

Vibrations vs Acoustics

Structural Vibrations

Acoustic Vibrations

1 Hz - 100 Hz

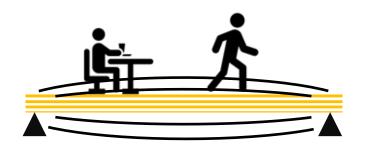
20 Hz - 15,000 Hz

Transmitted through structure or through ground

Transmitted through air, walls, floors, windows

Physical effects

Audible effects







Code requirements only address residential occupancies:

For unit to unit or unit to public or service areas:

Min. STC of 50 (45 if field tested):

Walls, Partitions, and Floor/Ceiling Assemblies

Min. IIC of 50 (45 if field tested) for:

Floor/Ceiling Assemblies

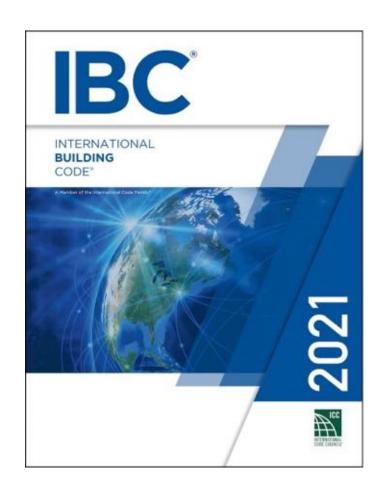


TABLE 1: Examples of Acoustically-Tested Mass Timber Panels

Mass Timber Panel	Thickness	STC Rating	IIC Rating
3-ply CLT wall⁴	3.07"	33	N/A
5-ply CLT wall ⁴	6.875"	38	N/A
5-ply CLT floor ⁵	5 1875"	39	22
5-ply CLT floor⁴	6.875"	41	25
7-ply CLT floor⁴	9.65"	44	30
2x4 NLT wall ⁶	3-1/2" bare NLT 4-1/4" with 3/4" plywood	24 bare NLT 29 with 3/4" plywood	N/A
2x6 NLT wall ⁶	5-1/2" bare NLT 6-1/4" with 3/4" plywood	22 bare NLT 31 with 3/4" plywood	N/A
2x6 NLT floor + 1/2" plywood ²	6" with 1/2" plywood	34	33







Common mass timber floor assembly:

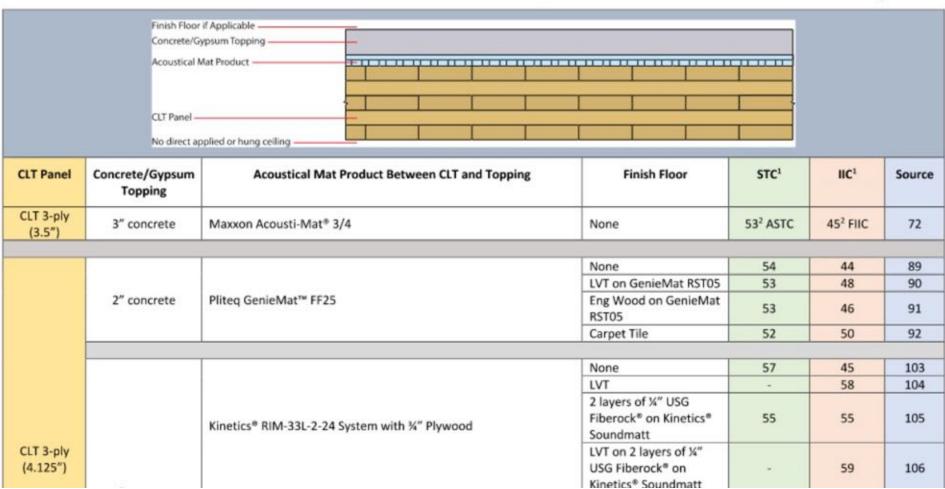
- Finish floor (if applicable)
- Underlayment (if finish floor)
- 1.5" to 4" thick concrete/gypcrete topping
- Acoustical mat
- WSP (if applicable)
- Mass timber floor panels



Inventory of Tested Assemblies

Table 1: CLT Floor Assemblies with Concrete/Gypsum Topping, Ceiling Side Exposed





Floor Vibration Design

"One might almost say that strength is essential and otherwise unimportant"

- Hardy Cross

US Building Code Requirements for Vibration

None

Barely discussed in IBC, NDS, etc. ASCE 7 Commentary Appendix C has some discussion, no requirements

Common Vibration Sources for Buildings

Vibration sources are complex:

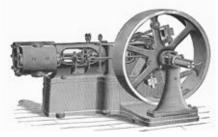
- Footfall, running, aerobics, etc.
- Machinery and equipment
- Vehicular traffic, rail traffic, forklifts
- Ground-borne, structure-borne, air-borne
- Steady-state, episodic, periodic
- Harmonic, pulse, random
- Moving, stationary



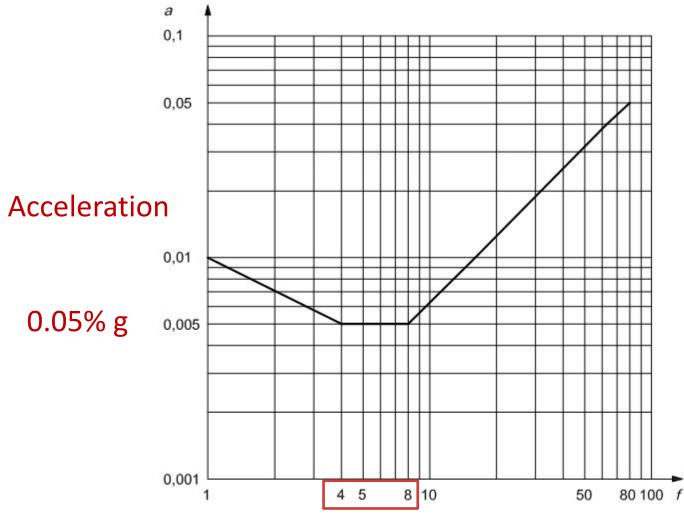








Floor Vibration Criteria – Human



Limits of Human Perception of Acceleration

~.05% g (vertical) in 4-8 Hz

Key

a acceleration (r.m.s.), m/s²

f frequency, Hz

ISO 10137:2007

Framing Materials Properties for Vibration

Material	Floor Weight (psf)	Damping	Material Stiffness (10 ⁶ psi)	Material Mass (pcf)	Example Floor System
Concrete	100-150	1-5%	3.2-5.8	120-150	2-way slab on columns
Steel	50-100	0.5-5%	30	490	Concrete on metal deck on purlins and girders
Mass Timber	15-65	1-5%	1.2-1.8	30-40	Beam <i>or</i> wall supported
Wood Frame	10-40	2-12%	1.2-2.0	30-40	Wall supported

Vibration Design Methods

Rules of Thumb

Empirical Simplified Analytical FEM/Modal FEM/Time History

 Δ < L/480

Woeste & Dolan

Wood Frame

 $f_n > 14 \text{ Hz}$

FPI/CLT Handbook

Mass Timber

AISC Design Guide 11

CCIP 016

Concrete

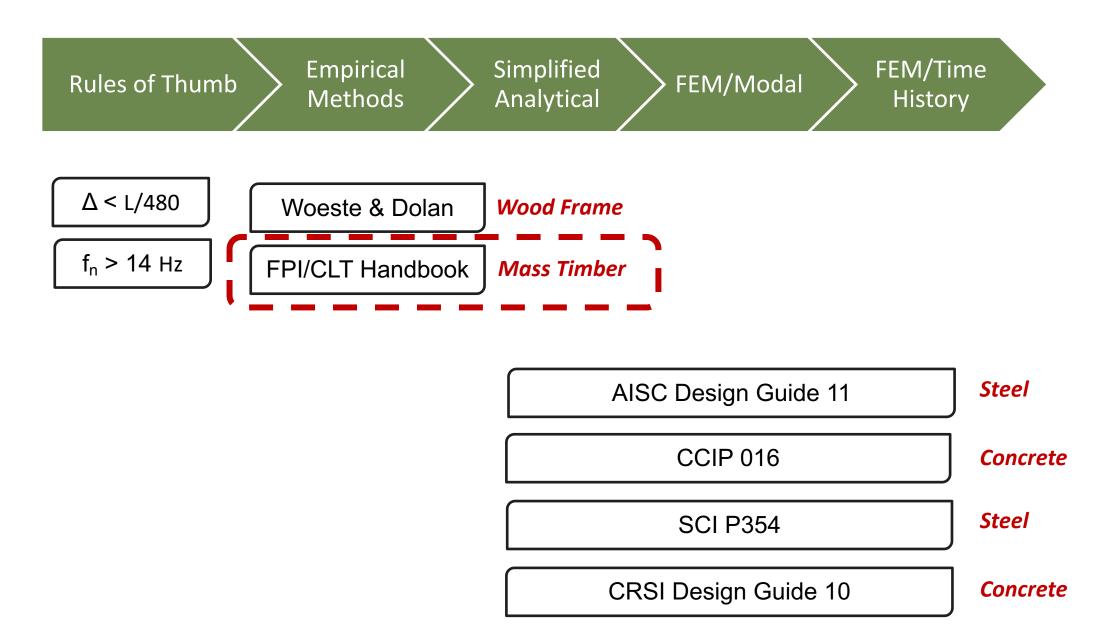
SCI P354

Steel

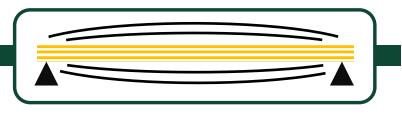
CRSI Design Guide 10

Concrete

Vibration Design Methods



CLT Handbook Method



Limit CLT Floor Span such that

$$L_{lim} \le \frac{1}{12.05} \frac{\left(EI_{eff}\right)^{0.293}}{(\overline{\rho}A)^{0.122}}$$



Based on:

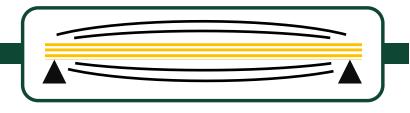
- Un-topped CLT
- Single, Simple span
- Bearing wall supports.

Does not account for:

- Supporting beam flexibility
- Multi-span conditions
- Additional floor mass (topping slab, etc)

Reference: US CLT Handbook, Chapter 7

CLT Handbook In Practice



- Experience shown it consistently produces well performing floors
- Does not consider
 - Multi-span panels
 - Flexibility of supports, e.g. beams
 - Impact of topping slabs (more mass, but lower frequency)

Improves Performance

Lowers Performance

Performance??

 Recommend 20% increase in acceptable span length OK for multispan panels with non-structural elements that are considered to provide an enhanced stiffening effect, including partition walls, finishes and ceilings, etc.

CLT Handbook Base Span Limit

For PRG 320-2019 Basic CLT Grades and Layups from Solid Sawn Lumber

Grade	Layup	Thickness	Base Span Limit
	3ply	4 1/8"	13.1
E1	5ply	6 7/8"	18.2
	7ply	9 5/8"	22.7
	3ply	4 1/8"	12.4
E2	5ply	6 7/8"	17.2
	7ply	9 5/8"	21.6
	3ply	4 1/8"	12.0
E3	5ply	6 7/8"	16.7
	7ply	9 5/8"	20.9
	3ply	4 1/8"	12.7
E4	5ply	6 7/8"	17.6
	7ply	9 5/8"	22.1
	3ply	4 1/8"	12.6
E5	5ply	6 7/8"	17.5
	7ply	9 5/8"	21.9

Grade	Layup	Thickness	FPI Span Limit
	3ply	4 1/8"	12.6
V1	5ply	6 7/8"	17.6
	7ply	9 5/8"	22.0
	3ply	4 1/8"	12.6
V1(N)	5ply	6 7/8"	17.6
	7ply	9 5/8"	22.0
	3ply	4 1/8"	12.4
V2	5ply	6 7/8"	17.2
	7ply	9 5/8"	21.5
	3ply	4 1/8"	12.0
V3	5ply	6 7/8"	16.7
	7ply	9 5/8"	20.9
	3ply	4 1/8"	11.7
V4	5ply	6 7/8"	16.3
	7ply	9 5/8"	20.4
	3ply	4 1/8"	12.1
V5	5ply	6 7/8"	16.8
	7ply	9 5/8"	21.0

CLT Handbook Base Span Limit

For PRG 320-2019 Basic CLT Grades and Layups from Solid Sawn Lumber

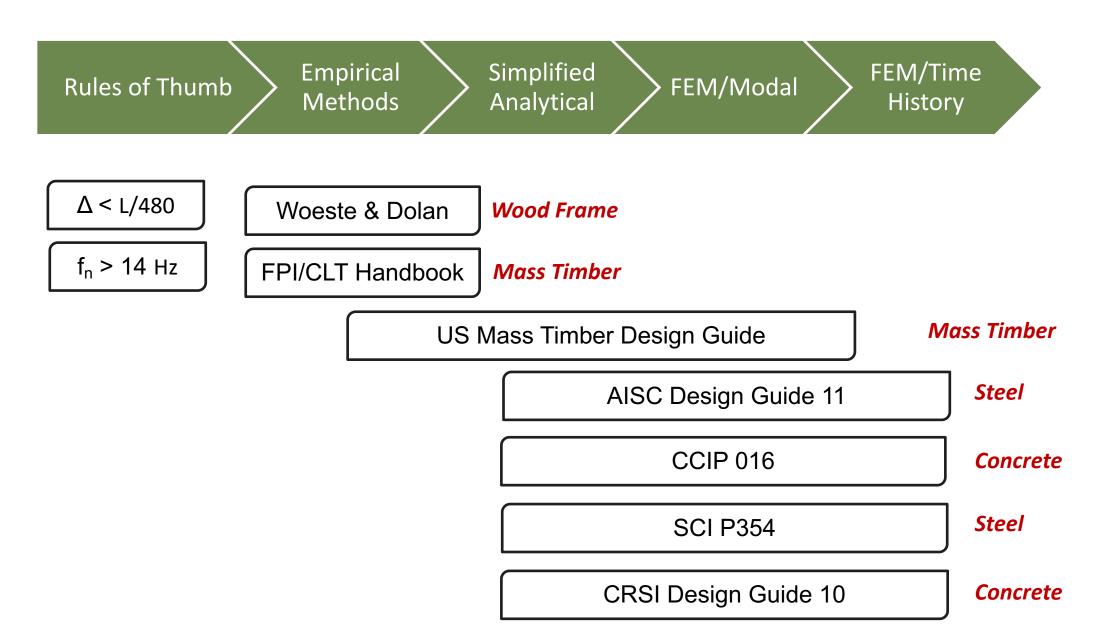
Grade	Layup	Thickness	Base Span Limit
	3ply	4 1/8"	13.1
E1	5ply	6 7/8"	18.2
	7ply	9 5/8"	22.7
	3ply	4 1/8"	12.4
		Base Spa	n Limits:
4 ¹ /	′ ₈ ″ 3-ply		o 13 ft 2.0
6 ⁷ /	′ ₈ ″ 5-ply	: % 16 to	18 ft 6.7
9 ⁵ /	′ ₈ ″ 7-ply	: 4 ~20 to	22 ft _{2.7}
E4	5ply	6 7/8"	17.6
	7ply	9 5/8"	22.1
	3ply	4 1/8"	12.6
E5	5ply	6 7/8"	17.5
	7ply	9 5/8"	21.9

	Grade	Layup	Thickness	FPI Span Limit
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	V1	5ply	6 7/8"	17.6
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Limi	tation	s.5ply	6 7/8"	17.6
		7ply	9 5/8"	22.0

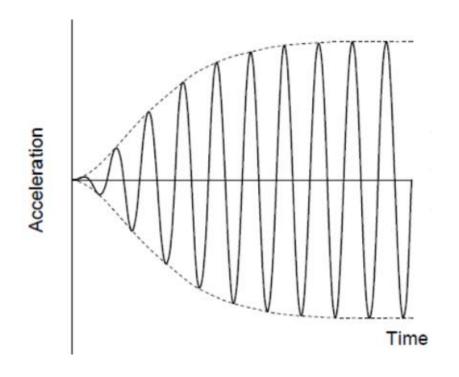
- Does not account for strength or deflections
- Does not account for beam flexibility
- Does not account for project specifics

		•	•
V3	5ply	6 7/8"	16.7
	7ply	9 5/8"	20.9
		4 1/8"	11.7
V4	5ply	6 7/8"	16.3
	7ply	9 5/8"	20.4
		4 1/8"	12.1
V5	5ply	6 7/8"	16.8
	7ply	9 5/8"	21.0

Vibration Design Methods

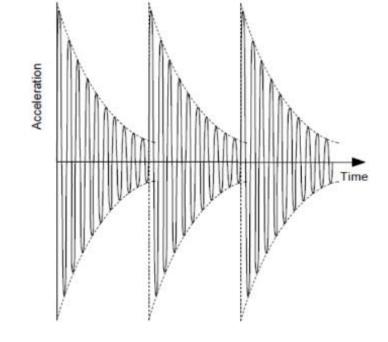


Resonant vs Impulsive Response



Excitation creates Resonant build-up of vibration

Resonant Response

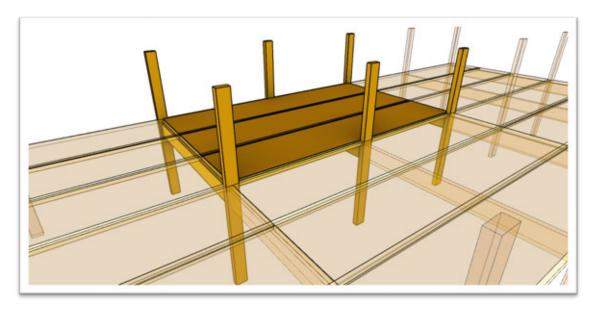


Response decays out between load impulses

Impulsive/Transient Response

For walking excitations

Beam vs Wall Supported Floors



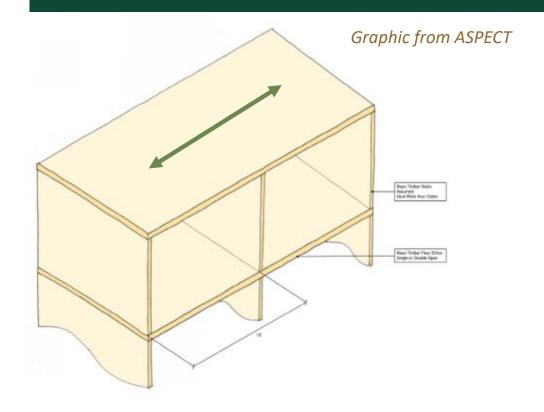
Graphic from StructureCraft

Mass Timber Panels on Grid of Beams.

Frequency of Floor < Frequency of Panel Vibration of Floor > Vibration of Panel Vibration Design Depends on Beams

Low Frequency Floor?

Maybe



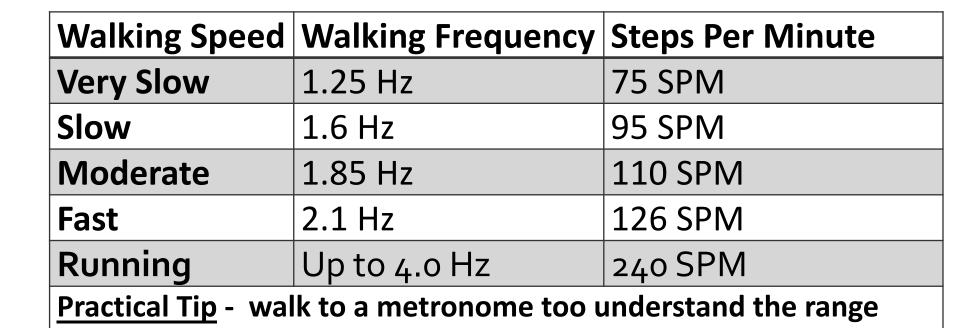
Mass Timber Panels on Bearing Walls

High Frequency Floor?

At all but long floor spans

Walking Frequency f_w

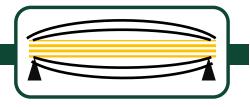


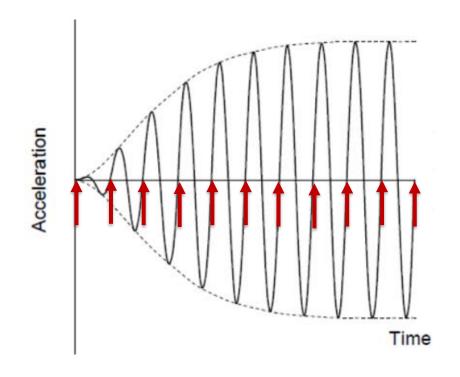




The range of walking frequencies considered is an important consideration of vibration analysis

Resonant vs Impulsive Response





Excitation Frequency not >> Natural Frequency
Excitation Creates Resonant Build-up of Vibration

Resonant Response

Resonance occurs when walking frequency = natural frequency

$$f_w = f_n$$

Also occurs when a harmonic of the walking frequency ~= natural frequency

$$n f_w = f_n$$

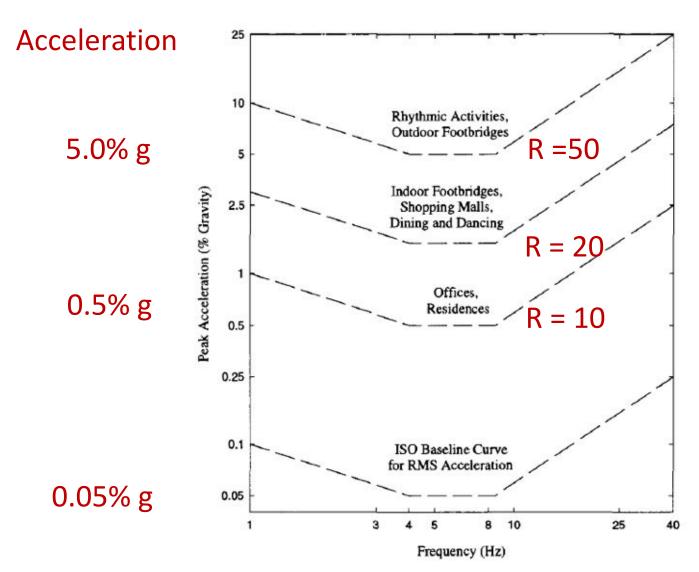
For 'n' up to around 4

Walking at $f_w = 2$ Hz creates resonance in floor with natural frequency, f_n , at

2HZ, 4 Hz, 6 Hz, and 8Hz

Example Acceleration Performance Targets





Range of Acceptable Perception of Acceleration

0.5% to 5% g (vertical)

European Methods (CCIP) use "R" values:

R = predicted value/baseline value

Illustration: Murray et al., 1997 AISC Design Guide 11, 1st Ed.

US MTFVDG Suggested Performance Targets

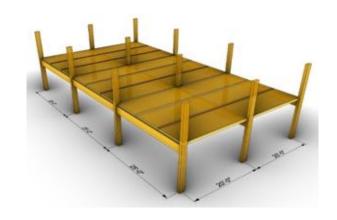


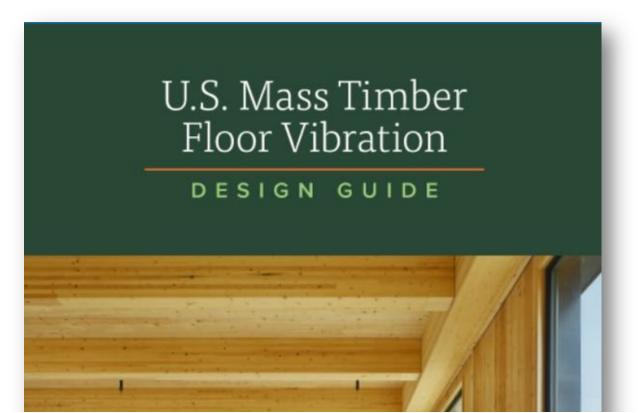
Place	Peak Acceleration	RMS Velocity Target
	Target	
Offices, residences	0.5% g	16,000 – 32,000 mips
Premium offices or luxury residences	0.3% g	8,000 – 16,000 mips

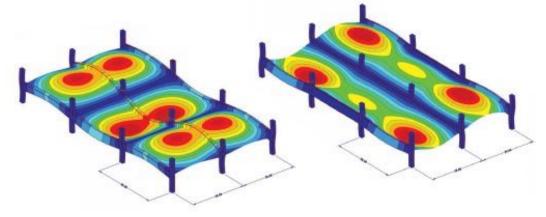
There are many assumptions and judgements which go into predicting the response.

This is not an exact compliance check.

U.S. Mass Timber Floor Vibration Design Guide







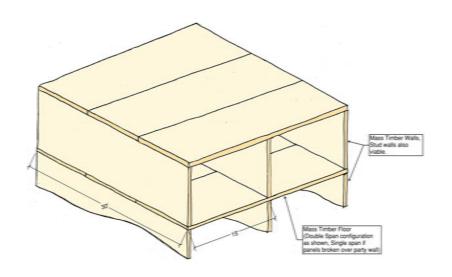
Worked office, lab and residential Examples

Covers simple and complex methods for bearing wall and frame supported floor systems

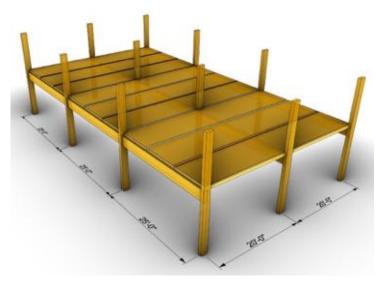
Available for free from www.woodworks.org/resources/us-mass-timber-floor-vibration-design-guide/

Details of U.S. Mass Timber Floor Vibration Design Guide

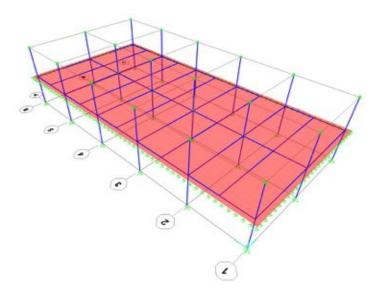
Vibration Design Examples



Residential Bearing Wall Building with CLT



Open Office with NLT on Glulam Frame



High Performance Lab Space with CLT on Glulam Frame

MEPF Integration

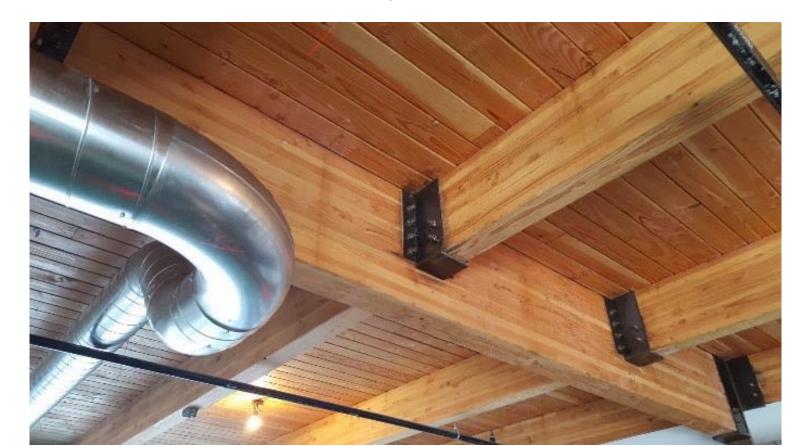


MEP Layout & Integration



Exposed MEP

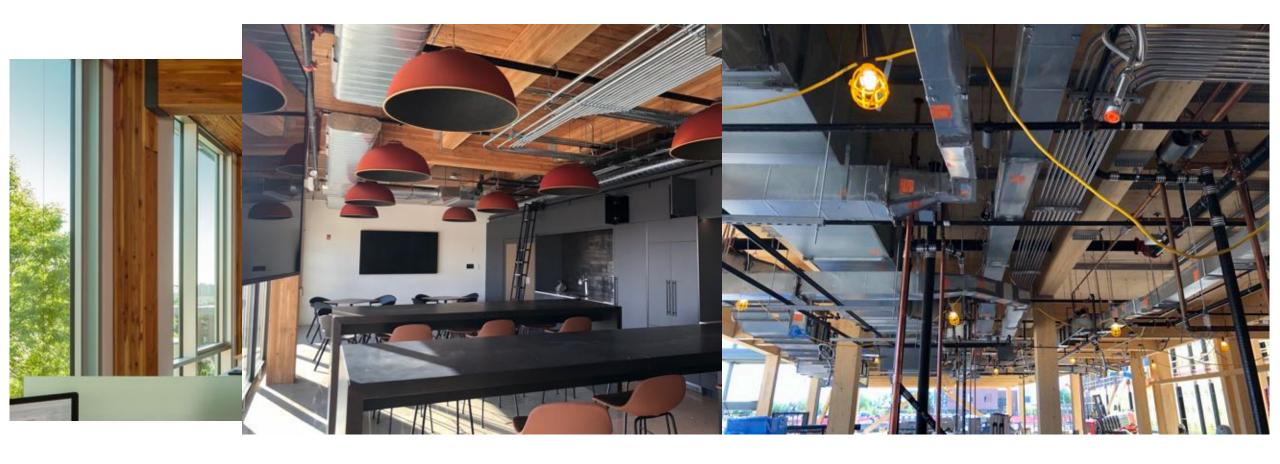
MEP items often left exposed on the ceiling side of floor assembly



MEP Layout & Integration

Set Realistic Owner Expectations About Aesthetics

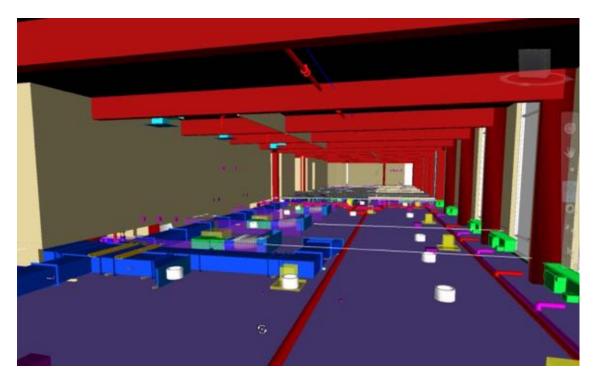
- MEP fully exposed with MT structure, or limited exposure?
- Also consider acoustic impacts of MEPF routing







Embracing BIM for Fabrication



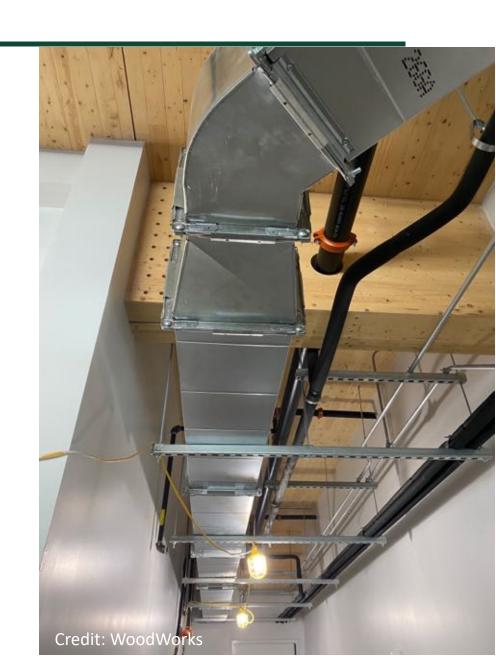


Photos: Swinerton

MEP Layout & Integration

Key considerations:

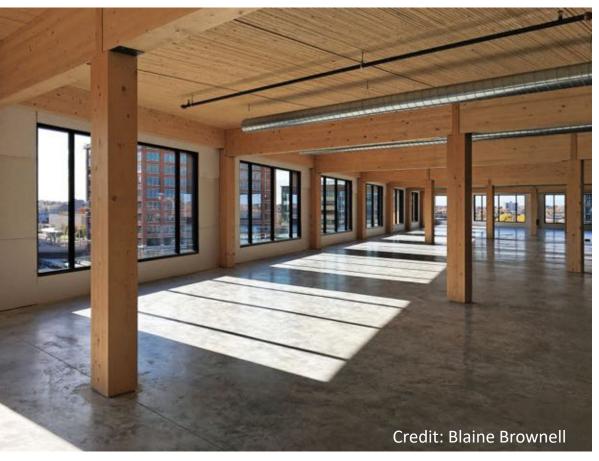
- Level of exposure desired
- Floor to floor, structure depth & desired head height
- Building occupancy and configuration (i.e. central core vs. double loaded corridor)
- Grid layout and beam orientations
- Need for future tenant reconfiguration
- Impact on fire & structural design: concealed spaces, penetrations

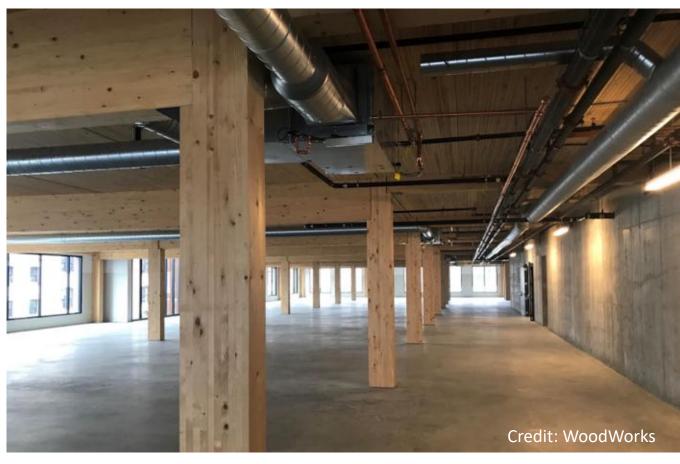


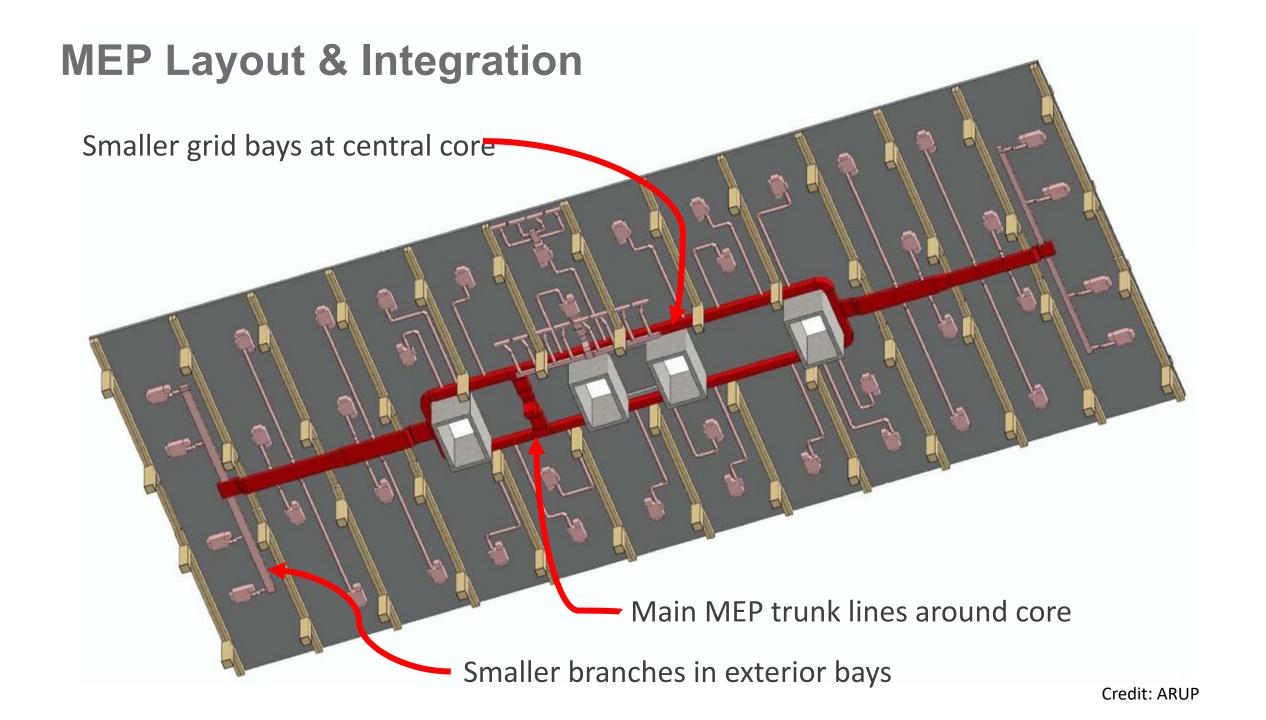
MEP Layout & Integration

Smaller grid bays at central core (more head height)

Main MEP trunk lines around core, smaller branches in exterior bays







Grid impact: Relies on oneway beam layout.

Columns/beams spaced at panel span limits in one direction.

Beam penetrations are minimized/eliminated

Recall typical panel span limits:

3-ply CLT (4-1/8" thick)

5-ply CLT (6-7/8" thick)

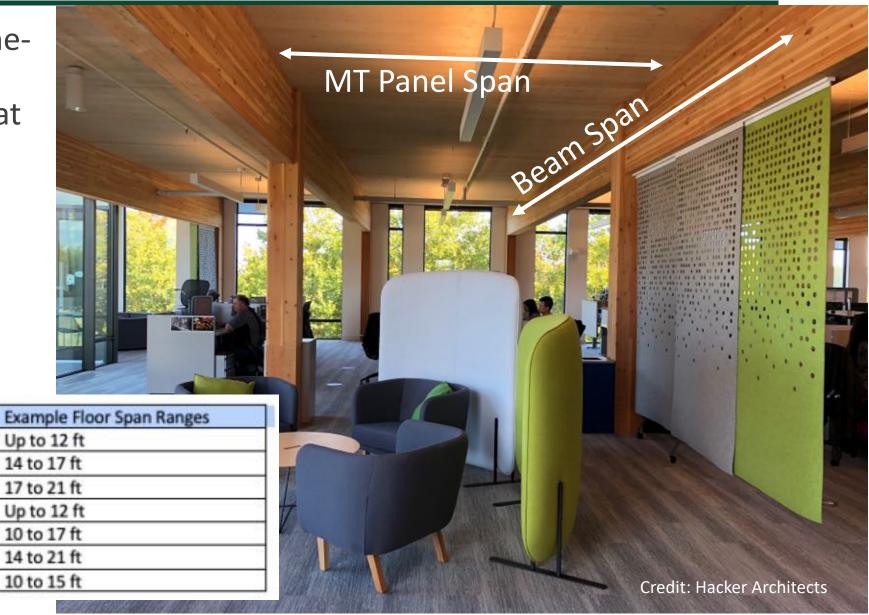
7-ply CLT (9-5/8")

Panel

2x4 NLT

2x6 NLT 2x8 NLT

5" MPP



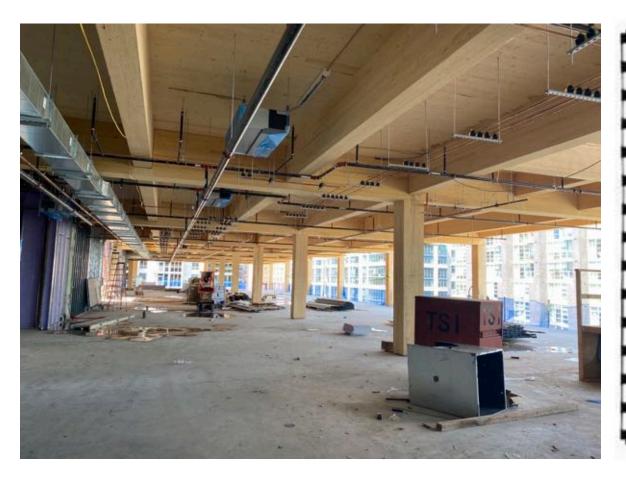
Dropped below MT framing

- Can simplify coordination (fewer penetrations)
- Bigger impact on head height





Grid impact: Usually more efficient when using a square-ish grid with beams in two directions





Credit: SOM Timber Tower Report

In penetrations through MT framing

- Requires more coordination (penetrations)
- Bigger impact on structural capacity of penetrated members
- Minimal impact on head height





In chases above beams and below panels

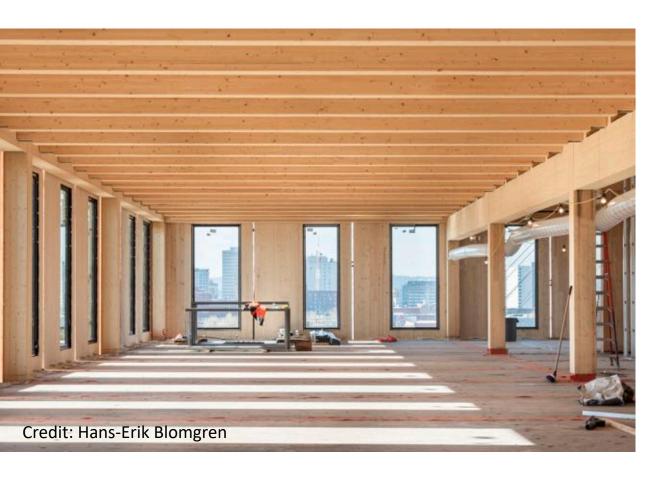
- Fewer penetrations
- Bigger impact on head height (overall structure depth is greater)
- FRR impacts: top of beam exposure





In chases above beams and below panels at Catalyst

• 30x30 grid, 5-ply CLT ribbed beam system





In gaps between MT panels

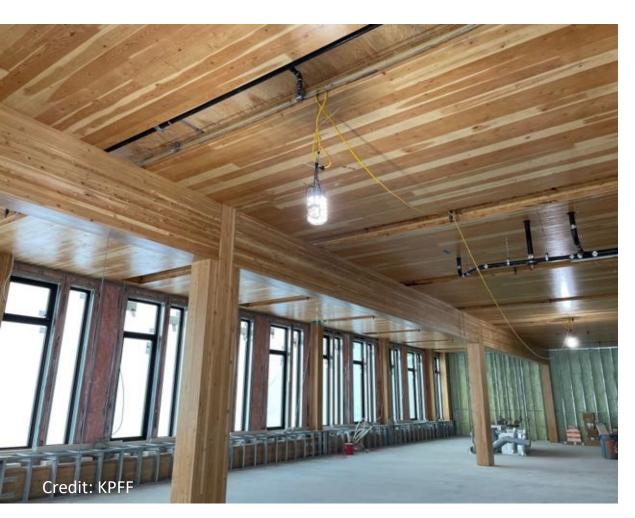
• Fewer penetrations, can allow for easier modifications later

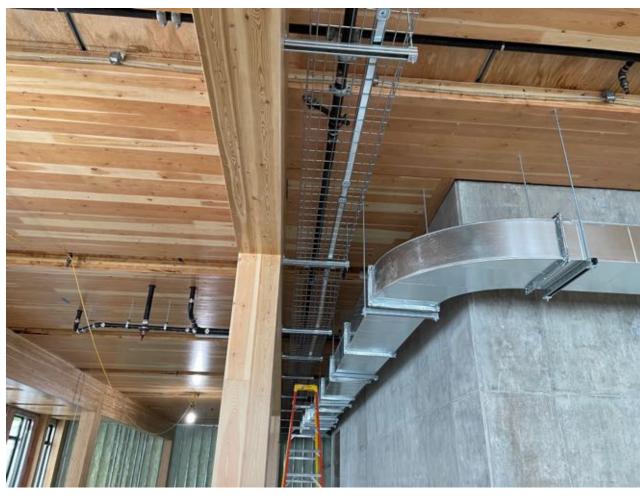




In gaps between MT panels

FRR impacts: generally topping slab relied on for FRR



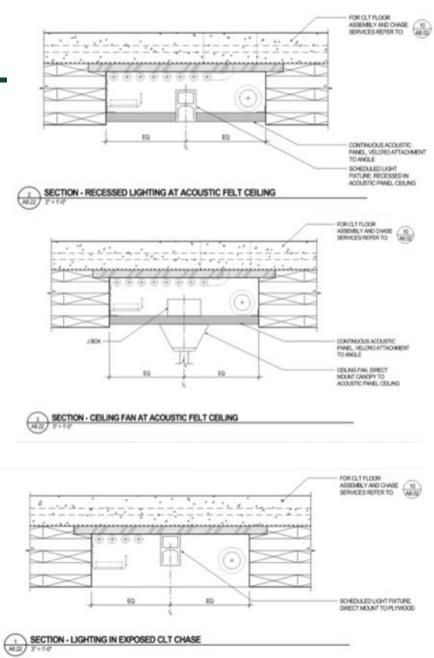


In gaps between MT panels

Greater flexibility in MEP layout







Credit: PAE Consulting Engineers

In gaps between MT panels

- Aesthetics: often uses ceiling panels to cover gaps
- Acoustic impacts: rely more on topping



In raised access floor (RAF) above MT

- Aesthetics (minimal exposed MEP)
- Acoustic impacts (usually thinner topping req'd)







In raised access floor (RAF) above MT

- Impact on head height
- Concealed space code provisions





In topping slab above MT

- Greater need for coordination prior to slab pour
- Limitations on what can be placed (thickness of topping slab)
- No opportunity for renovations later





PHOTO CREDIT: Charles Judd

Accommodating Vertical Movement

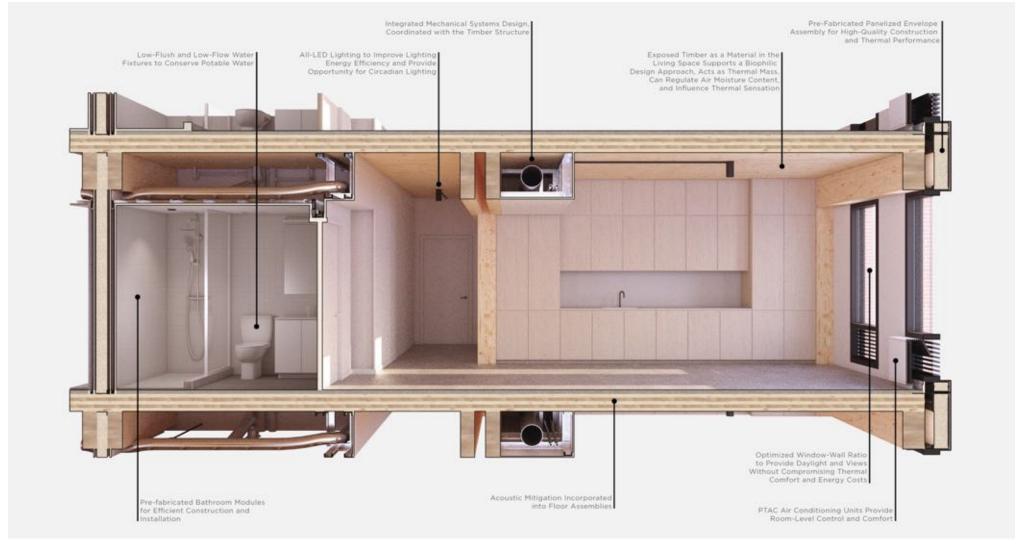
Beyond structural connections, consider movement impacts on MEPF services. Flex/compression connections







MEP Systems, Routing, Integration



INTEGRATED SYSTEMS

Credit: John Klein, Generate Architecture

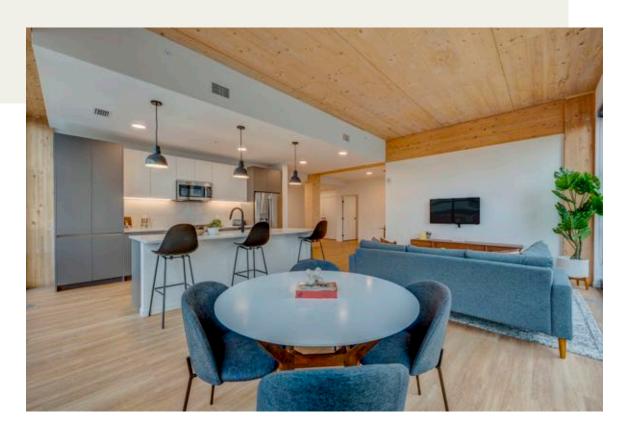
The Tallhouse building system prioritizes the integration of design, engineering, and construction. This results in a high performance building finely tuned to meet energy, comfort, acoustic, and design criteria that has been vetted by constructability experts to ensure fast, efficient production.

Utilizing Pre-Fabricated Facade Panels and Bathroom Modules that are manufactured off-site in factories allows for reducing construction time on-site, higher quality control practices, and safer labor conditions for construction workers. Efficient routing of duct-work conserves material, and associated embodied carbon, allowing more exposed timber all while providing the air quality needed for healthy living. Water conserving fixtures reduce potable water use as a precious resource, while maintaining reliable performance.

INTRO

Cleveland, OH

- » One of the first to utilize new IV-B construction type.
- » Worked with the city to expose 50% of MT ceilings.





Photos: Nick Johnson, Tour D Space

Hartshorne Plunkard Architecture Forefront Structural Engineers



Timber Lofts

Milwaukee, WI

68,400 sf, 4 stories

Type III-B

Multi-Family

Completed 2020





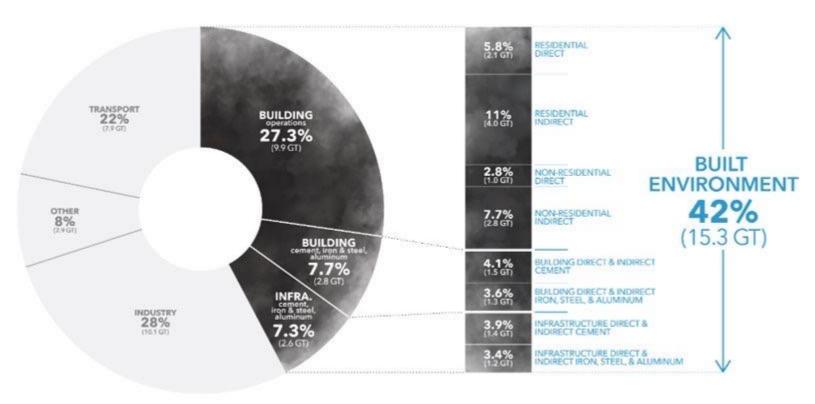


Enberg Anderson Architects
Pierce Engineers
Photo: Enberg Anderson Architect

Embodied Carbon and LCA

The Built Environment & Carbon Dioxide Emissions

TOTAL ANNUAL GLOBAL CO₂ EMISSIONS
Direct & Indirect Energy & Process Emissions (36.3 GT)



Built environment generate about 42% of annual carbon dioxide emissions

- Building Operations
- Embodied Carbon

Embodied carbon: 15%

- Cement
- Iron
- Steel
- Aluminum

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Analysis & Aggregation by Architecture 2030 using data sources from IEA & Statista.

Measuring Greenhouse Gases (GHG)

Global Warming Potential (GWP)

- Allows comparisons of global warming impacts of different gases
- Measures energy emissions 1 ton of gas absorbs over a given period of time relative to emissions of 1 ton of carbon dioxide (CO₂)
- Time period usually 100 years (EPA)

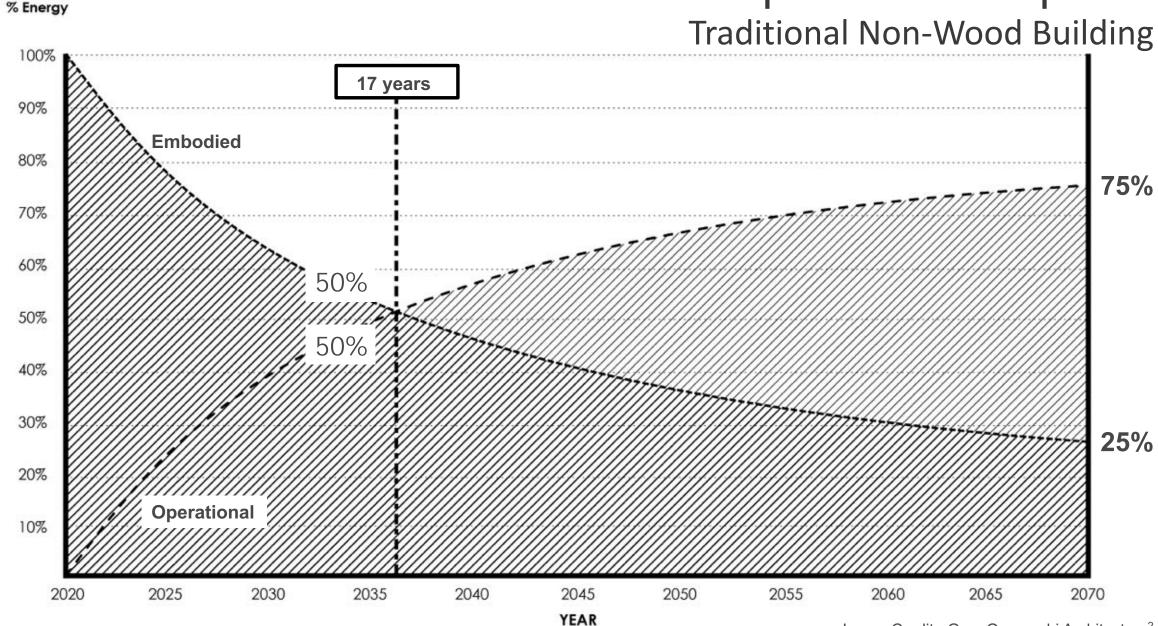
	GWP
Carbon Dioxide (CO ₂)	1
Methane (CH ₄)	28-36
Nitrous Oxide (N ₂ O)	265-298
Fluorinated Gases	Thousands to Tens of Thousands

Carbon Dioxide Equivalents (CO_{2eq})

International standard to express greenhouse gases in terms of CO₂ equivalents

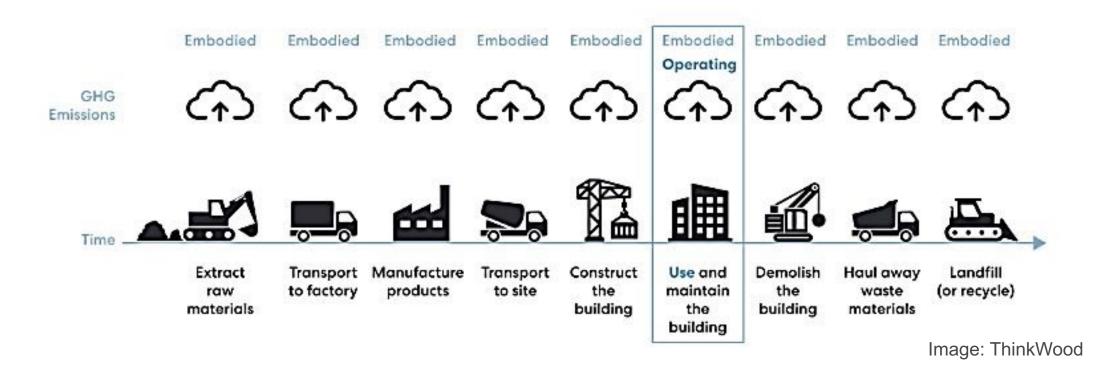
Embodied vs. Operational Impacts

Image Credit: Gray Organschi Architecture²



Embodied Carbon

- Primarily related to manufacturing of materials
- More significant than many people realize, has been historically overlooked
- Big upfront Greenhouse Gas (GHG) "cost" which makes it a good nearterm target for climate change mitigation

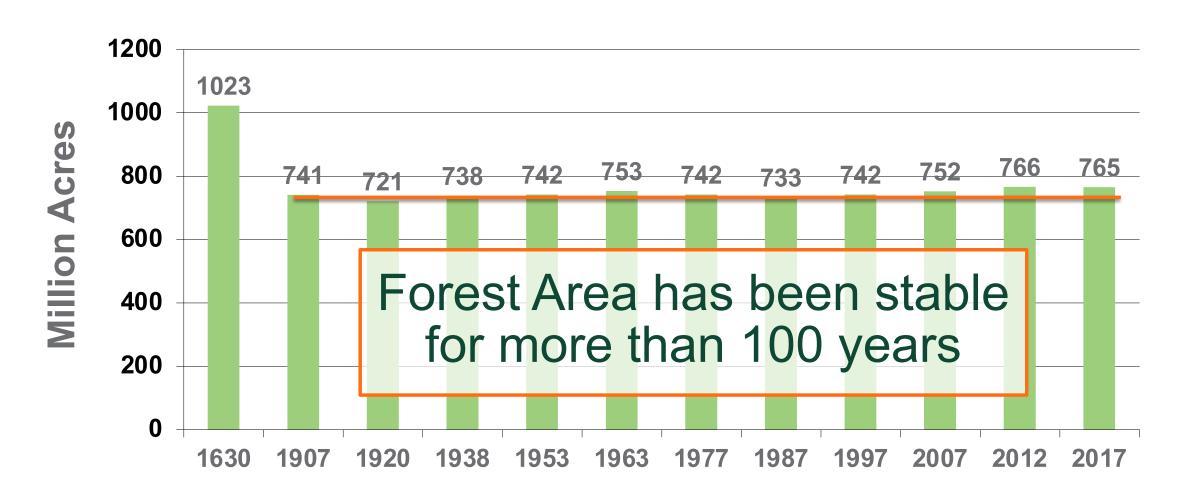


Carbon Storage Wood ≈ 50% Carbon (dry weight)



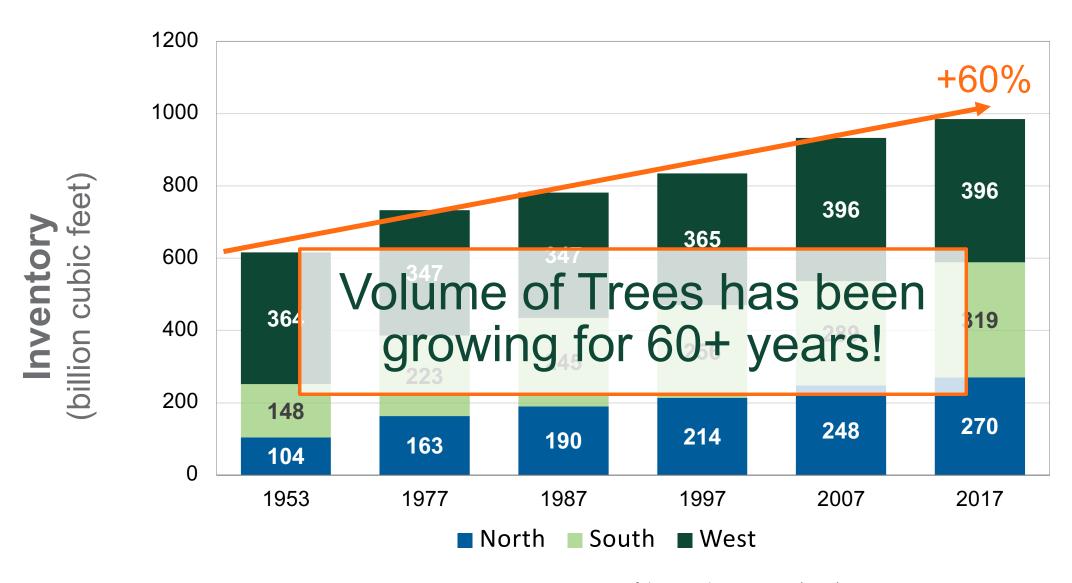


U.S. Forest Land: Forest **Area** in the United States 1630 – 2017



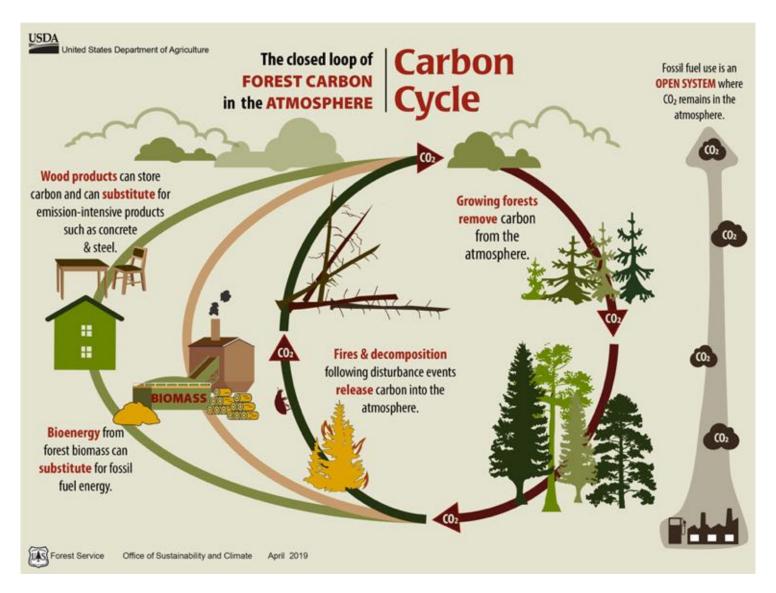
Source: USDA-Forest Service, Forest Resources of the United States, 2017 (2018)

State of our Forests: US Timber Volume on Timberland



Carbon Benefits of Wood

- Lower embodied carbon compared to other common building materials
- Less fossil fuel consumed during manufacture
- Avoid process emissions
- Extended carbon storage in products
- Carbon sequestration in forests
- Promotes forest health



Carbon vs CO₂



1 ton Carbon ≠ 1 ton CO₂

1 ton Carbon = (44/12=) 3.67 tons CO₂

Carbon Storage Calculation

Douglas-Fir-Larch:

```
1 \text{ ft}^3 = 34.5 \text{ lb } (15\% \text{ MC})
= 30.0 lb (dry)
```

50% Carbon by (dry) weight:

1 ft³ = 15 lb Carbon stored

1 lb Carbon converts to 3.67 lb CO₂:

$$1 \text{ ft}^3 = 55 \text{ lb CO}_2$$

WoodWorks Carbon Calculator

- Available at woodworks.org
- Estimates total wood mass in a building
- Relays estimated carbon impacts:
 - Amount of carbon stored in wood
 - Amount of greenhouse gas emissions avoided by choosing wood over a non-wood material





Volume of wood used:

208,320 cubic feet



U.S. and Canadian forests grow this much wood in:

17 minutes



Carbon stored in the wood:

4,466 metric tons of CO2



Avoided greenhouse gas emissions:

9,492 metric tons of CO2



TOTAL POTENTIAL CARBON BENEFIT:

13,958 metric tons of CO2

EQUIVALENT TO:

US EPA



2,666 cars off the road for a year

1

Energy to operate a home for 1,186 years

Life Cycle Assessment (LCA)

"Evaluation of the inputs, outputs, and potential environmental impacts of a product system throughout its life cycle"

» Systematic, scientific quantification

Used for:

- » Single products or processes: e.g., a wood product
- » Complex, integrated systems: e.g., an entire building (WBLCA)

Life Cycle Assessment (LCA)

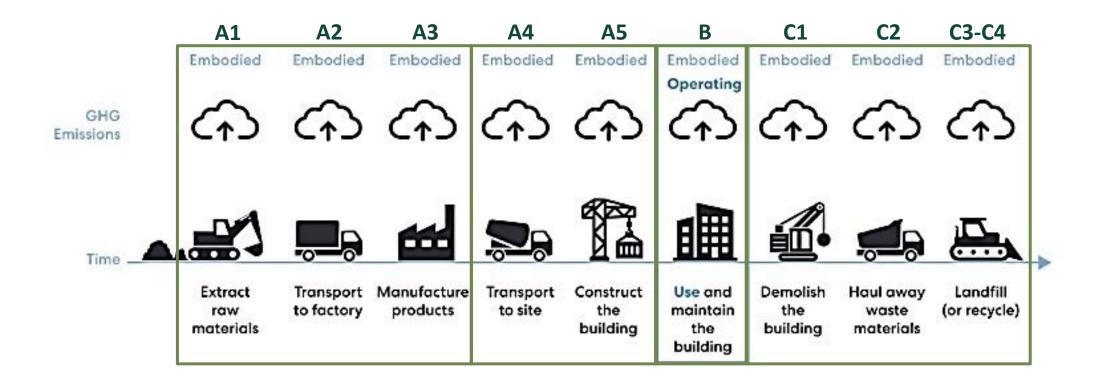
"Evaluation of the inputs, outputs, and potential environmental impacts of a product system throughout its life cycle"

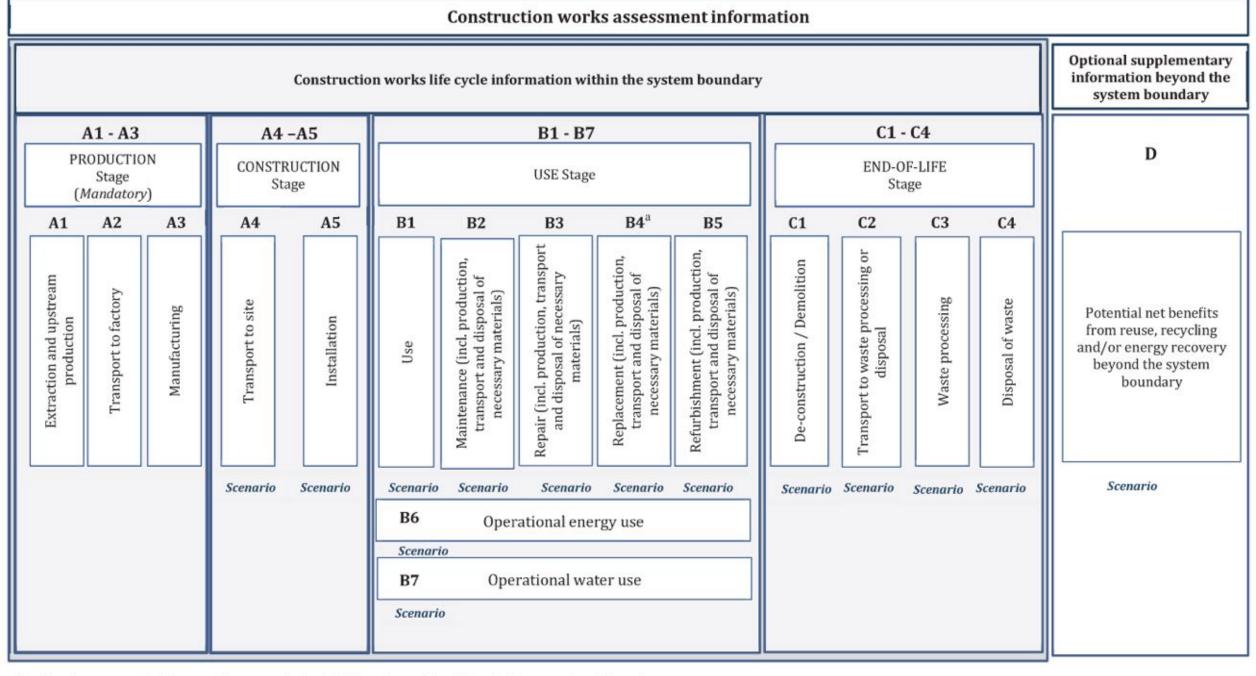
Environmental Impacts:



- » Global Warming Potential (GWP)
- » Ozone depletion
- » Smog formation
- » Acidification
- » Eutrophication
- » Depletion of nonrenewable resources
- » Etc.

Life Cycle of a Building





a Replacement information module (B4) not applicable at the product level.

What makes wood different? Biogenic Carbon

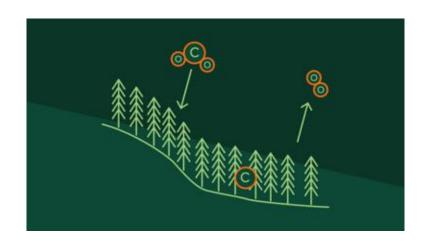
Biogenic Carbon

"Carbon derived from... material of biological origin

excluding material embedded in geological formations or transformed to fossilized material and excluding peat."

Photosynthesis:

$$6 \text{ CO}_2 + 6 \text{ H}_2 \text{ O} \rightarrow \text{C}_6 \text{H}_{12} \text{O}_6 \text{ (stored)} + 6 \text{ O}_2 \text{ (released)}$$



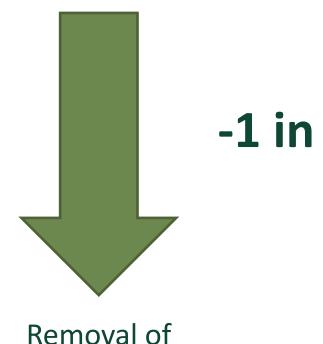
Source: ISO 21930:2017(E), 3.7

Biogenic Carbon

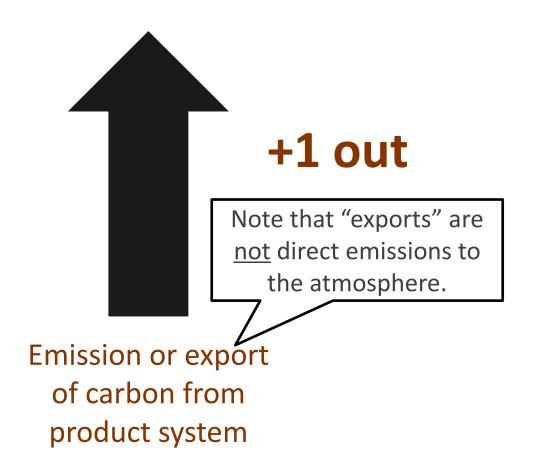
"Bio-based materials originating from renewable resources (such as wood...) contain biogenic carbon."

- » Biogenic carbon removals and emissions shall be reported as CO₂ in the LCI
- » When entering the product system (removal), characterized with a factor of -1
- » When converted to emissions (emission), characterized with a factor of +1
- » When leaving the product system (export), characterized with a factor of +1

Biogenic Carbon Accounting



Removal of carbon from the atmosphere



Biogenic Carbon

"For wood, biogenic carbon may be characterized with a -1... when entering the product system only when the wood originates from sustainably managed forests."

So...

What is a sustainably managed forest?

Sustainably Managed Forests

"... zero emissions associated with land use change"

Option 1:

Includes wood products *responsibly sourced and certified* to:

- » Standards globally endorsed by PEFC and FSC
- FSC, SFI, CSA, ATFS, etc.

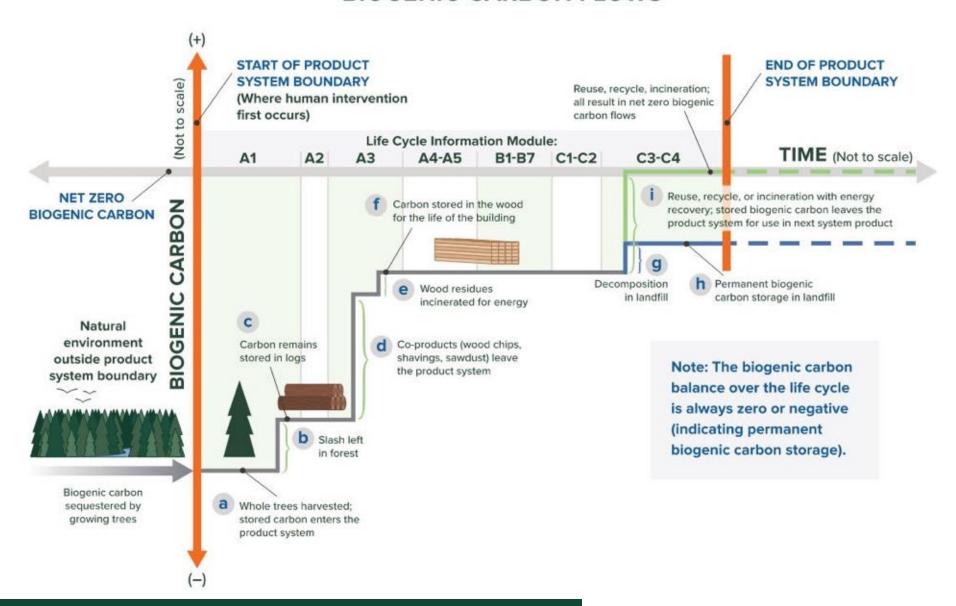
Option 2: (NOTE 2)

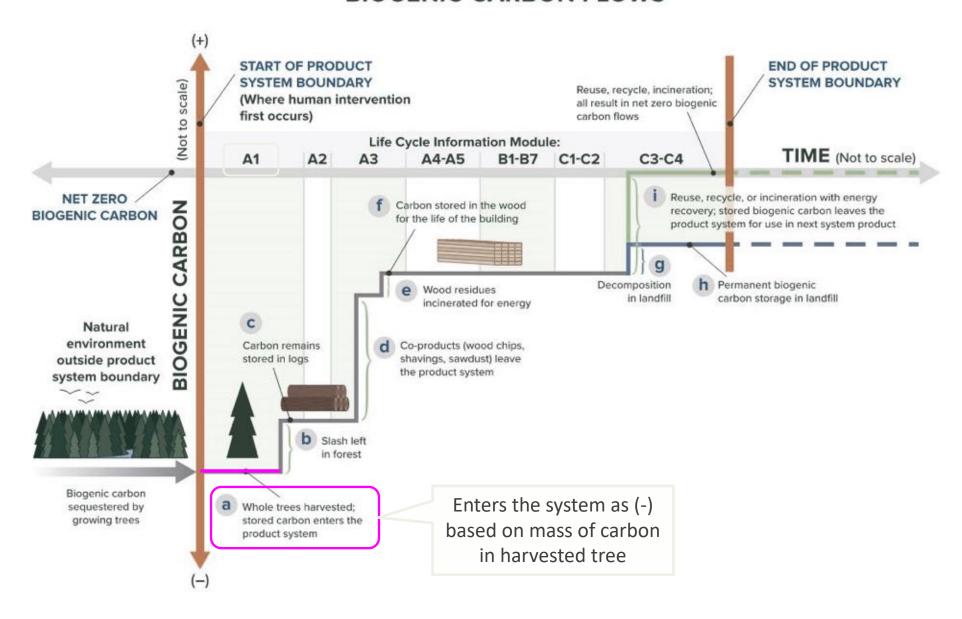
- "The concept of sustainably managed forests is linked but not limited to respective certification schemes"
- Evidence such as national reporting under UNFCCC to identify forests with stable or increasing forest carbon stocks

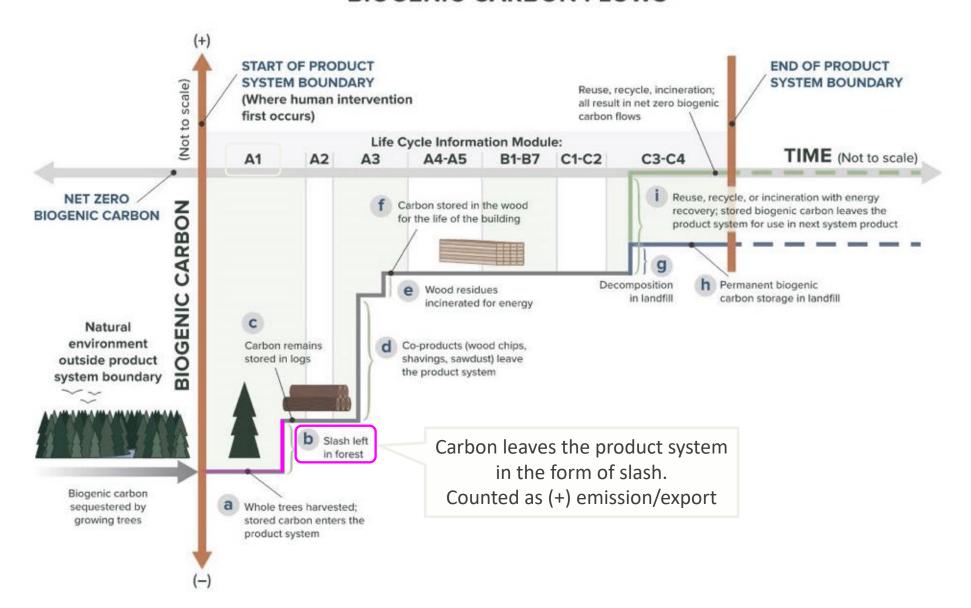
Source: ISO 21930:2017(E), 7.2.11

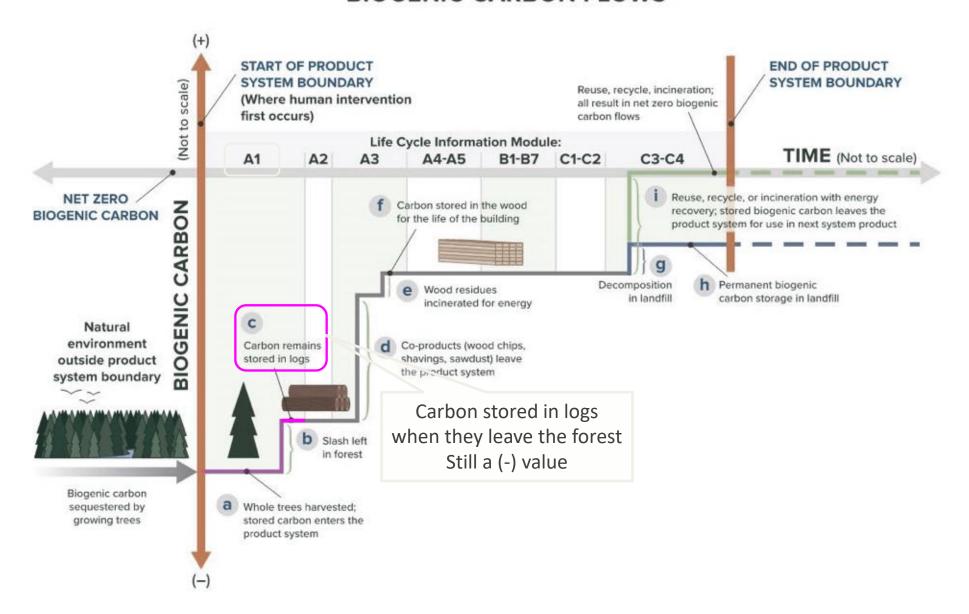
Should I include biogenic carbon?

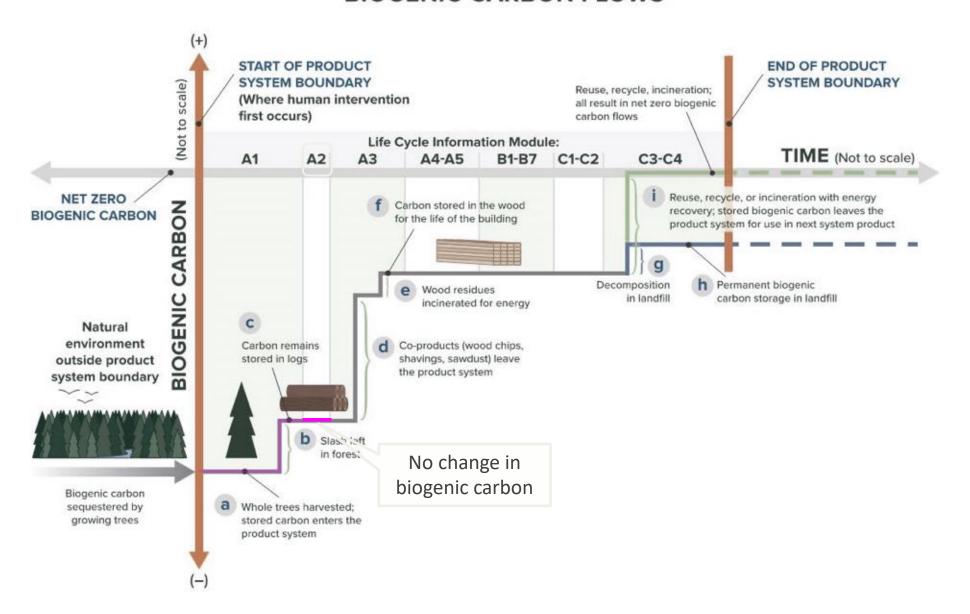
Yes! But how?

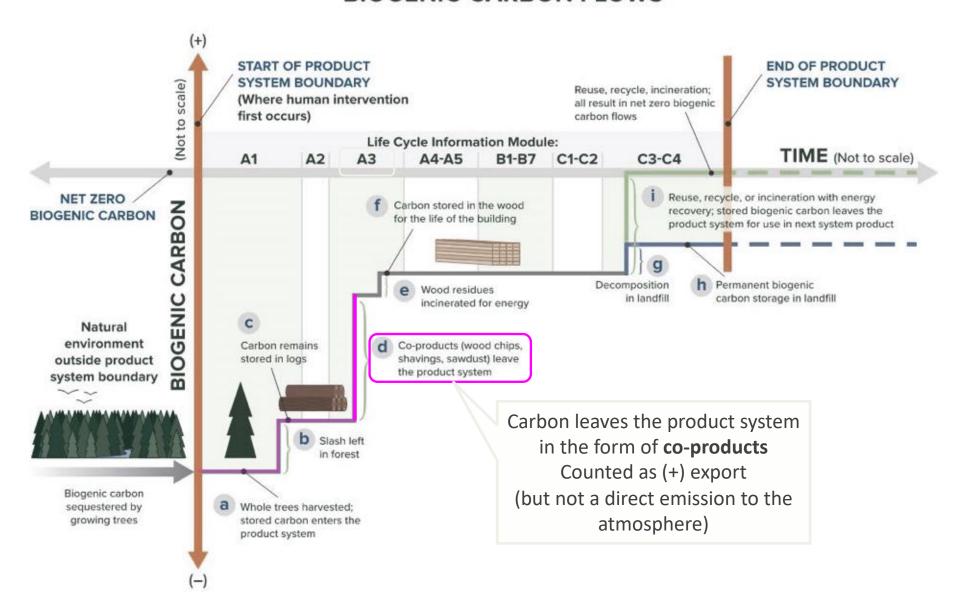


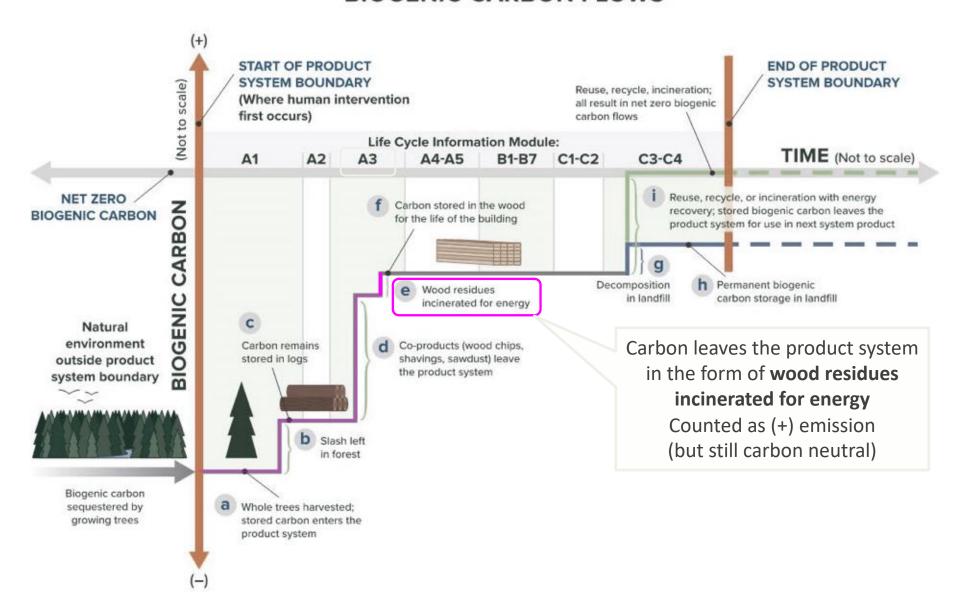


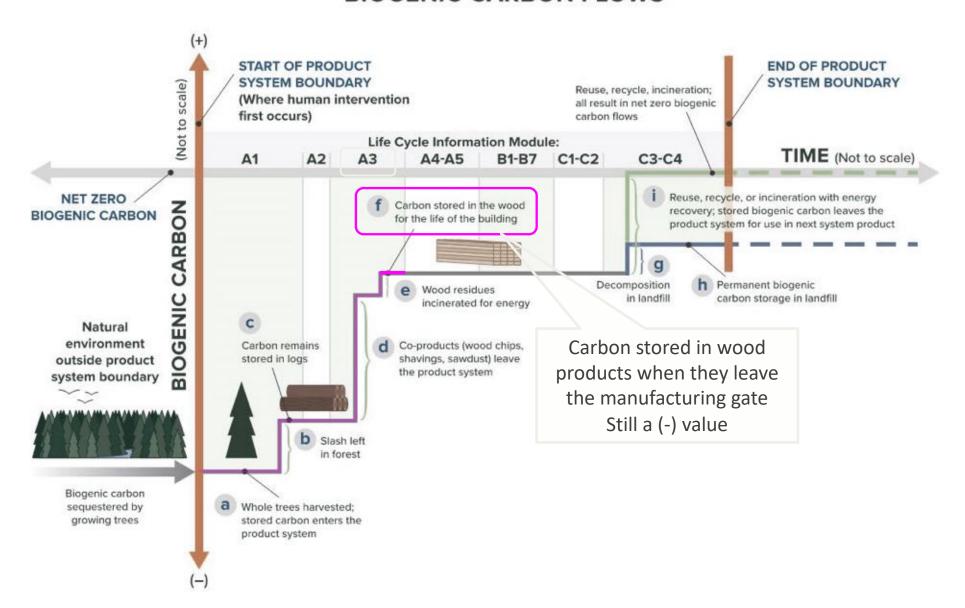


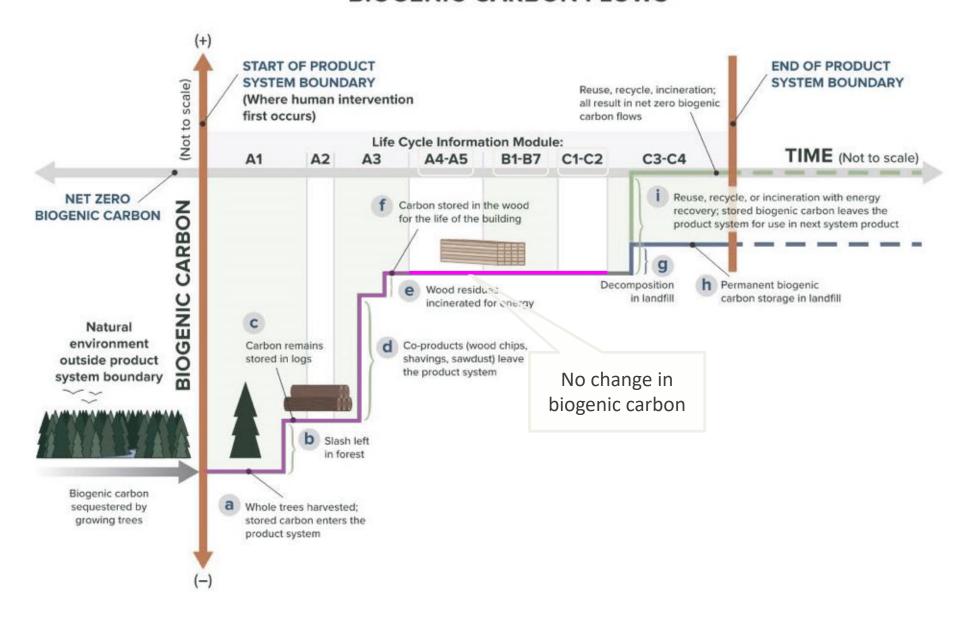












End-of-Life Fates for Wood Products

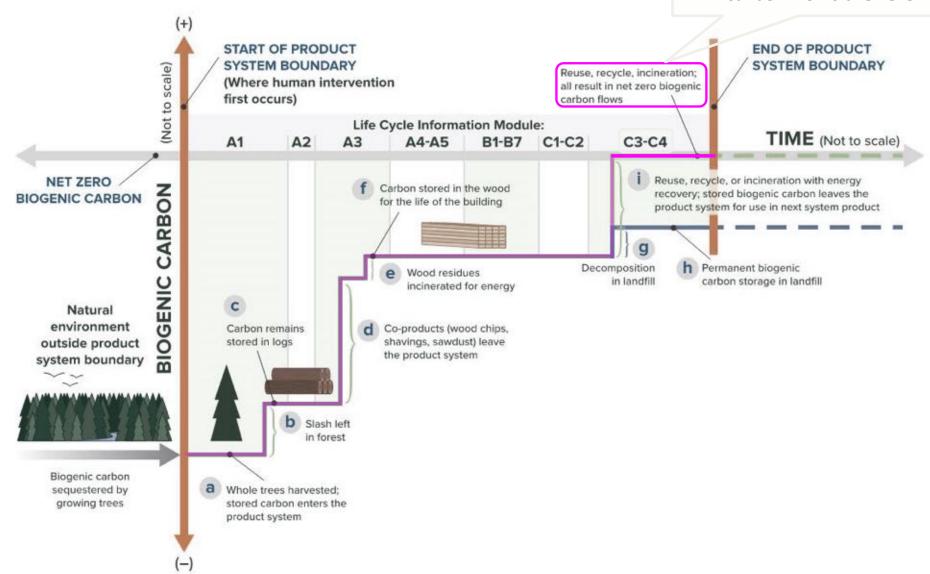
- 1. Landfill
- 2. Incineration (for energy recovery)
- 3. Recycle
- 4. Direct Reuse

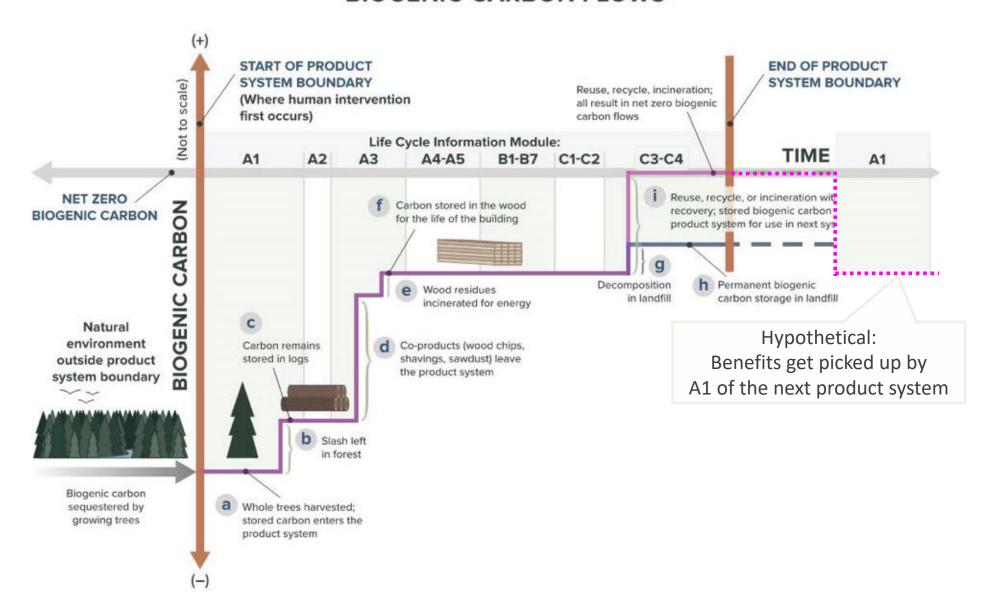
End-of-Life Fates for Wood Products

- 1. Landfill
- 2. Incineration (for energy recovery)
- 3. Recycle
- 4. Direct Reuse

All biogenic carbon <u>leaves</u> the product system as an *export / emission* (+1).

In all three cases, **net biogenic** carbon flows are zero.





End-of-Life Fates for Wood Products

- 1. Landfill
- 2. Incineration (for energy recovery)
- 3. Recycle
- 4. Direct Reuse

Landfill operations

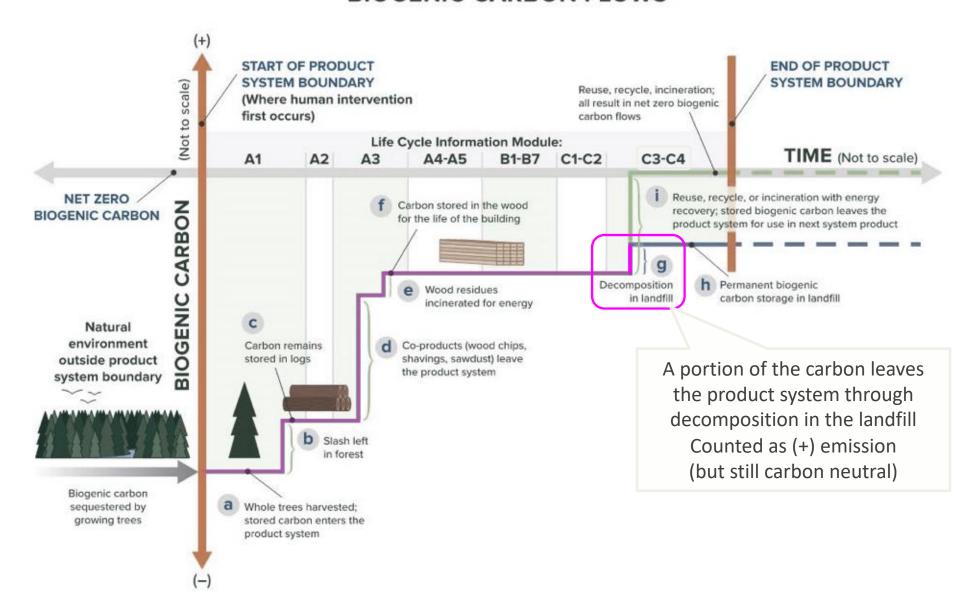
- Most does <u>not</u> decay
- Decay releases landfill gases
 - Emitted directly to atmosphere, or
 - Landfill gas capture for energy recovery

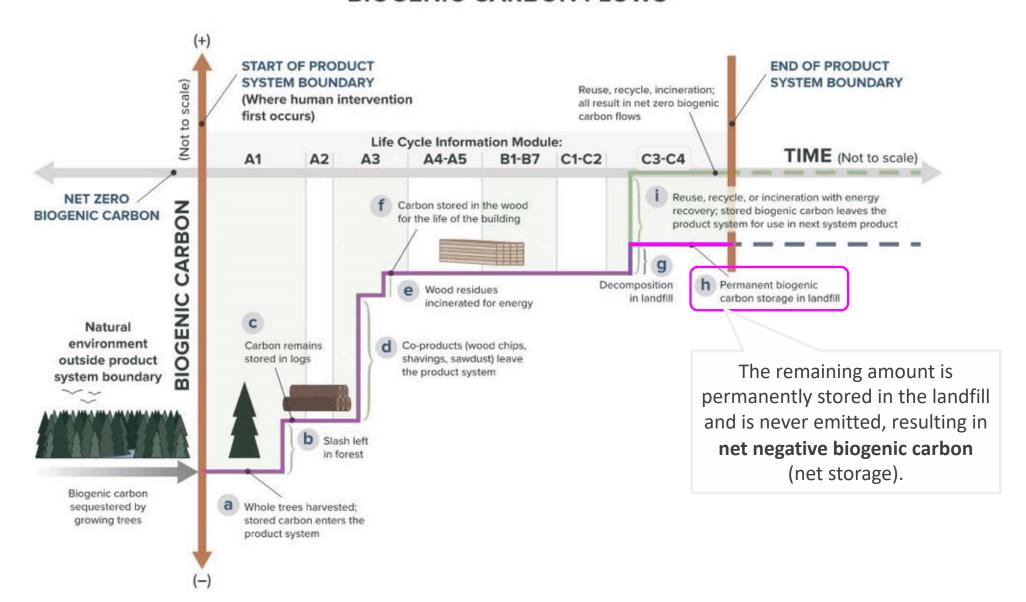
Does <u>not</u> include benefits of using recovered energy

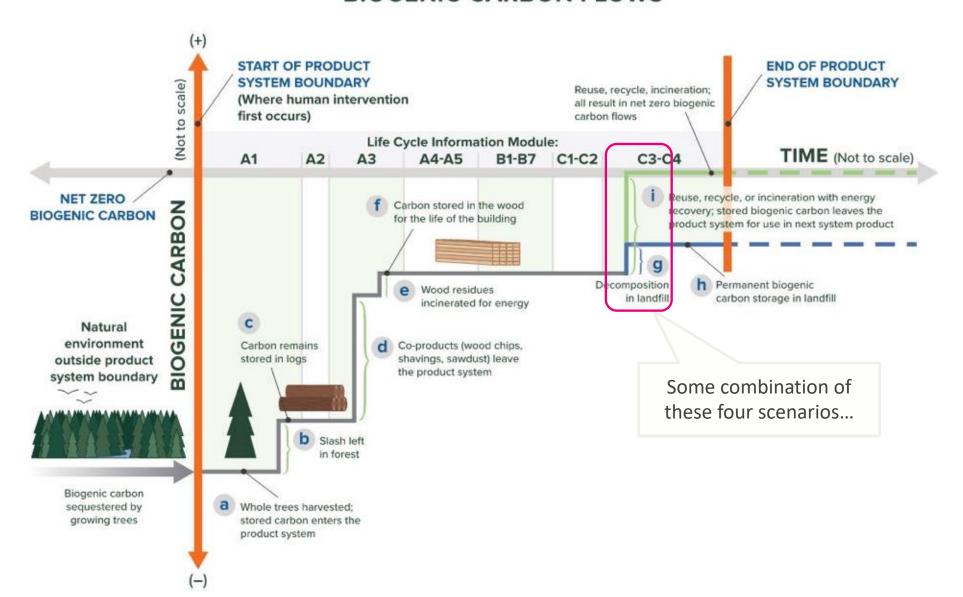
Most biogenic carbon is

permanently stored in the landfill.

The rest is released through decay as an emission (+1).







A Note About Tools:

In addition to differences in end-of-life scenarios:

- » Where end-of-life effects are reported (C3-C4 vs Module D)
- » Methodology (ISO compliance)
- » LCI Databases (background data)
- » User interface, workflow



WoodWorks Resources

Whole Building Life Cycle Assessment (WBLCA)

- » Introduction to Whole Building Life Cycle Assessment: The Basics
- » Worksheet for Structural WBLCA of Mass Timber Buildings
- » WBLCAs of Built Projects

Expert articles on topics such as:

- » Biogenic Carbon in LCA Tools
- » Long-Term Biogenic Carbon Storage
- » What Net Zero Means in Building Construction
- » Environmental Product Declarations (EPDs)



Scan for a complete list of sustainability resources at woodworks.org



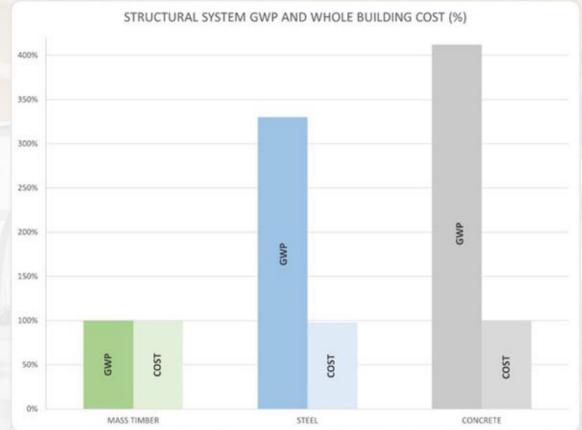
PROJECT DETAILS

LOCATION:

Denver, Colorado

SIZE:

Five stories; 150,418 square feet



Source: Platte Fifteen Life Cycle Assessment https://www.woodworks.org/resources/platte-fifteen-life-cycle-assessment/

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Funding provided in part by the Softwood Lumber Board

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