examination and verification of its accuracy, suitability, code compliance and applicability by a licensed engineer, architect or other professional. Neither the Wood Products Council nor its employees, consultants, nor any other individuals or entities who contributed to the information make any warranty, representative or guarantee, expressed or implied, that the information is suitable for any general or particular use, that it is compliant with applicable law, codes or ordinances, or that it is free from infringement of any patent(s), nor do they assume any legal liability or responsibility for the use, application of and/or reference to the information. Anyone making use of the information in any manner assumes all liability arising from such use.